

Insufficienza mitralica: trattamento interventistico

Giuseppe Musumeci
SC Cardiologia
Ospedale Mauriziano, Torino

 **Antonio Cardarelli**
AZIENDA OSPEDALIERA DI RILIEVO NAZIONALE

In collaborazione con:



Camera di Commercio
Napoli



HOT TOPICS IN CARDIOLOGIA 2021

27 e 28 Settembre

Sede della Camera di Commercio di Napoli

Via S. Aspreno, 2 - Napoli
Ingresso da Piazza Borsa

L'insufficienza Mitralica (IM) trattamenti e outcomes

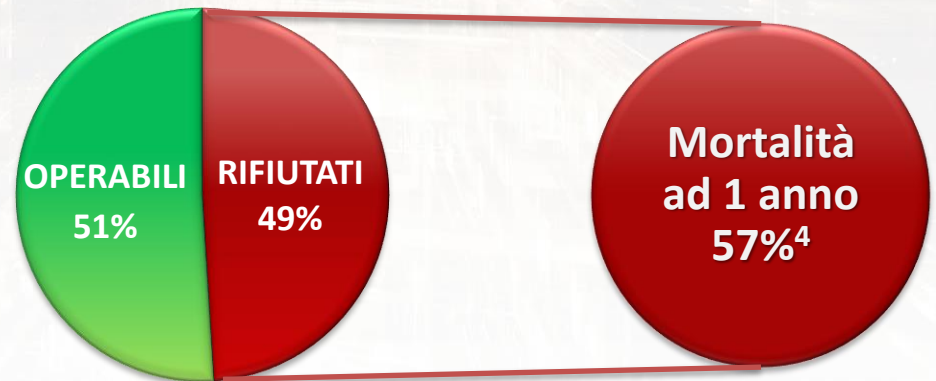
600.000 Pazienti in Italia
con Insufficienza Mitralica
(Moderata/Severa)^{1,2}

Il 10% della popolazione
over 75 ha IM di grado
moderato-severo

1,5 % trattati³

Nell'Euro Heart Survey
dell'ESC, circa **il 50%** dei
pazienti con IM severa non
erano candidabili a chirurgia
a causa di numerose
comorbidity⁴

In una popolazione
anziana, **se non
trattata**, l'IM innesca
una cascata di eventi che
portano alla **morte**⁵



1. Singh JP, Evans JC, Levy D, et al. Prevalence and clinical determinants of mitral, tricuspid, and aortic regurgitation (The Framingham Heart Study). Am J Cardiol 1999; 83:897-902; Nkomo, Vuyisile T., et al. "Burden of valvular heart diseases: a population-based study." The Lancet 368.9540 (2006): 1005-1011.
2. Benjamin EJ, Blaha MJ, Chiuve SE, et al. Heart disease and stroke statistics - 2017 update: a report from the American Heart Association. Circulation 2017 Jan 25
3. Dati Gise 2017, stime interventi cardiocirurgia 2017
4. Mirabel M, lung B, Baron G, Messika-Zeitoun D, Detaint D, Vanovershelde JL, et al. What are the characteristics of patients with severe, symptomatic, mitral regurgitation who are denied surgery? European heart journal. 2007 Jun;28(11):1358-. PubMed PMID: 17350971.
5. Cioffi et al. Functional mitral regurgitation predicts 1-year mortality in elderly patients with systolic chronic heart failure. The european Journal of Heart failure. 7 (2005) 1112- 1117

L'Insufficienza Mitralica porta allo Scompenso Cardiaco



L'IM attiva una cascata di eventi che portano allo scompenso cardiaco ed infine alla morte se non trattata^{2,3}

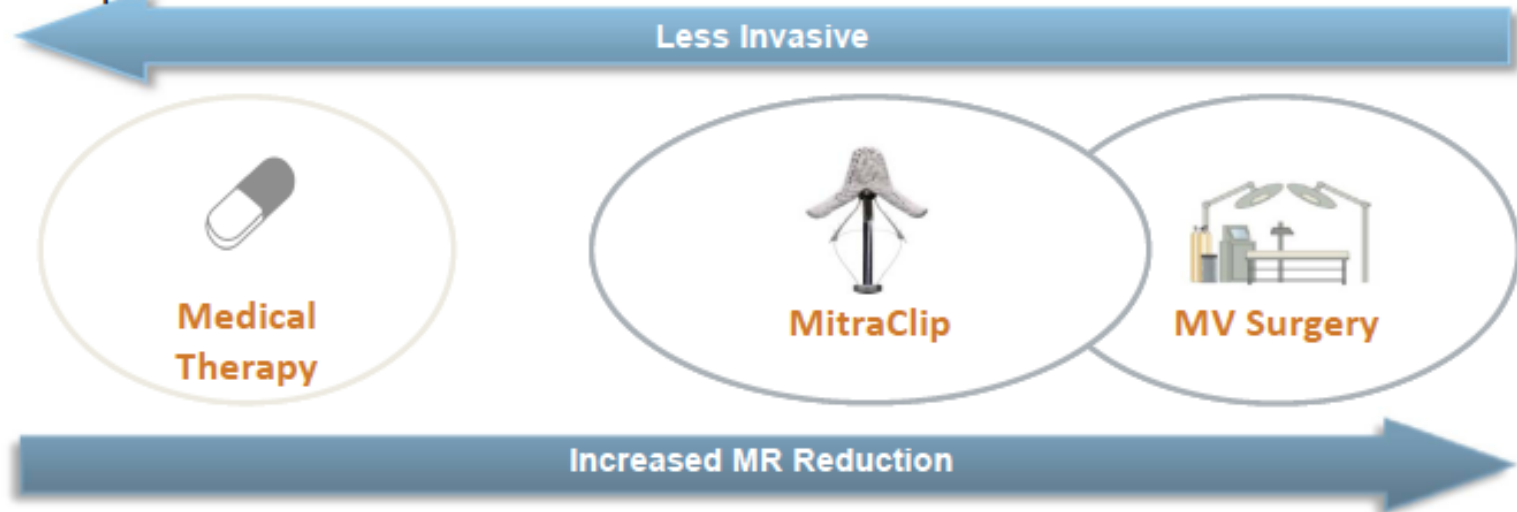
¹ Cioffi G, et al. **Functional mitral regurgitation predicts 1-year mortality in elderly patients with systolic chronic heart failure.** European Journal of Heart Failure 2005 Dec;7(7):1112-7

