

Vietri sul mare 16-17 marzo 2016

Patogenesi e storia naturale dell'epatite B

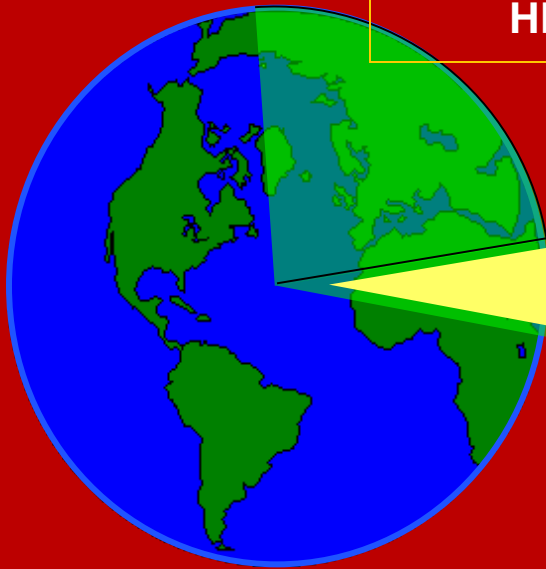
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Global Impact of HBV Infection

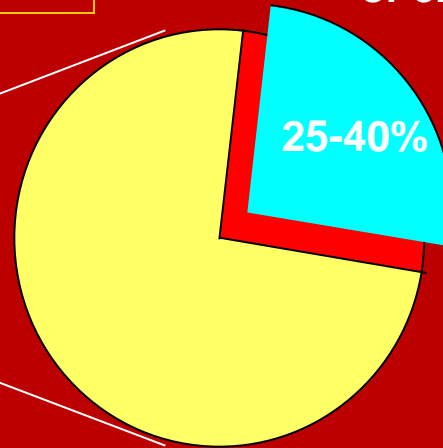
Imunocompromised

2 billion with evidence of
HBV infection

>100 million will die
of cirrhosis or HCC

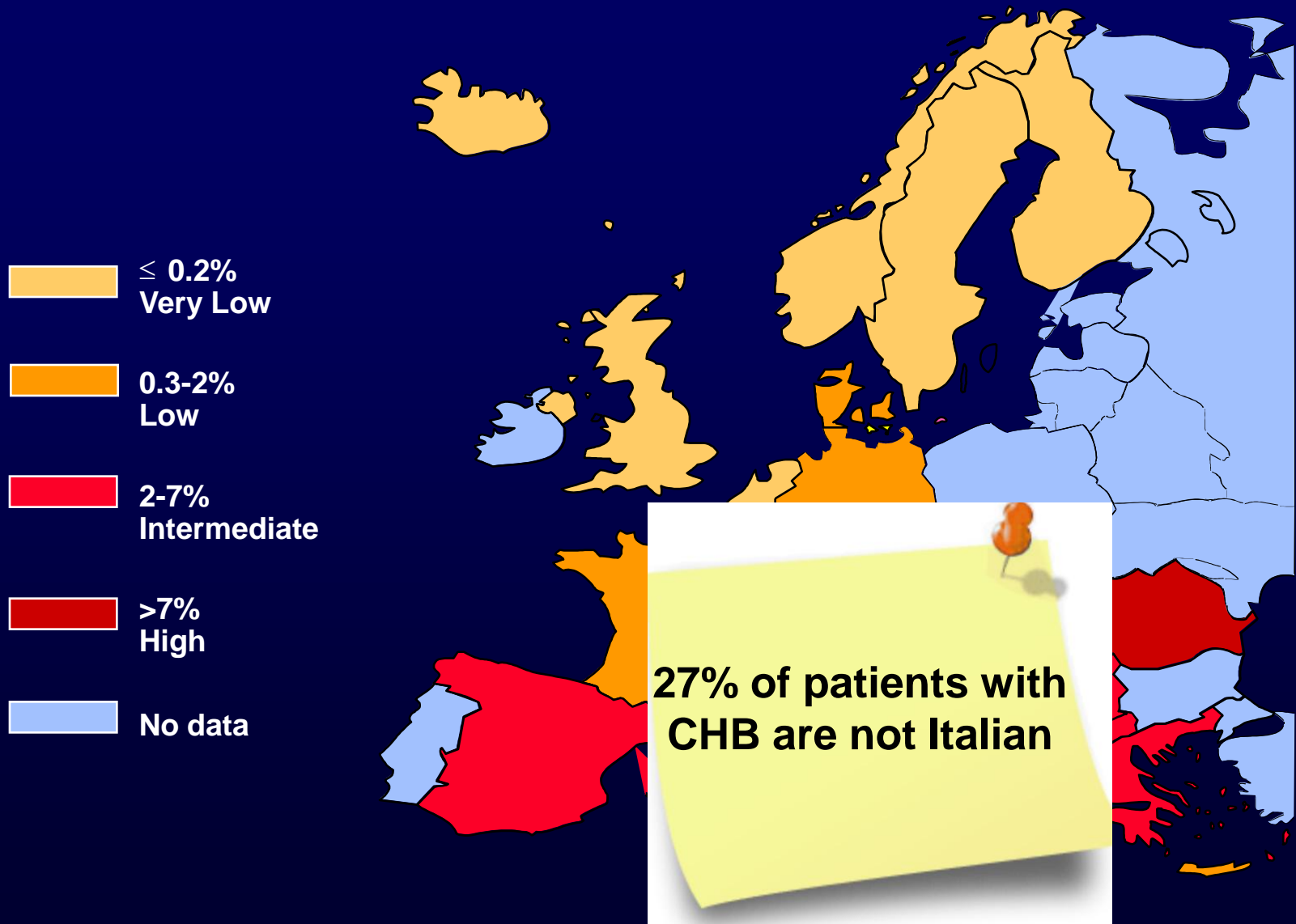


World population
7.4 billion

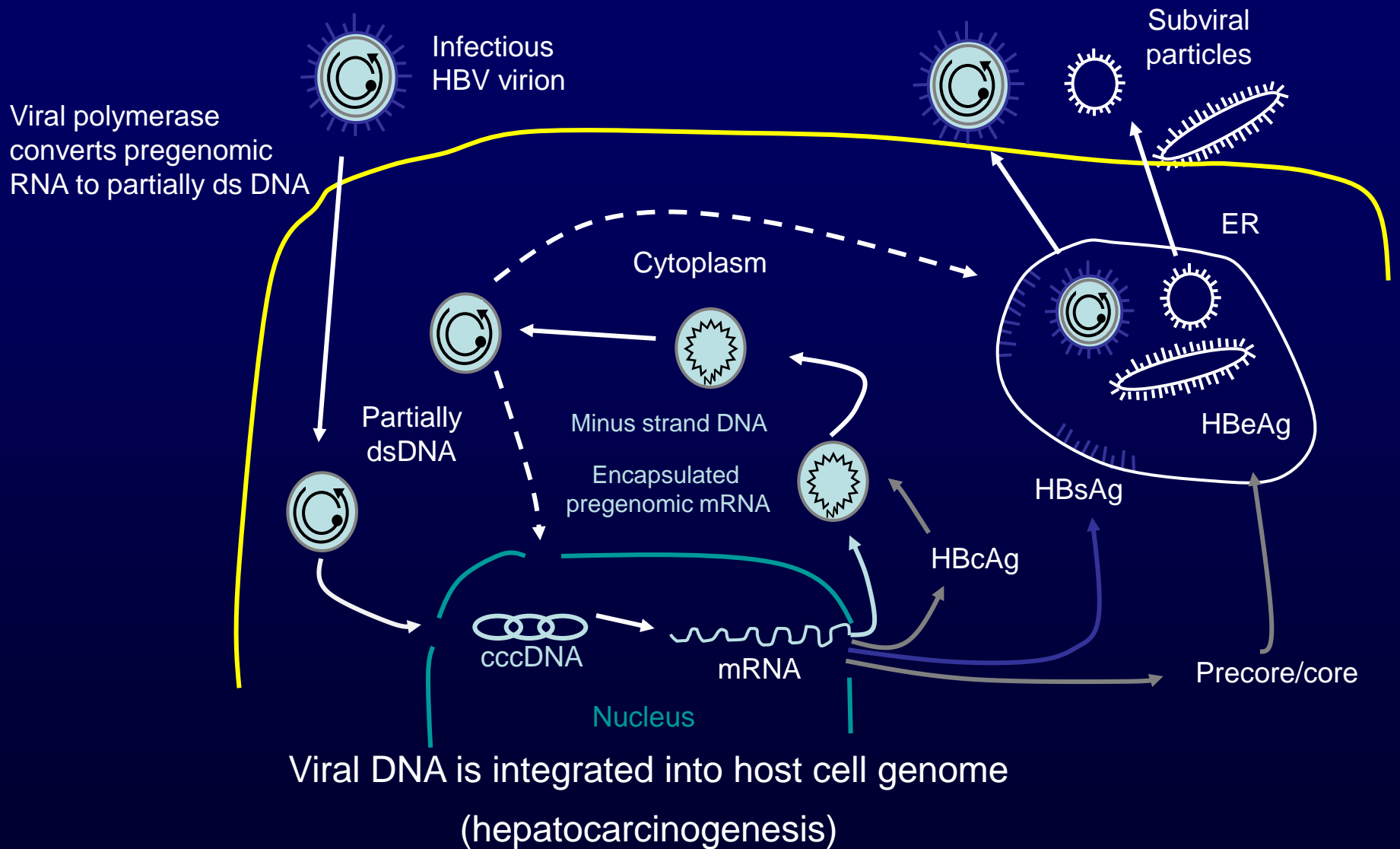


400 million with
chronic HBV

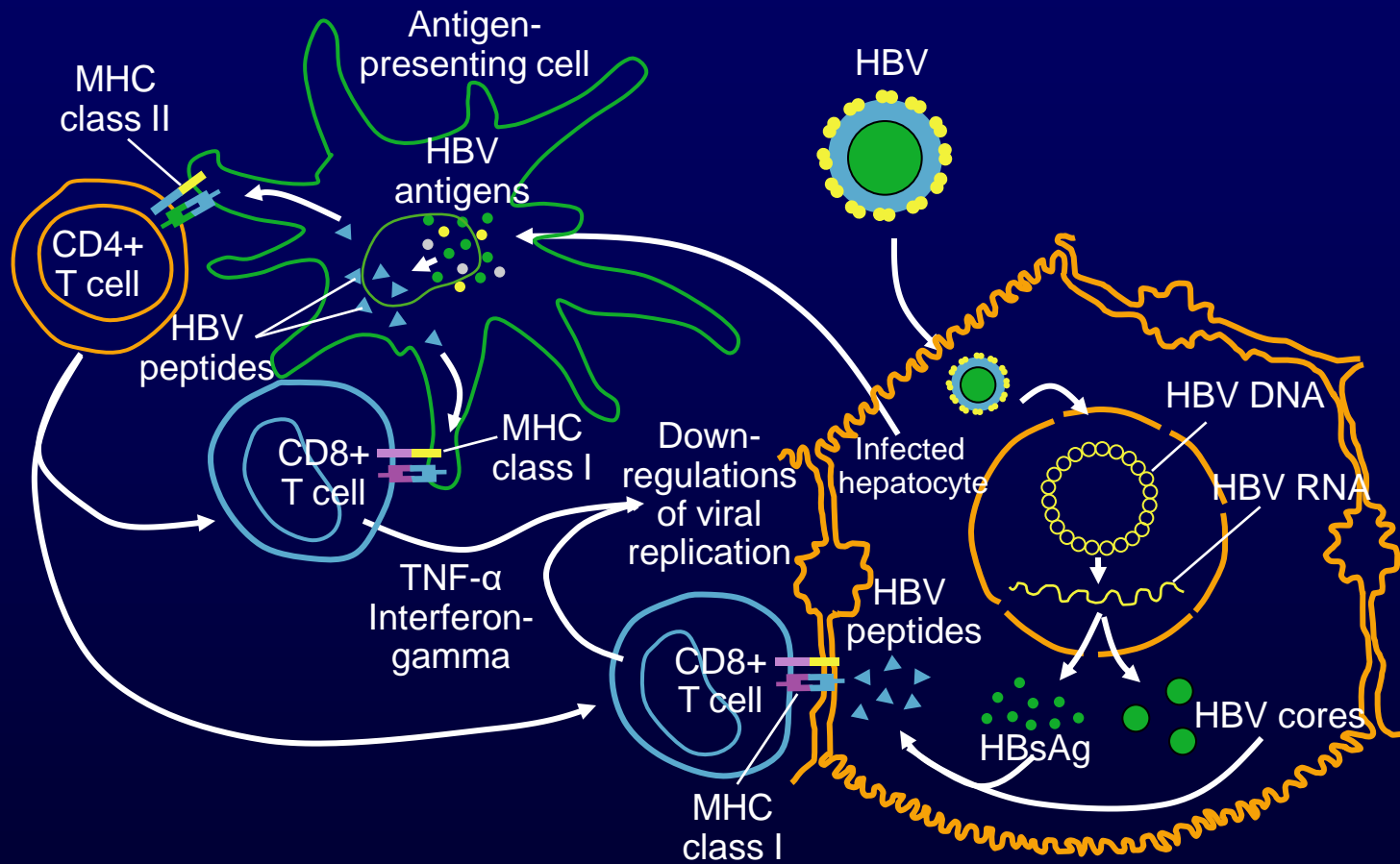
Prevalence of HBsAg positivity in Europe



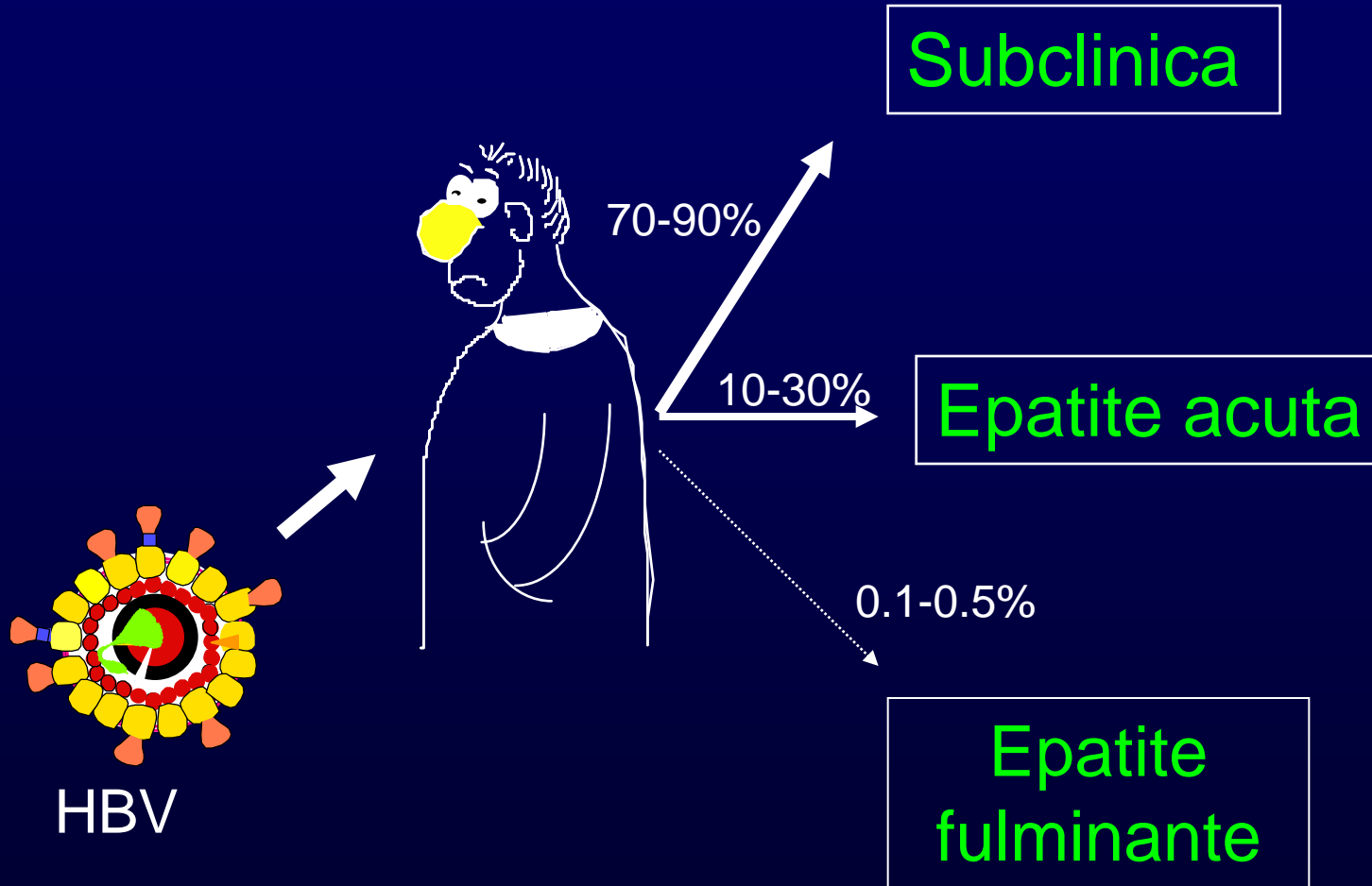
Life Cycle of HBV in the Hepatocyte



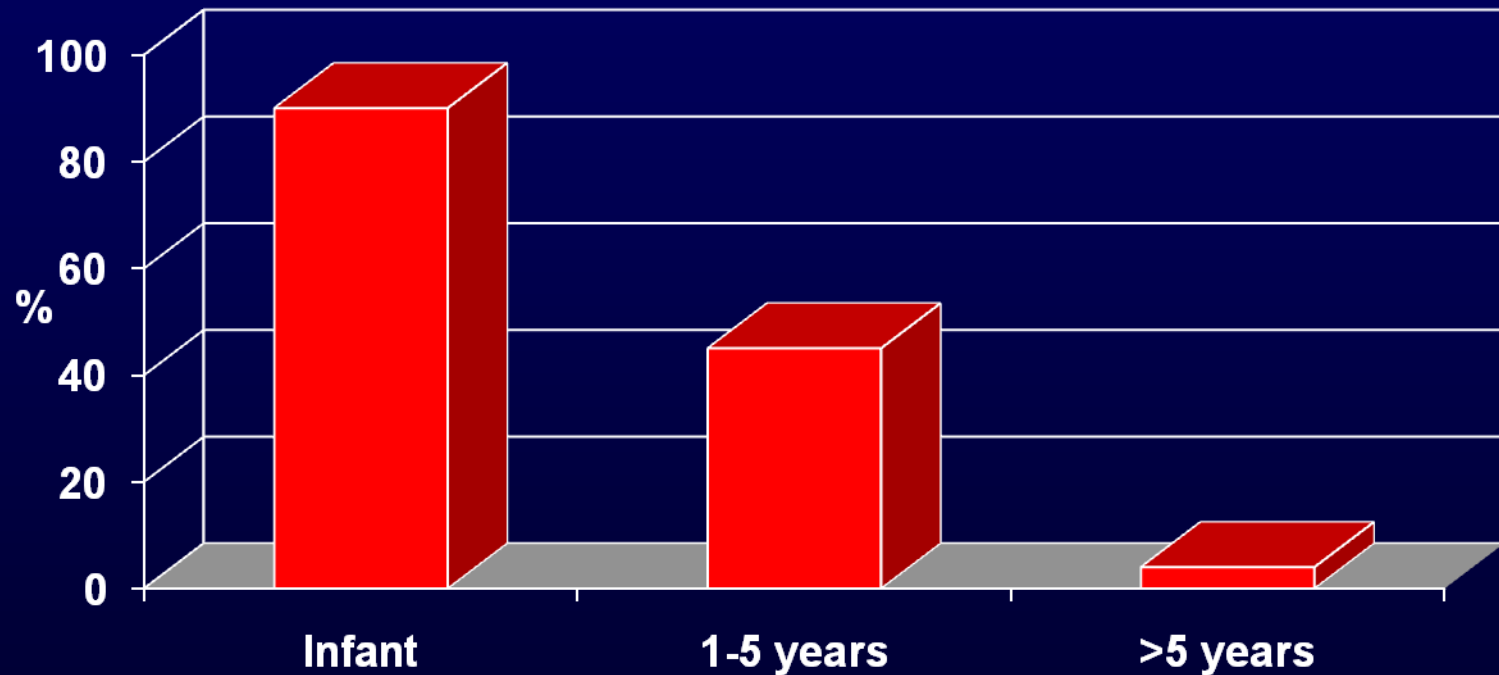
HBV-Triggered Immune Response



Infezione primaria da HBV

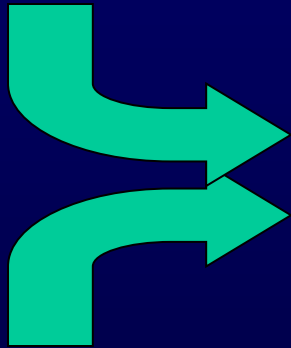


Risk of Developing Chronic Hepatitis B by Age at Infection



Chronic viral hepatitis B: pathogenesis

**Viral
replication**



**Tissue damage (Inflammation,
activation of stellate cells)**