² Grigioni F, et al. **Outcomes in mitral regurgitation due to flail leaflets a multicenter European study.** JACC Cardiovasc Imaging. 2008 Mar;1(2):133-41

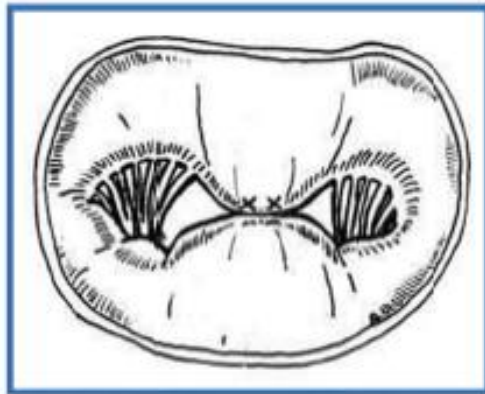
³ Enriquez-Sarano M, et al. **Quantitative determinants of the outcome of asymptomatic mitral regurgitation.** N Engl J Med. 2005 Mar 3;352(9):875-83

MitraClip Therapy Filling a Treatment Gap

- Medical therapy is limited to symptom management
- MV surgery has been the only option that reliably reduces MR
- **A significant gap exists between patients who receive medical and surgical options, based on risk-benefit profile**
- MitraClip therapy is a first-in-class, minimally invasive catheter-based technology option to reduce MR



Concept: Percutaneous Mitral Valve Repair (PMVR)

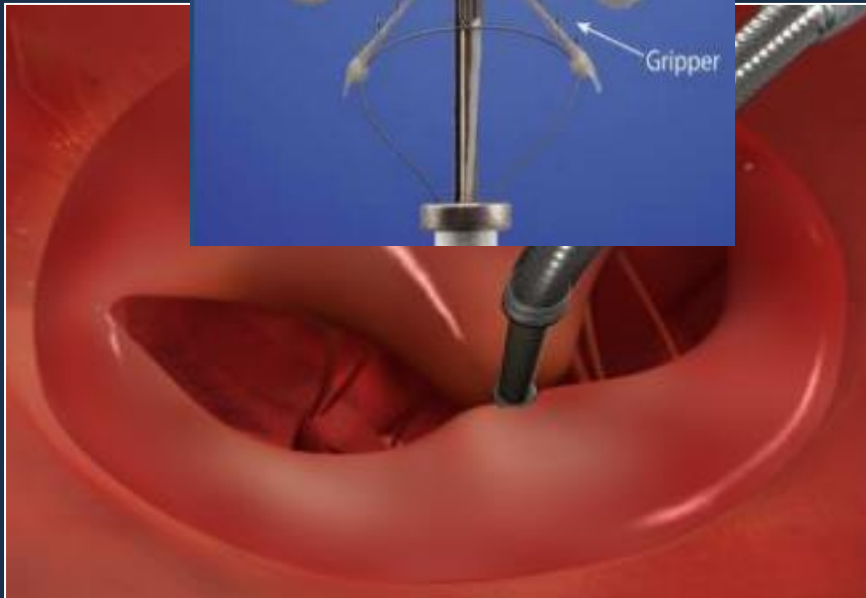
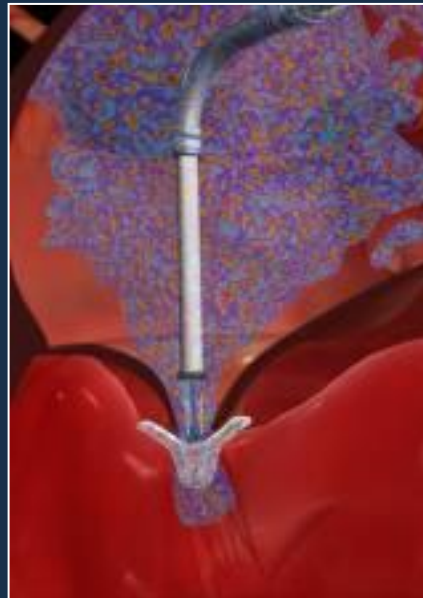
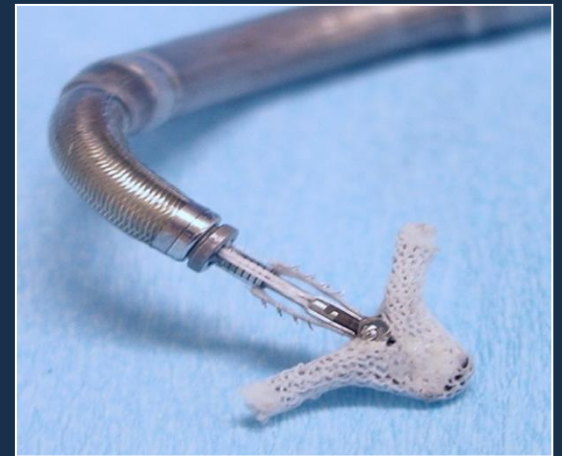
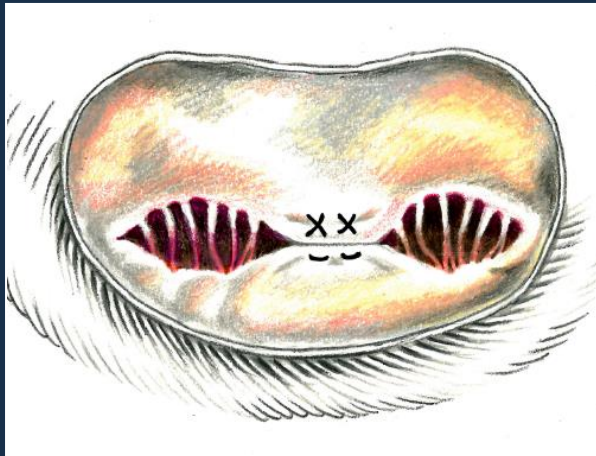


- Double-orifice suture technique developed by Prof. Ottavio Alfieri
- First published results in 1998 illustrated proven benefit
- Suggested procedure best suited for minimally invasive approach