**Immune
response**

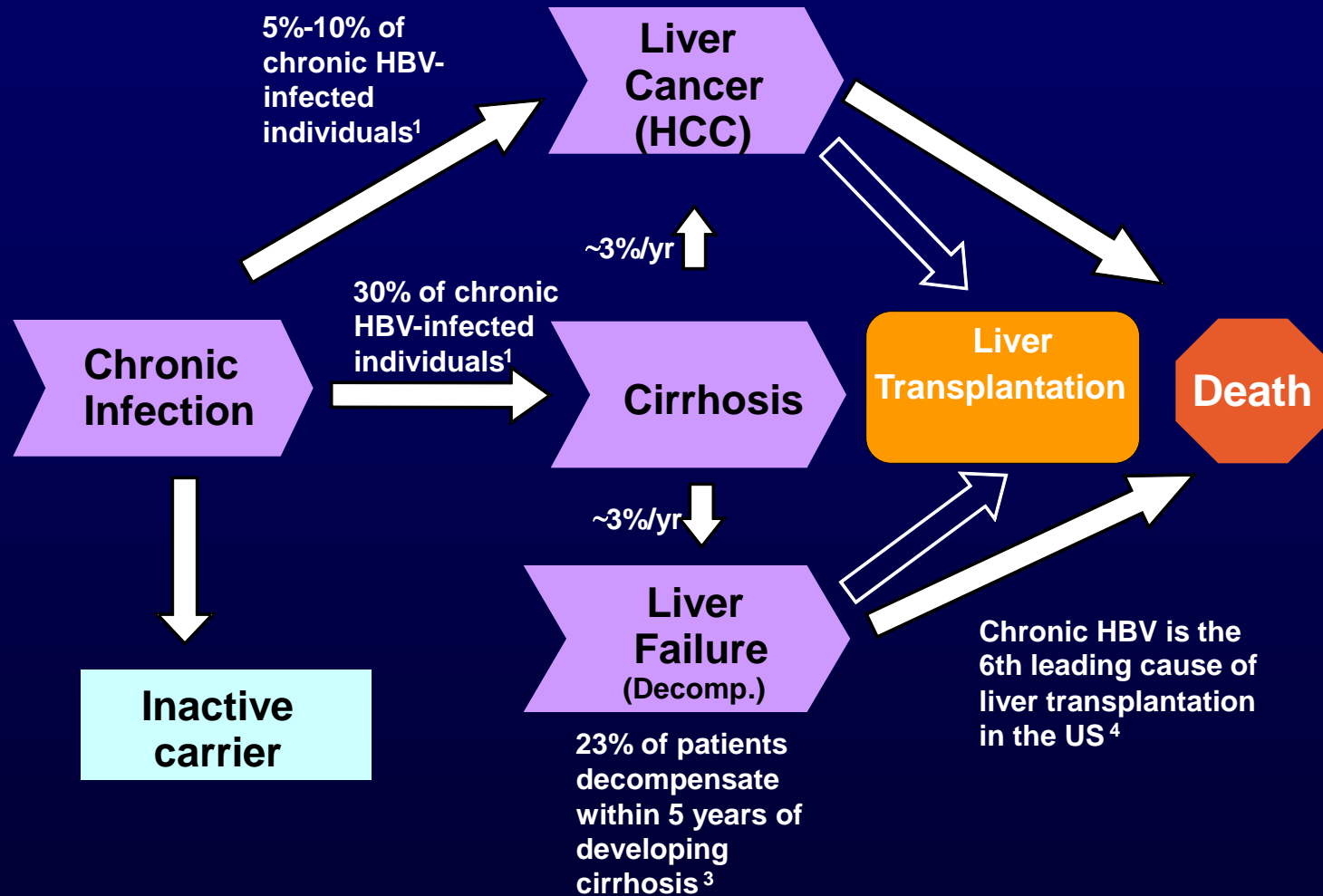


Fibrosis



Cirrhosis

Natural history of HBV Infection

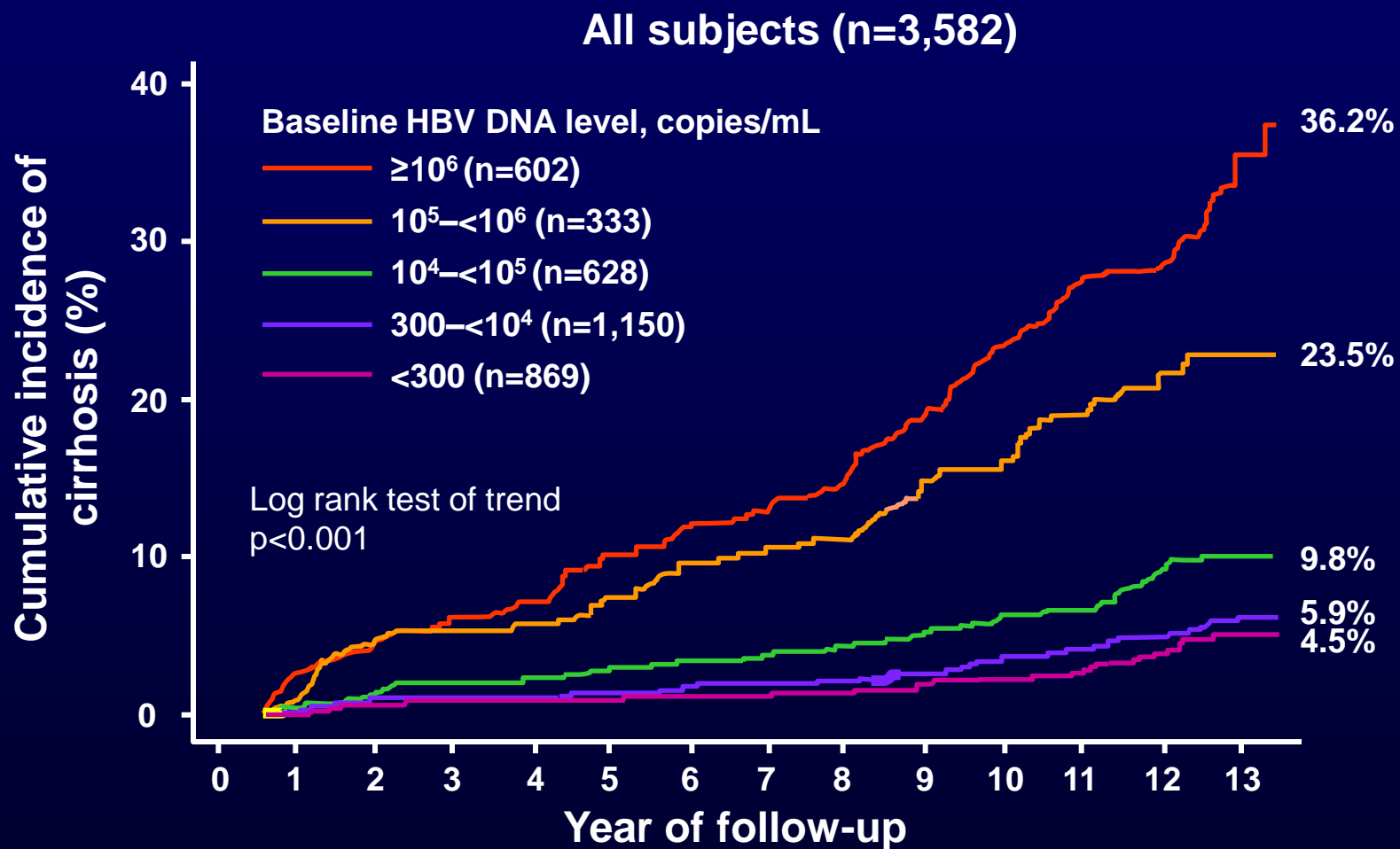


1. Torresi, J, Locarnini, S. Gastroenterology. 2000
2. Fattovich, G, Giustina, G, Schalm, SW, et al. Hepatology. 1995
3. Moyer, LA, Mast, EE. Am J Prev Med. 1994
4. Perrillo, R, et al. Hepatology. 2001