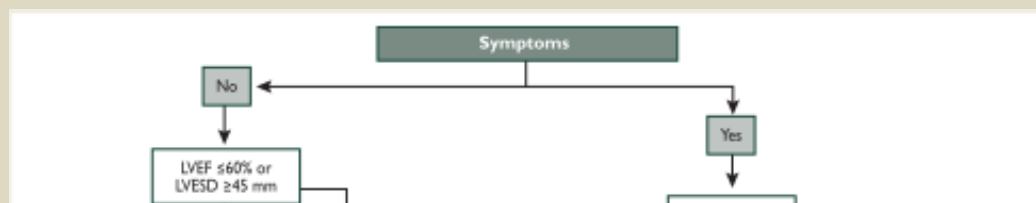


Catheter-Based Mitral Valve Repair

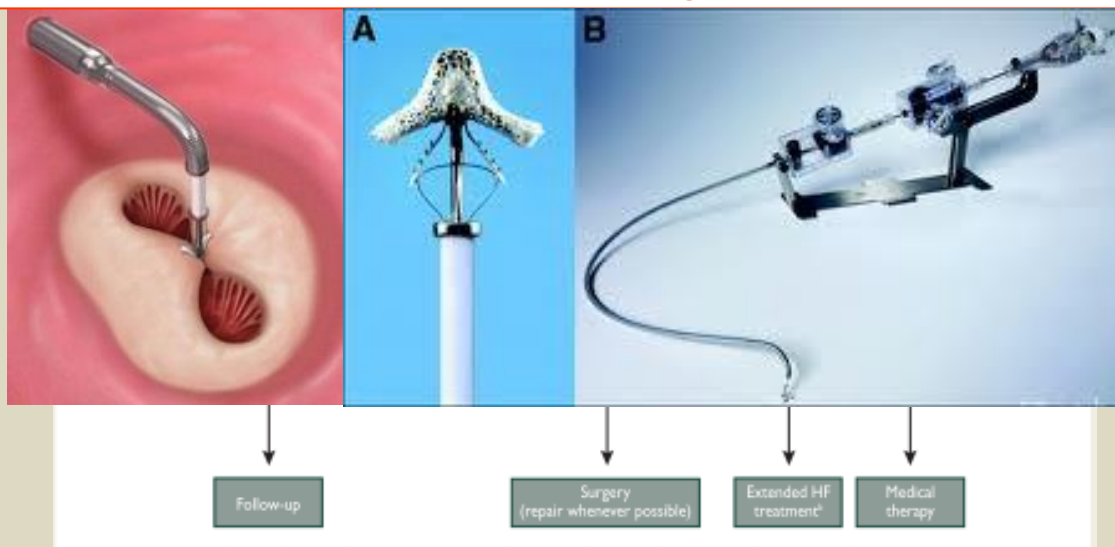
MitraClip® System



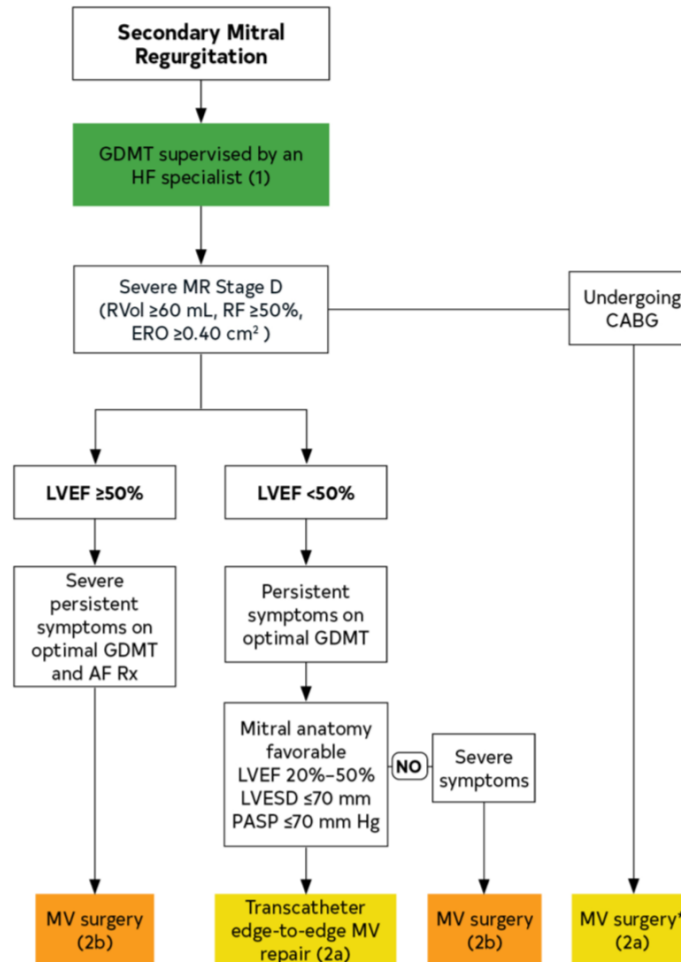
Guidelines on the management of valvular heart disease (version 2012)



patients with an indication for valve repair but judged inoperable or at unacceptably high surgical risk, percutaneous edge-to-edge repair may be considered in order to improve symptoms”



TEER for FMR: Ready for Prime Time



AHA/ACC 2020 Guidelines

TEER for FMR: Ready for Prime Time

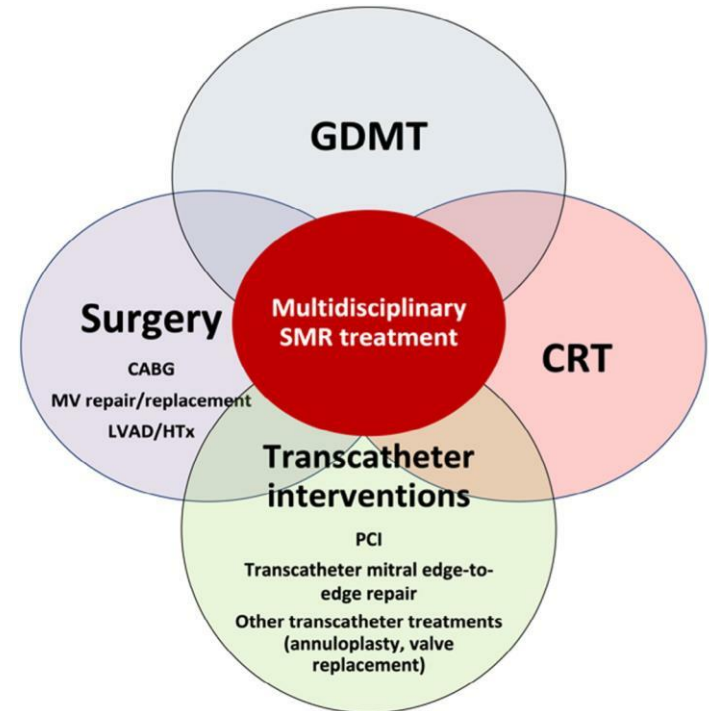
Percutaneous edge-to-edge mitral valve repair should be considered in carefully selected patients with secondary mitral regurgitation, not eligible for surgery and not needing coronary revascularization, who are symptomatic despite OMT and who fulfil criteria to achieve a reduction in HF hospitalizations.

IIa

Percutaneous edge-to-edge mitral valve repair may be considered to improve symptoms in carefully selected patients with secondary mitral regurgitation, not eligible for surgery and not needing coronary revascularization, who are highly symptomatic despite OMT and who do not fulfil criteria for reducing HF hospitalization.