Risk Factors for progression to cirrhosis or HCC in HBsAg-Positive Individuals

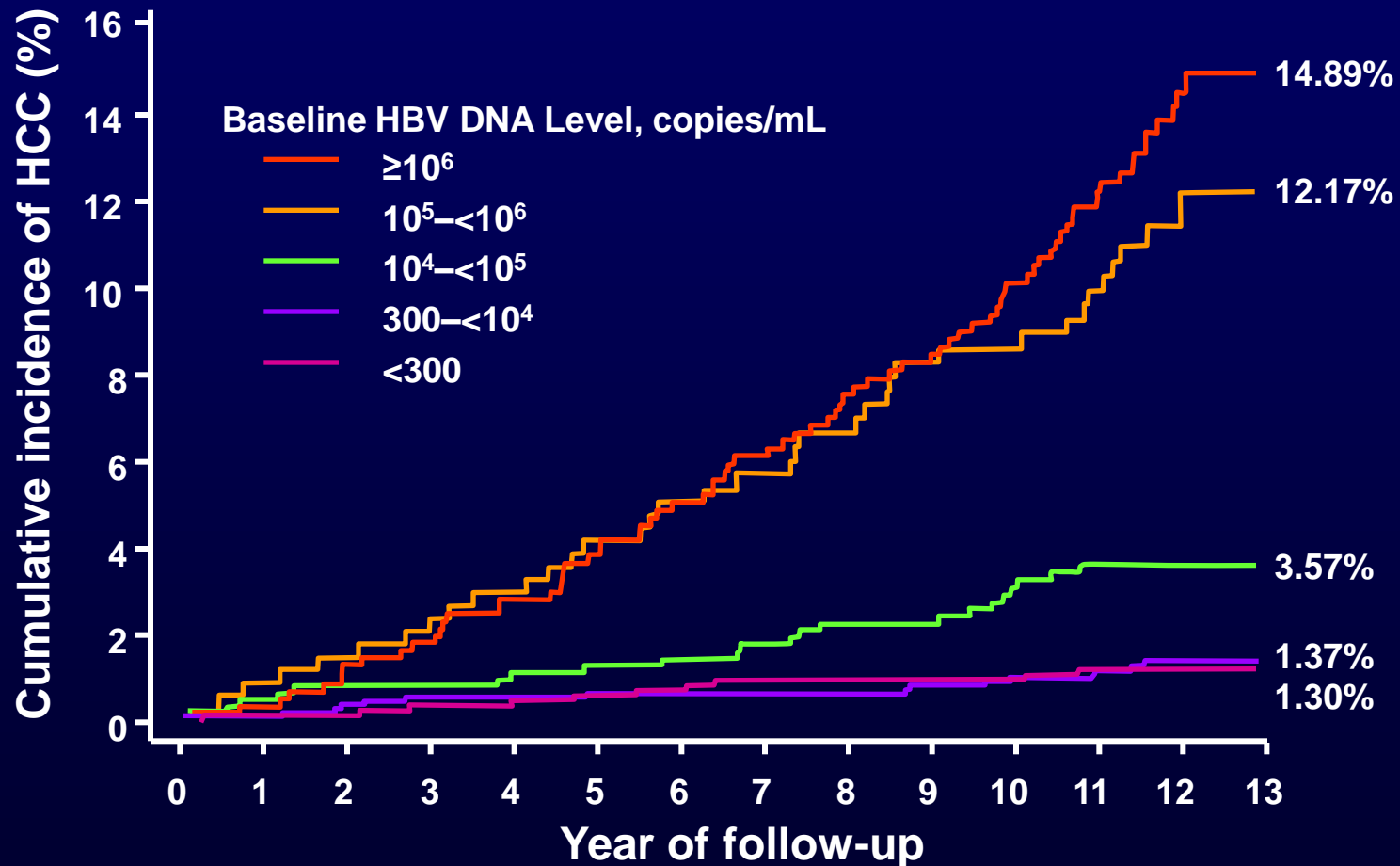
- **Older age (>40 years)**
- **Male gender**
- **Severity of fibrosis stage at presentation (F3)**
- **Recurrent flares of hepatitis**
- **Genetic diversity**
- **Co-infection (HCV, HDV)**
- **Family history of HCC**
- **Race (Asian, African)**
- **Genotype B, C**
- **Precore mutation and basal core promoter mutation**
- **Alcohol**
- **Obesity, diabetes**

High viral load is associated with increased incidence of cirrhosis

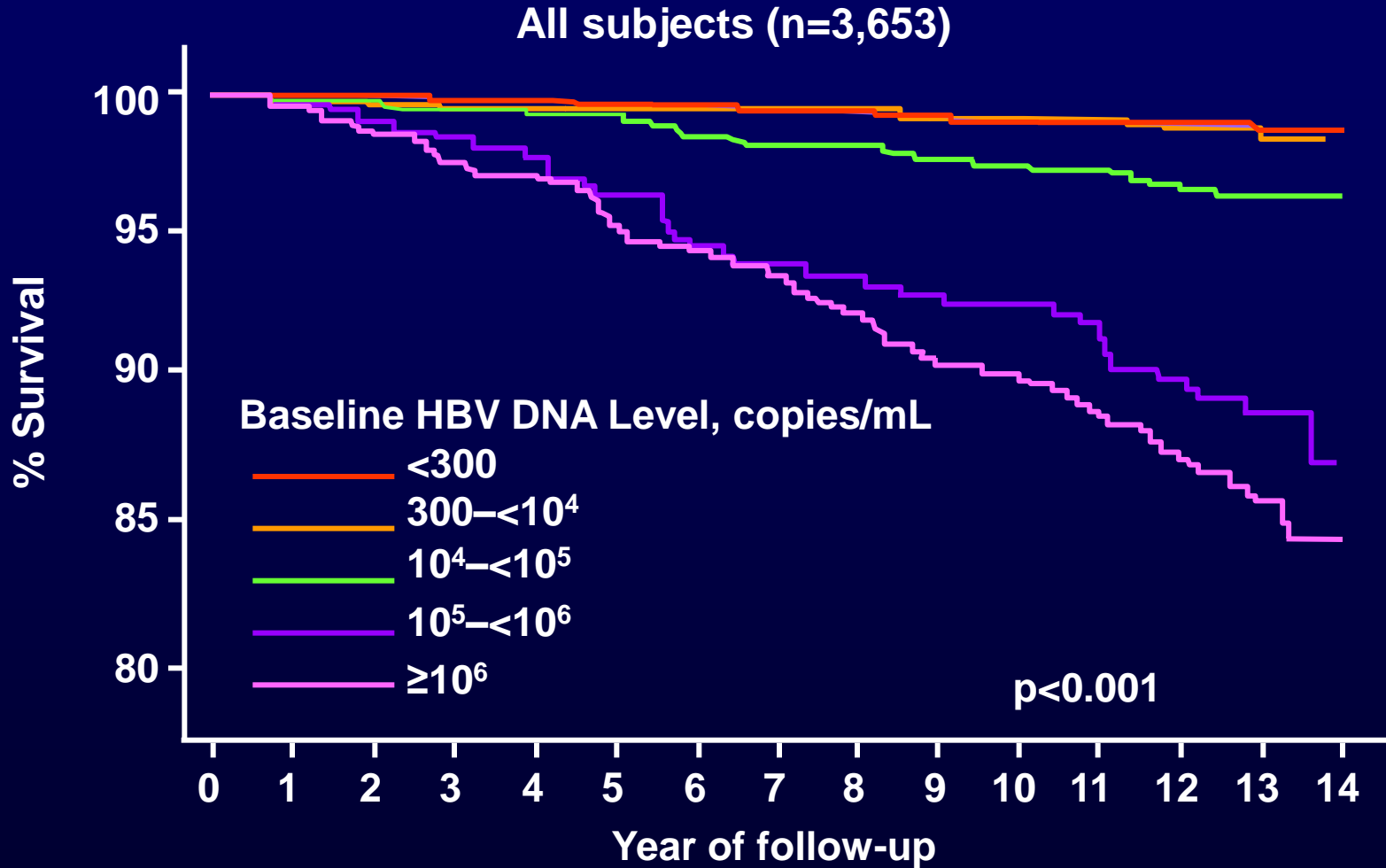


High viral load is associated with increased incidence of HCC

All subjects (n=3,653)