IIb

ESC 2021



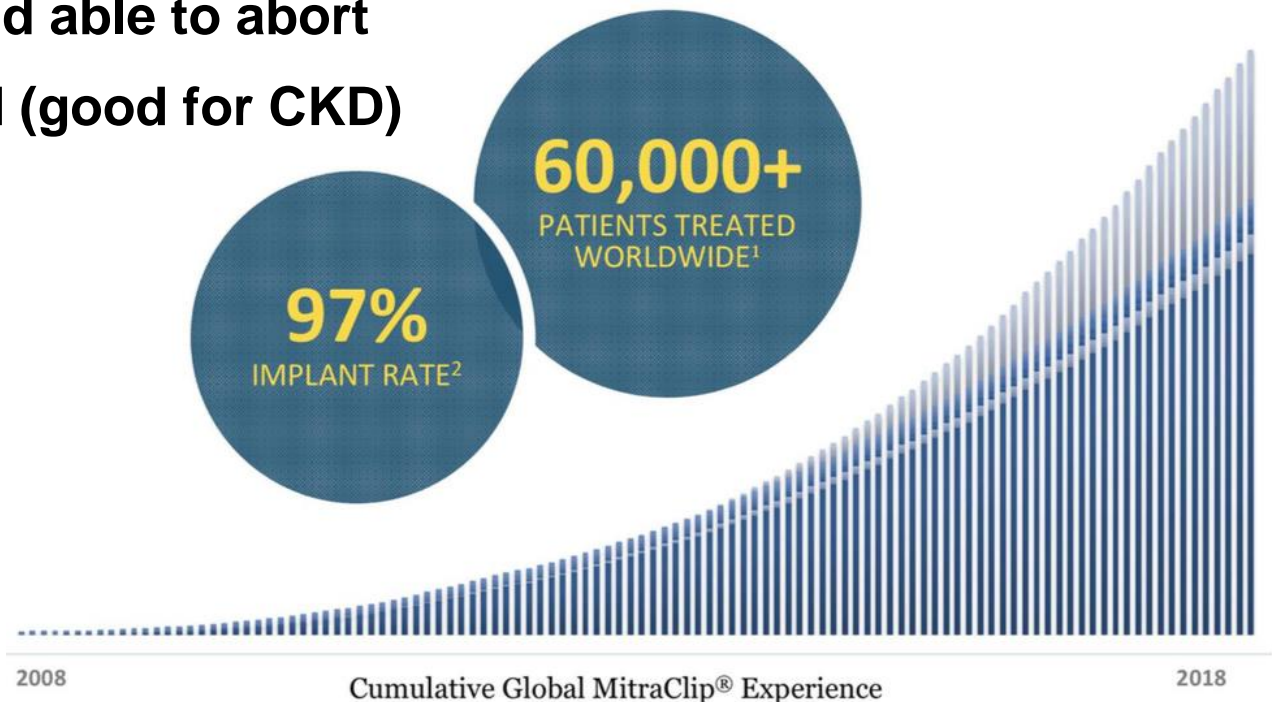
ESC 2021

Four Generations of MitraClip Built on Robust Clinical Experience

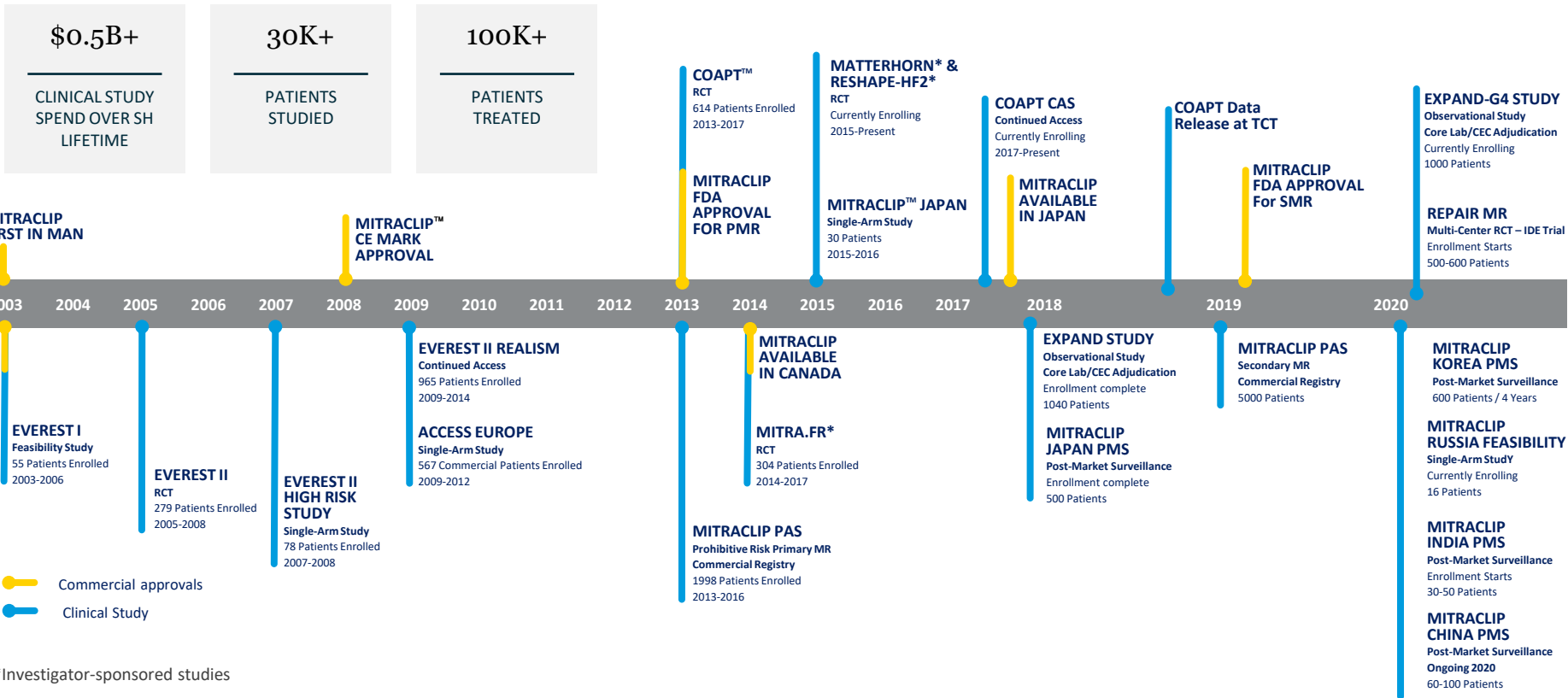
MitraClip Pipeline			
GEN 1	GEN 2	GEN 3	GEN 4
<p>MitraClip</p>  <p>Breakthrough Technology to restore leaflet coaptation with a delivery system specifically designed for the MV</p>	<p>MitraClip NT</p>  <p>Leaflet grasping and steering enhancements</p>	<p>MitraClip NTR & MitraClip XTR</p>  <ul style="list-style-type: none"> • Improved grasping, Increased coaptation surface area • Customized repair with 2 Clip sizes • Enhanced steering accuracy and ease-of-use¹ 	<p>MitraClip G4</p>  <ul style="list-style-type: none"> • Enable ability to choose Clip size based on MV anatomy with 4 sizes • Ability to grasp leaflets simultaneously or independently with Controlled Gripper Actuation (CGA) • Streamlined procedure with simplified system deployment & reduced number of steps

Advantage of mitraClip for FMR

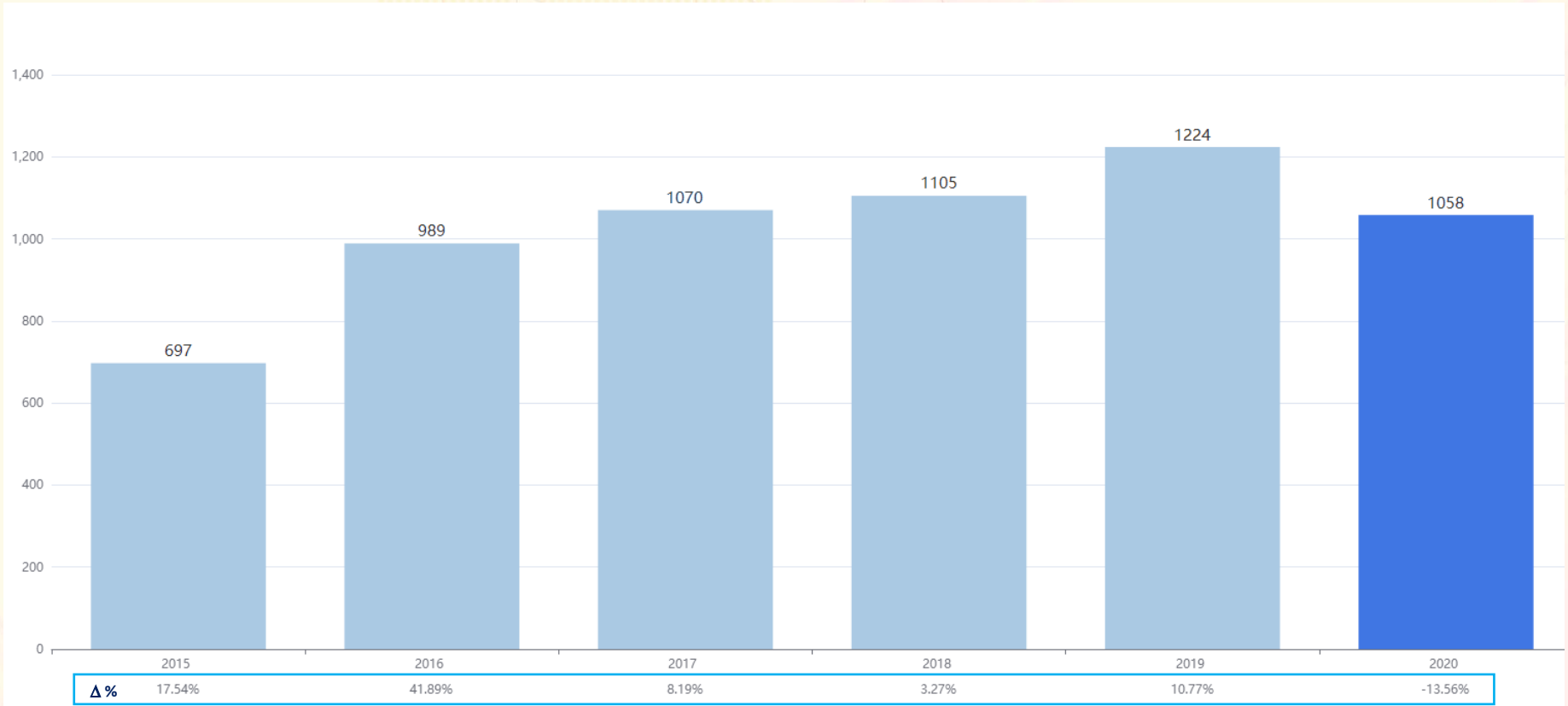
- High procedural safetiness by transvenous approach
- Effective in 90% of patients
- Combination of multiple repair technique will expand indications
- Assessment of MR by beating heart
- Repeat grasping and able to abort
- No contrast needed (good for CKD)