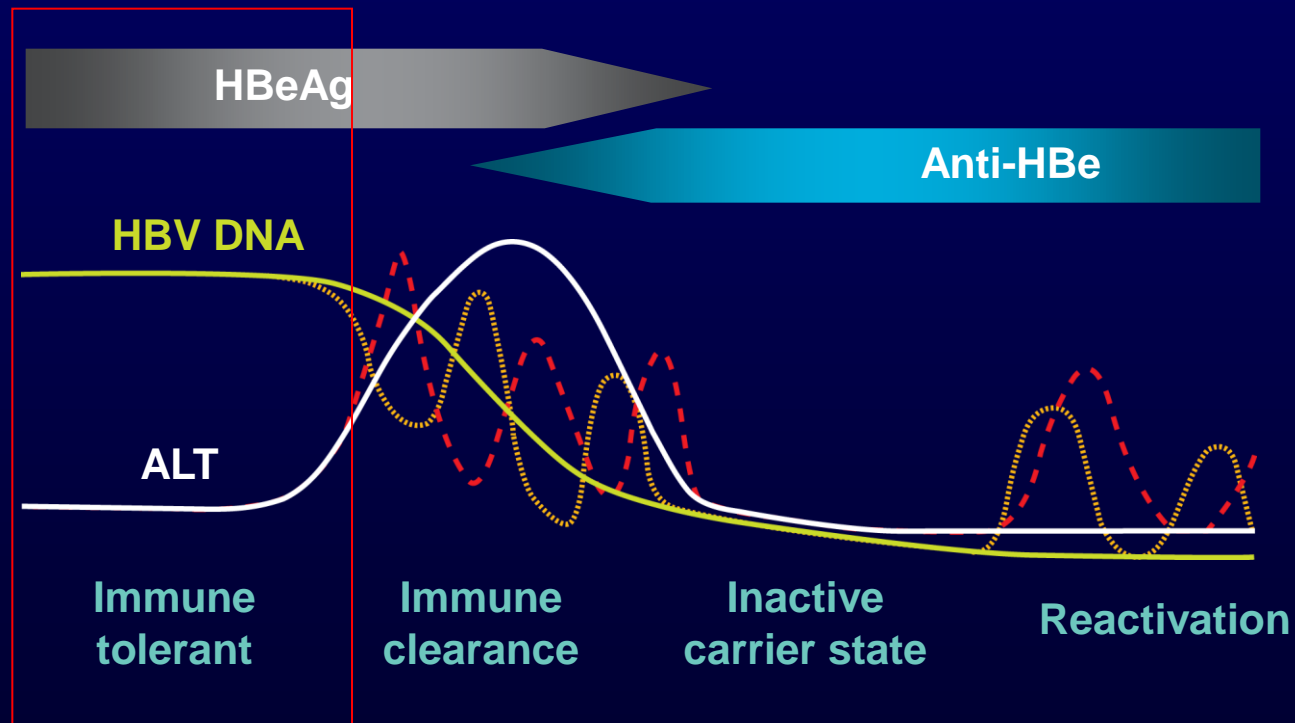


Liver-related mortality according to baseline HBV DNA levels



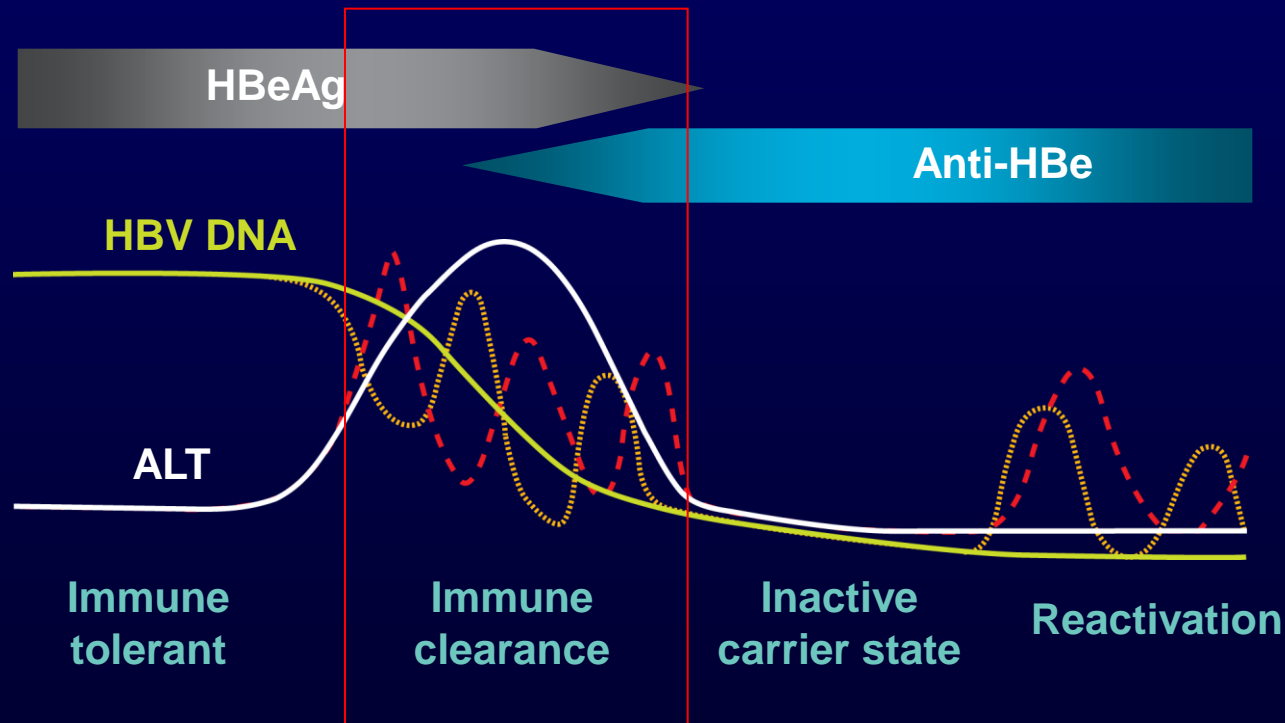
Natural History of CHB

- Immune tolerance
 - HBeAg(+), high HBV DNA, normal ALT, minimal or no necroinflammation



Natural History of CHB

- HBeAg(+) CHB/immune clearance
 - HBeAg(+), high or fluctuating HBV DNA, elevated ALT, active necroinflammation



Annual Incidence of Cirrhosis and HCC in Patients with CHB

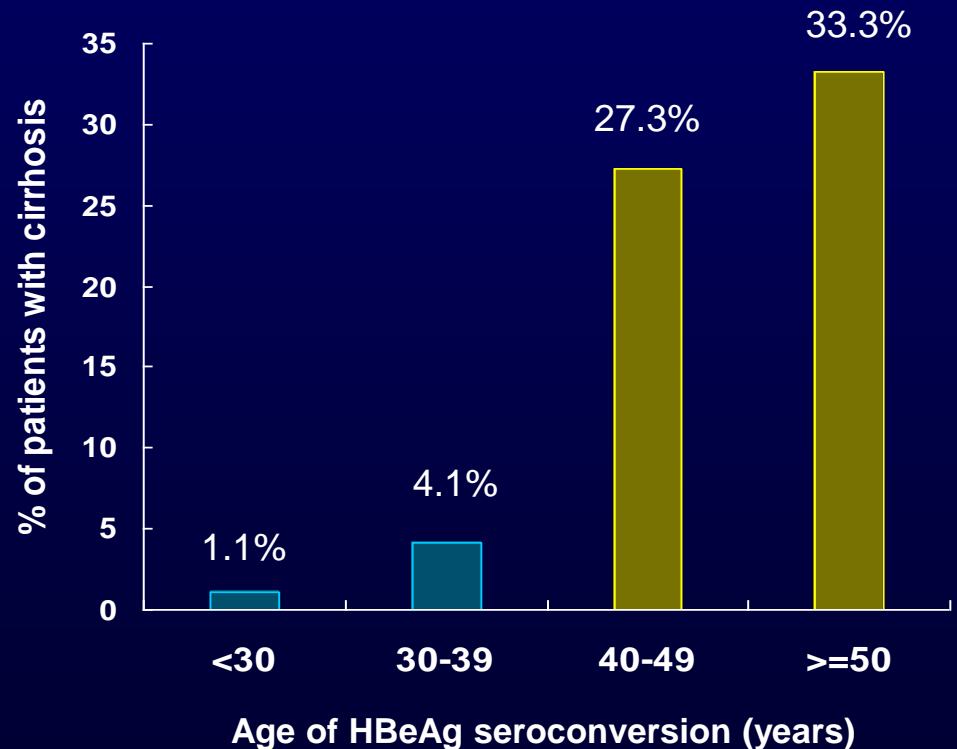
HBV status at entry	Pts, n	Age, yrs*	F-up, yrs*	Cirrhosis, %	HCC, %	Ref.
HBeAg (+)	509	31	2.8 [#]	2.4	NA	Liaw
(+) → (+)	134	31	6.8 [#]	3.5	1.3	Lin
(+) → (-)	74	31	6.8 [#]	1.5	0.3	“
HBeAg seroconversion	269	32	8.6 ^{**}	0.9	0.2	Hsu

* Mean; [#] including 64 IFN-treated patients; ^{**} after spontaneous HBeAg seroconversion score; [§] after spontaneous HBsAg loss