18+ Years Dedicated to the Treatment of Valvular Regurgitation

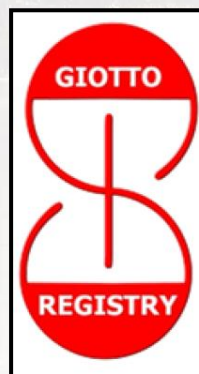


Interventistica Mitralica Serie storica Italia



L'impegno del GISE a oggi

2016
Registro GIOTTO



Impegno della creazione di **evidenze cliniche** grazie alla raccolta di dati real-world. Primo Registro in Europa per numero di pazienti arruolati.

2017
Editoriale Gise

GIORNALE
ITALIANO
DI CARDIOLOGIA

Trattamento transcateretere dell'insufficienza mitralica per i pazienti non eleggibili all'intervento chirurgico: epidemiologia, diagnosi, equità di accesso ed impatto economico

Francesco Bedogni, Sergio Berti, Giovanni Esposito, Caterina Maria Gandolfo, Alessio Gaetano La Manna, Ugo Limbruno, Alfredo Marchese, Ciro Mauro, Alessandro Salvi, Gennaro Santoro, Giuseppe Tarantini, Fabio Tarantino, Ferdinando Varbella, Roberto Violini, Giuseppe Musumeci

Impegno nell'approfondimento degli aspetti legati **all'accesso alla terapia e all'impatto economico**

2017
Europe South Position Paper



Transcatheter mitral valve interventions for mitral regurgitation, with special focus on MitraClip: The position of Spanish, Portuguese and Italian interventional societies

Rodrigo Estévez-Loureiro^{1,2*}, Xavier Freixa³, Dabit Arzamendi⁴, Armando Perez de Prado⁵, Rui Campante-Teles⁶, Bruno Melica⁷, Giuseppe Tarantini⁸, Giuseppe Musumeci⁹, Manuel Pan

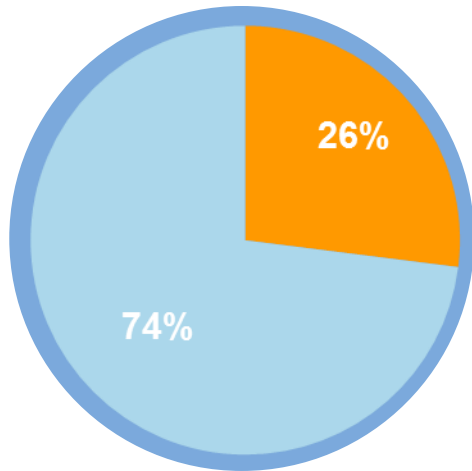
Impegno nella creazione di evidenze e **awareness** sulla terapia grazie alla condivisione dell'esperienza del Sud Europa

MitraClip Therapy

Broad Spectrum of Experience

EVEREST II

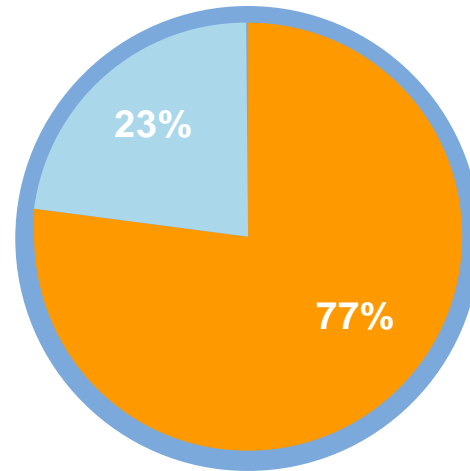
(Randomized Controlled Trial)