Factors for cirrhosis development

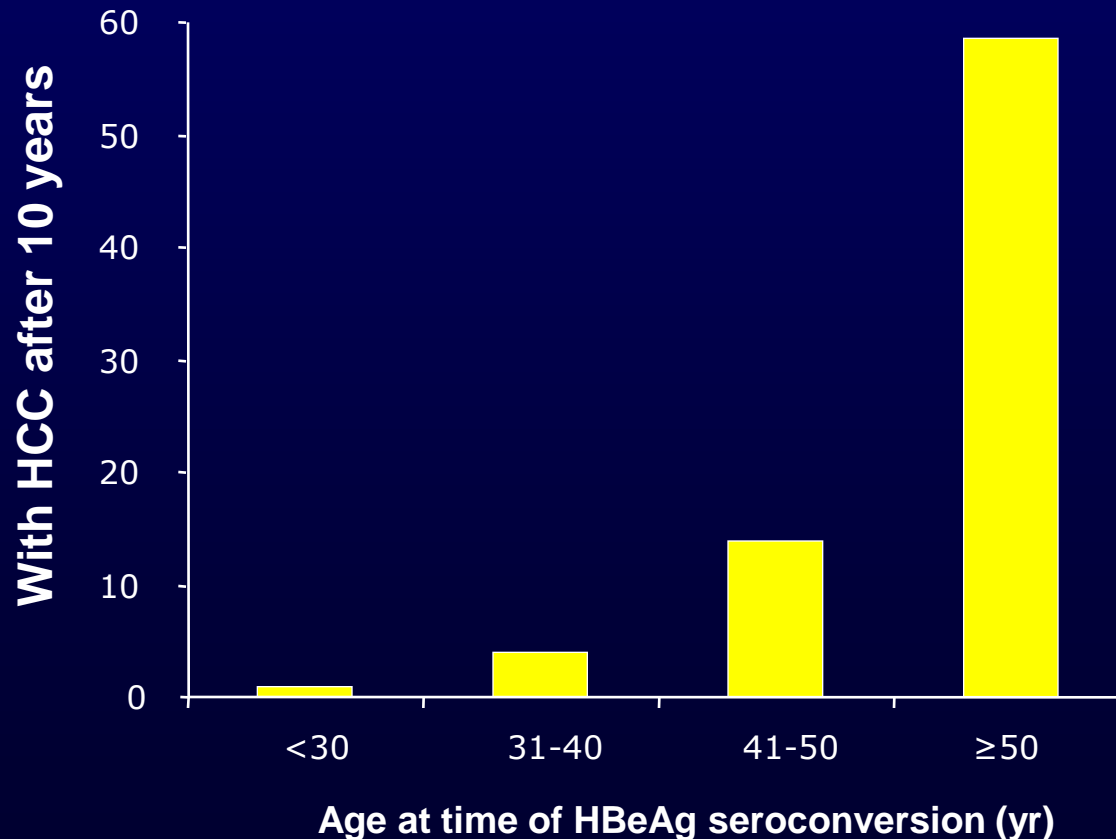
Cirrhosis is more likely if spontaneous HBeAg clearance occurs at age >40 yr

- * Age: entry and seroconversion
- * Male gender
- * Genotype (C > B)
- * **Prolonged immune clearance/
reactivation**
- * **Severity, extent, frequency,
duration of hepatitis or flare**
- * HCV/HDV/HIV co-infection



Timing is important: earlier seroconversion is associated with reduced risk of HCC

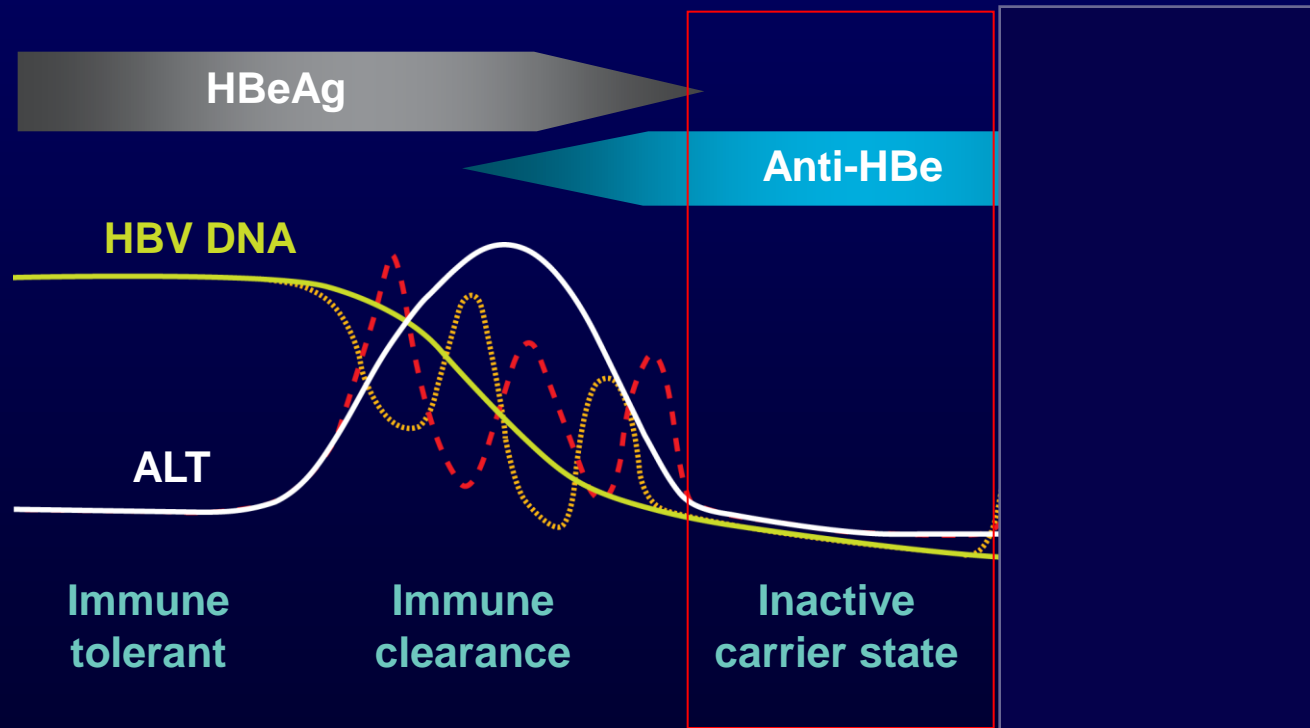
HCC is more likely if spontaneous HBeAg clearance occurs at age >40 yr



Natural History of CHB

■ Inactive carrier state

- HBeAg(-), anti-HBe(+), low or undetectable HBV DNA, persistently normal ALT, minimal fibrosis on biopsy



Portatore inattivo di HBsAg

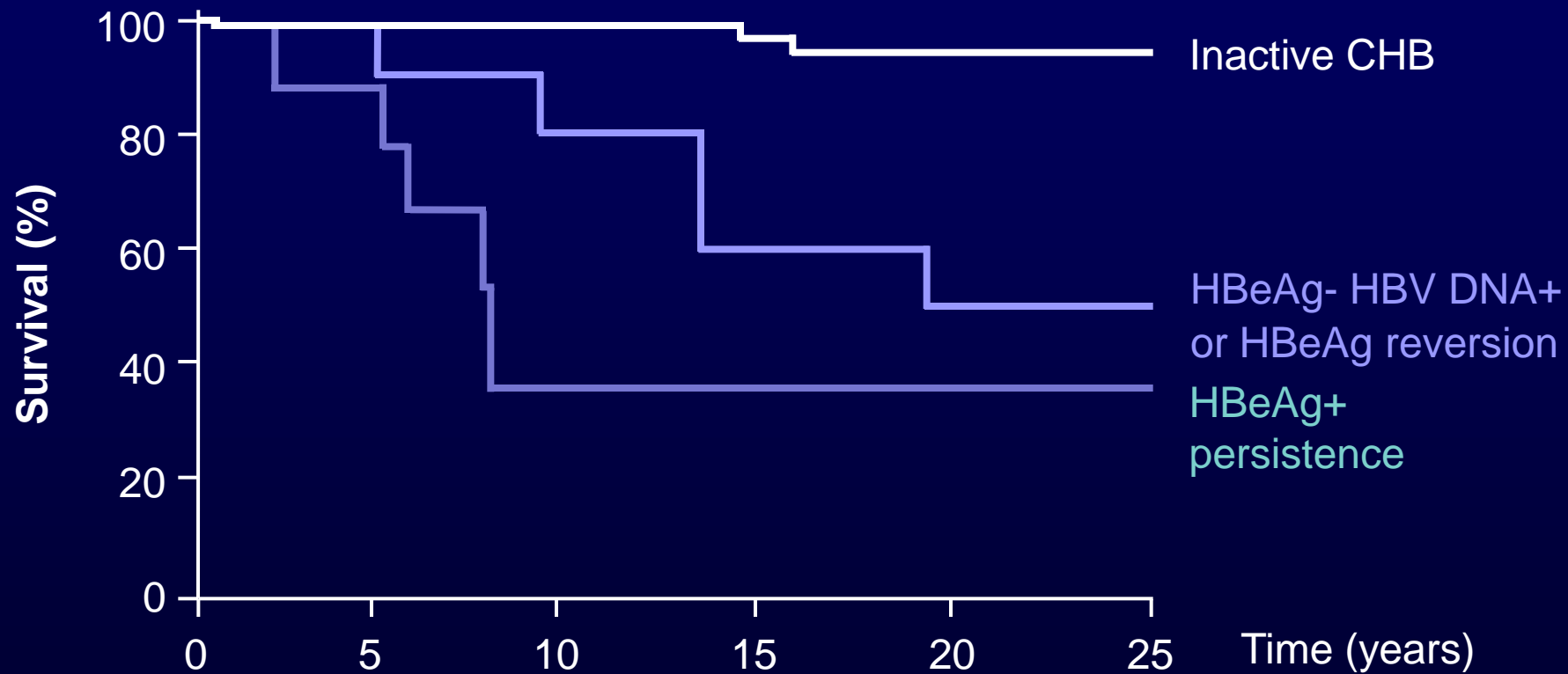
Criteri diagnostici

- positività HBsAg
- positività anti-HBe
- HBV DNA < 2.000 UI/mL ($< 10,000$ copie/mL)
- IgM anti-HBc < 0.10
- livelli di ALT/AST persistentemente normali

Scarsa o assente attività necro-infiammatoria alla
biopsia epatica

Inactive carrier is associated with good prognosis

25-year survival rates in untreated CHB



Natural history of inactive HBsAg carriers

incidence per 100 person years of major events

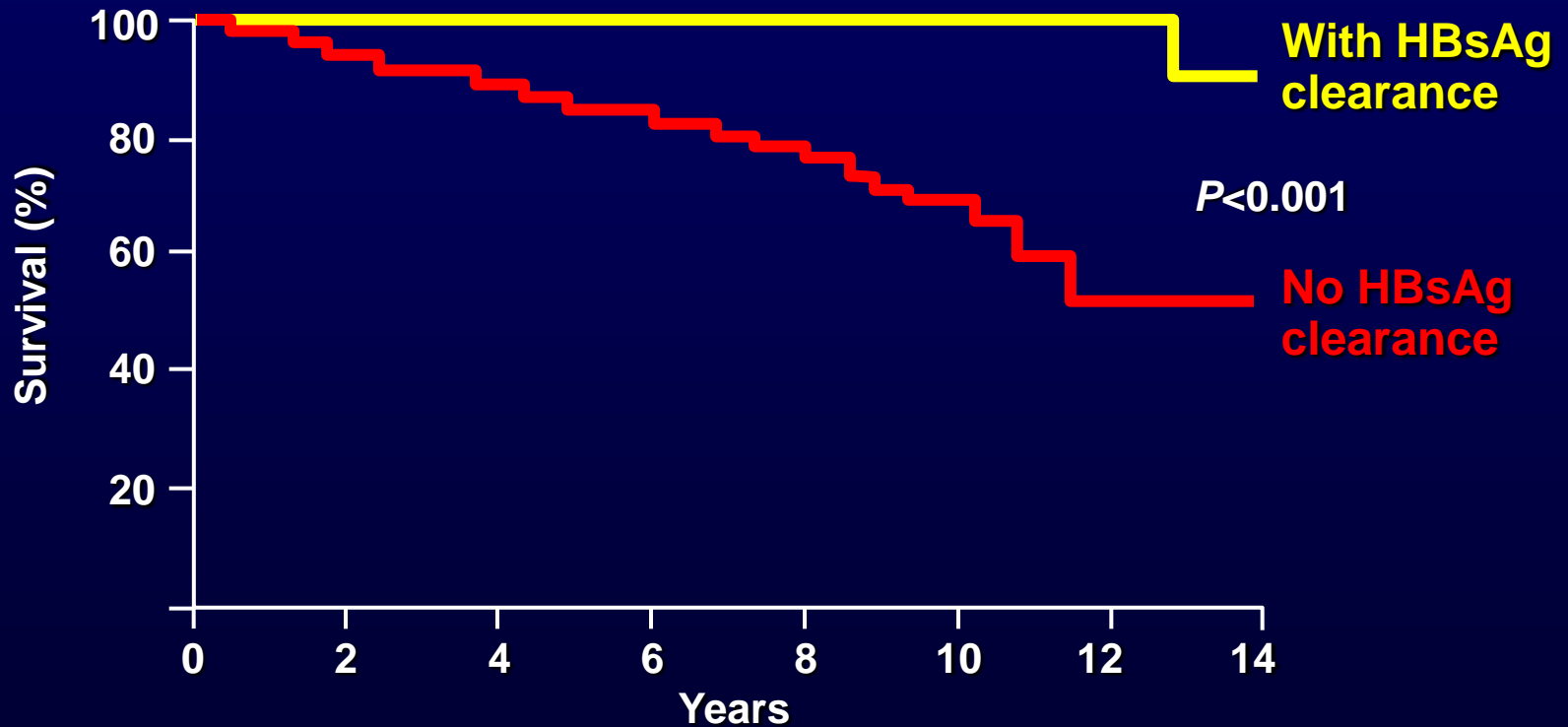
	De Franchis 1993	Bellentani 2002	Villa 2004	Hsu 2002
● area	Europe	Europe	Europe	Asia
● N° patients	68	46	296	189
● Median follow-up (yrs)	10	9	29	8
● Histologic deterioration	0.15	NR	NR	0.06
● HCC	0	0	0.02	0.19
● Liver-related death	0	0	0.01	0
● HBsAg loss	1.0	0.9	1.0	0.6

NR = not reported

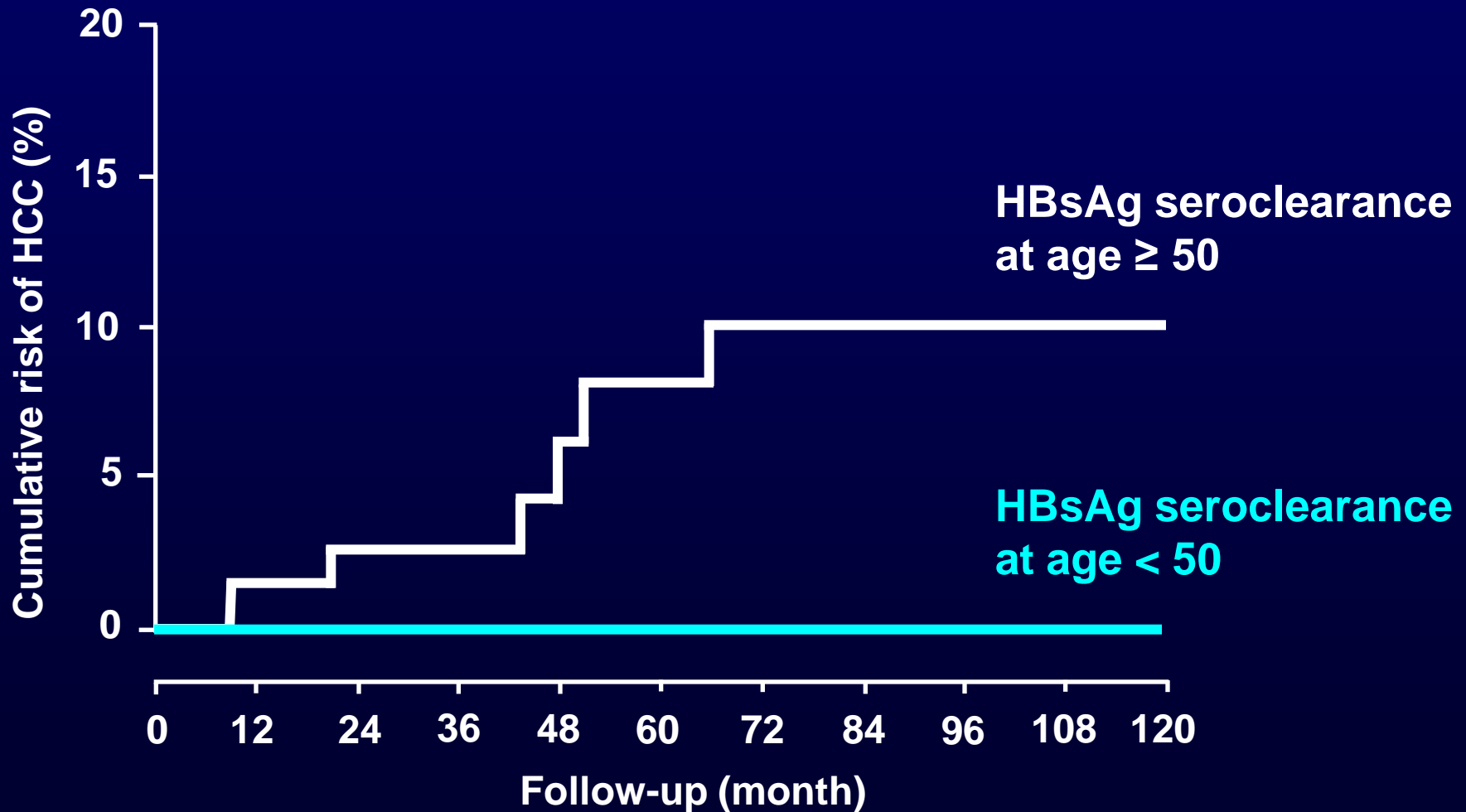
HBsAg clearance improves survival rates

Probability of survival in patients with and without HBsAg clearance

Retrospective study of 309 patients over mean follow-up of 5.7 years



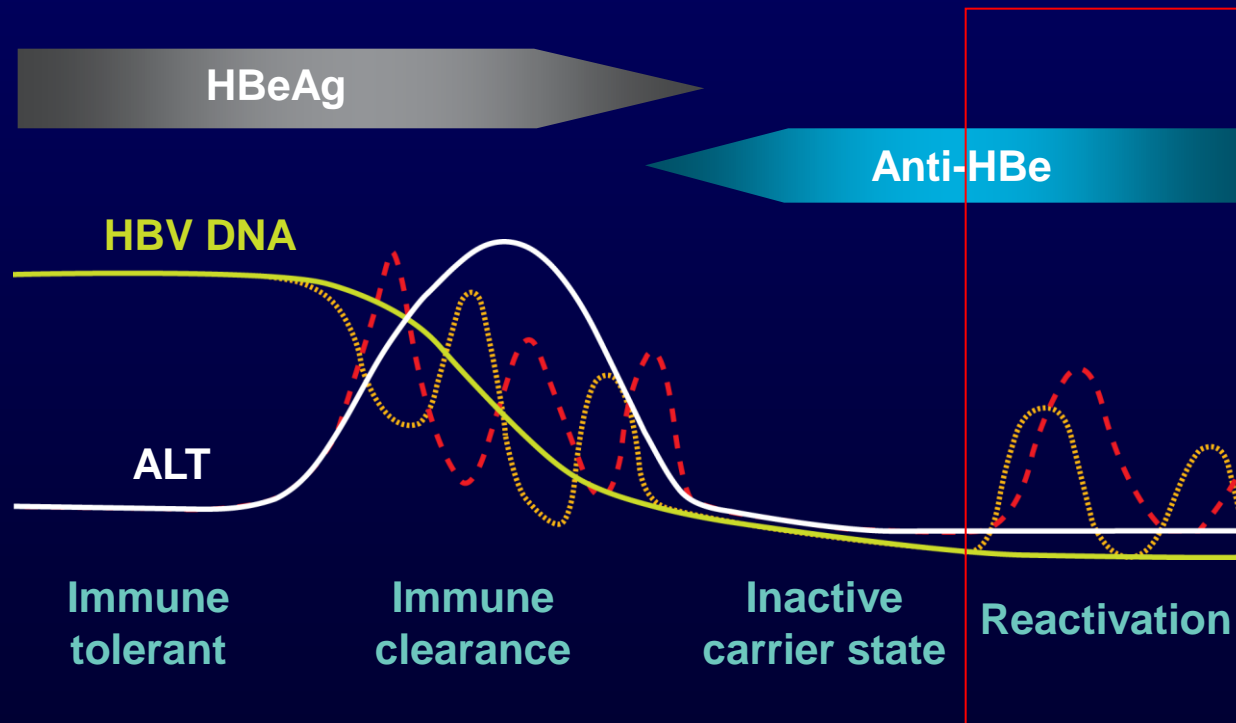
Risk of HCC is lower if HBsAg clearance occurs before 50 years



Natural History of CHB

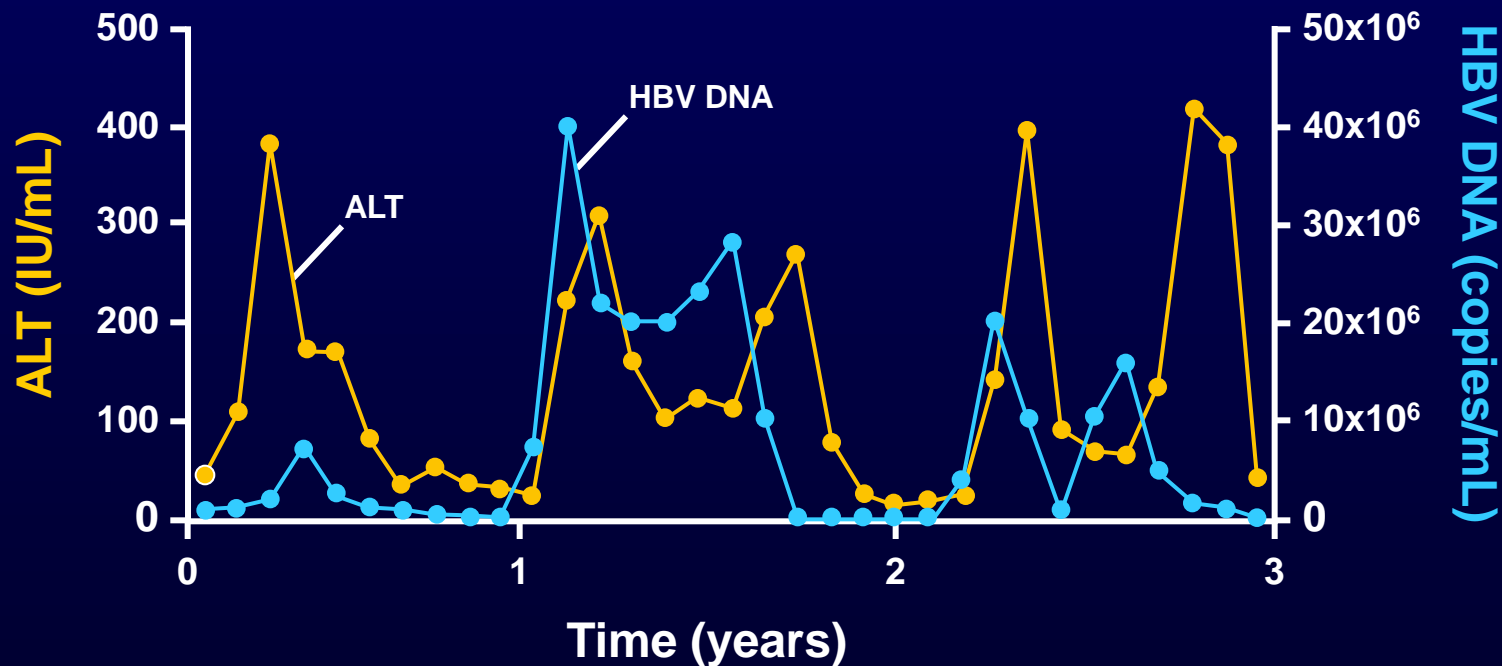
- HBeAg(-) CHB/reactivation

- HBeAg(-), anti-HBe(+), detectable HBV DNA, elevated ALT, active necroinflammation



HBeAg(-) CHB may be misdiagnosed as inactive disease due to its fluctuating activity

- Monitoring ALT and HBV DNA levels at Years 1 and 2 would not reveal the fluctuating nature of these parameters in this patient



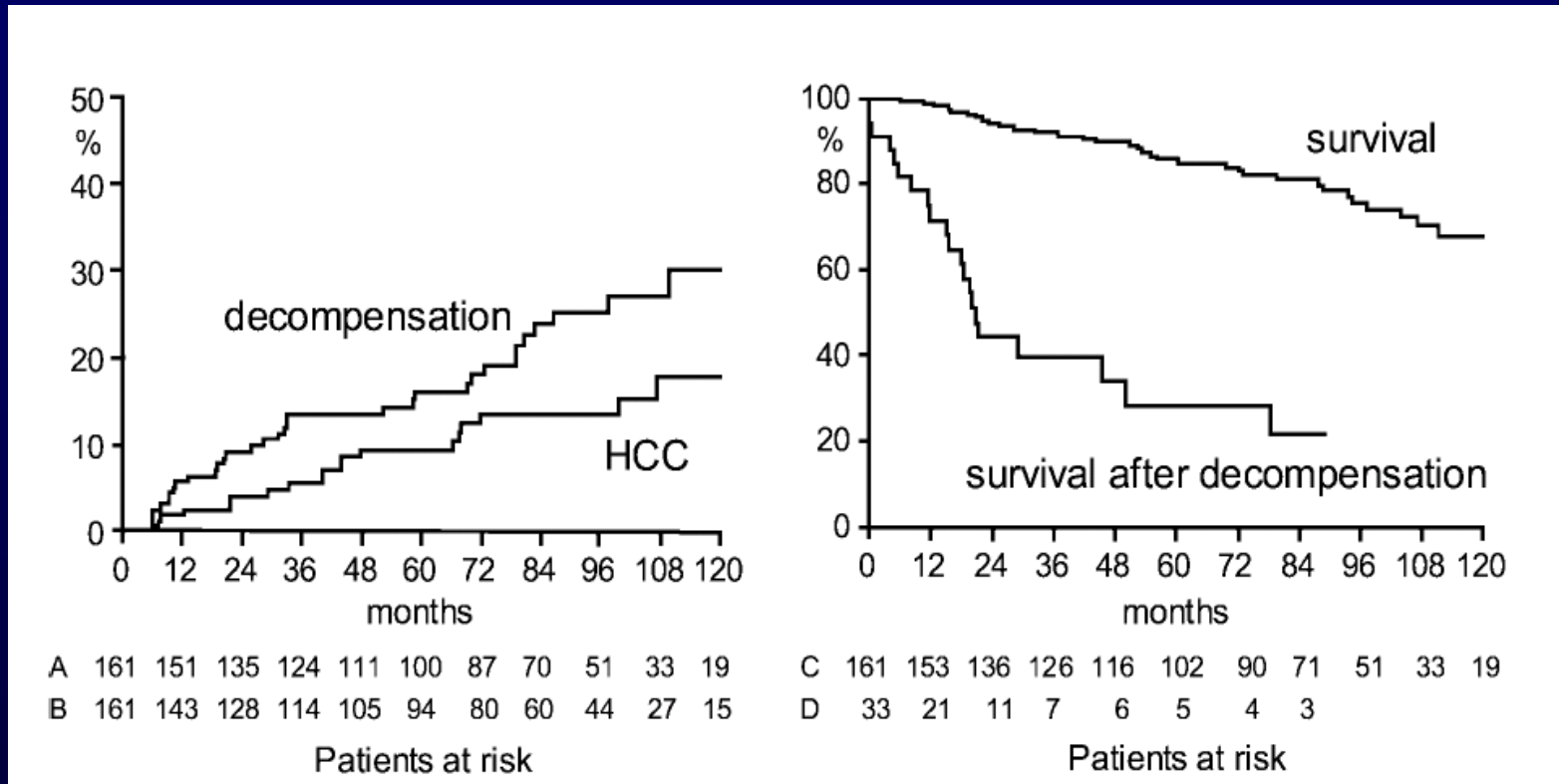
Natural history of Chronic Hepatitis B

Outcomes	HBeAg pos	HBeAg neg
Cirrhosis x yr	2.4%-6.0%	1.3%-4.6%
Decompensation x yr*	3.8%	3.2%-6.6%
HCC x yr*	1.8%	1.5%-2.4%
Survival at 5-yr*	66.0%-83.0%	86.9%-97.0%

* *patients with cirrhosis*

Natural history of HBV cirrhosis

Cumulative incidence of HCC and decompensation in 161 untreated Italian patients with compensated HBV cirrhosis



Hepatocellular Carcinoma

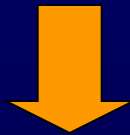
- HBeAg negative/HBV DNA negative: 8%
- HBeAg negative/HBV DNA positive: 14%
- HBeAg positive: 9%

Liver decompensation

- HBeAg negative/HBV DNA negative: 4%
- HBeAg negative/HBV DNA positive: 14%
- HBeAg positive: 16%

Prevention of HBV reactivation in the immunocompromised patient

HBV carrier (occult or overt)



Immunosuppression

Decreased immune recognition of HBV-infected hepatocytes



Increased HBV replication



Restored T-cell function upon immunosuppression withdrawal

Rebound immune recognition of HBV-infected hepatocytes



Hepatitis flare (severity according with pre-existing liver disease)

HBV is a dynamic disease

- Status may change over time
- Individualize treatment decisions
- Long term monitoring



HBV DNA and immune response = engine
ALT/necroinflammatory activity = train speed
Fibrosis stage = distance from destination