- 178 patients
- Device time – 146 minutes
- Implant rate – 89%

ACCESS EU

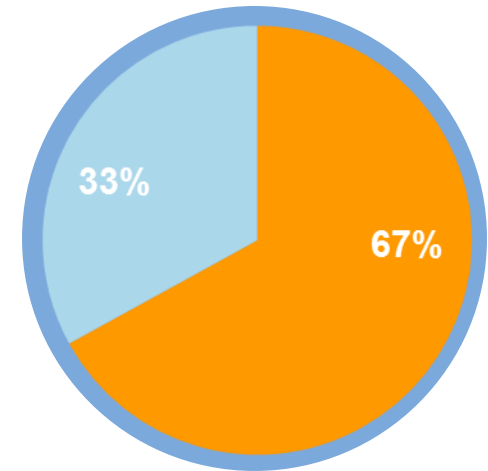
(Europe)



- 567 patients
- Procedure time – 117 minutes
- Implant rate – 99%

Commercial

(APJ, CALA, Europe, US)



- 50,000 patients
- Device time – 91 minutes
- Implant rate – 96%

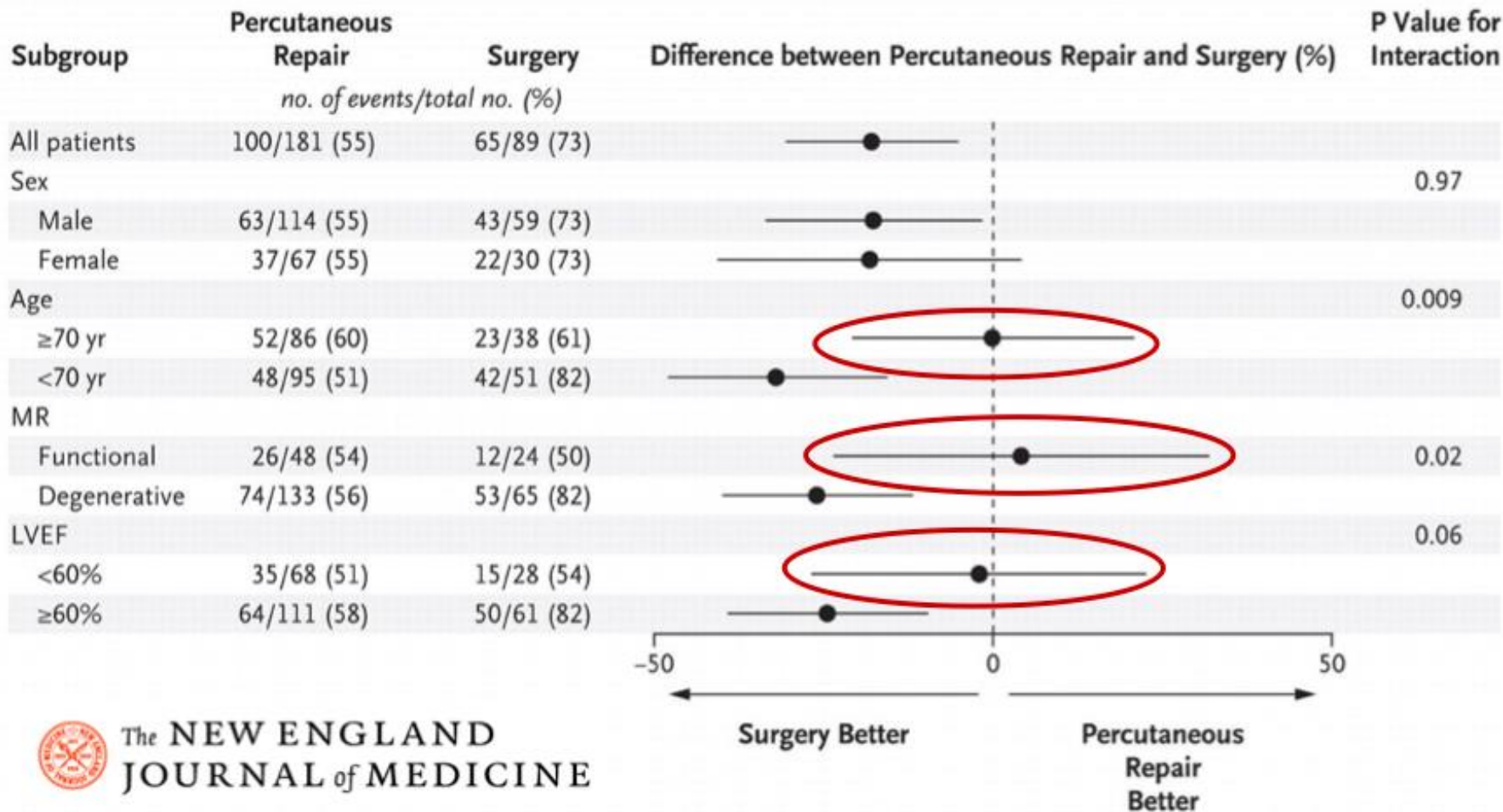
 = DMR  = FMR

Data on file Abbott Vascular, March 2014,

Source: Schillinger, W. ACCESS-EUROPE Phase I: A Post Market Study of the MitraClip System for the Treatment of Significant Mitral Regurgitation in Europe: Analysis of Outcomes at 1 Year. ESC 2012; August 25-29, 2012; Munich, Germany.

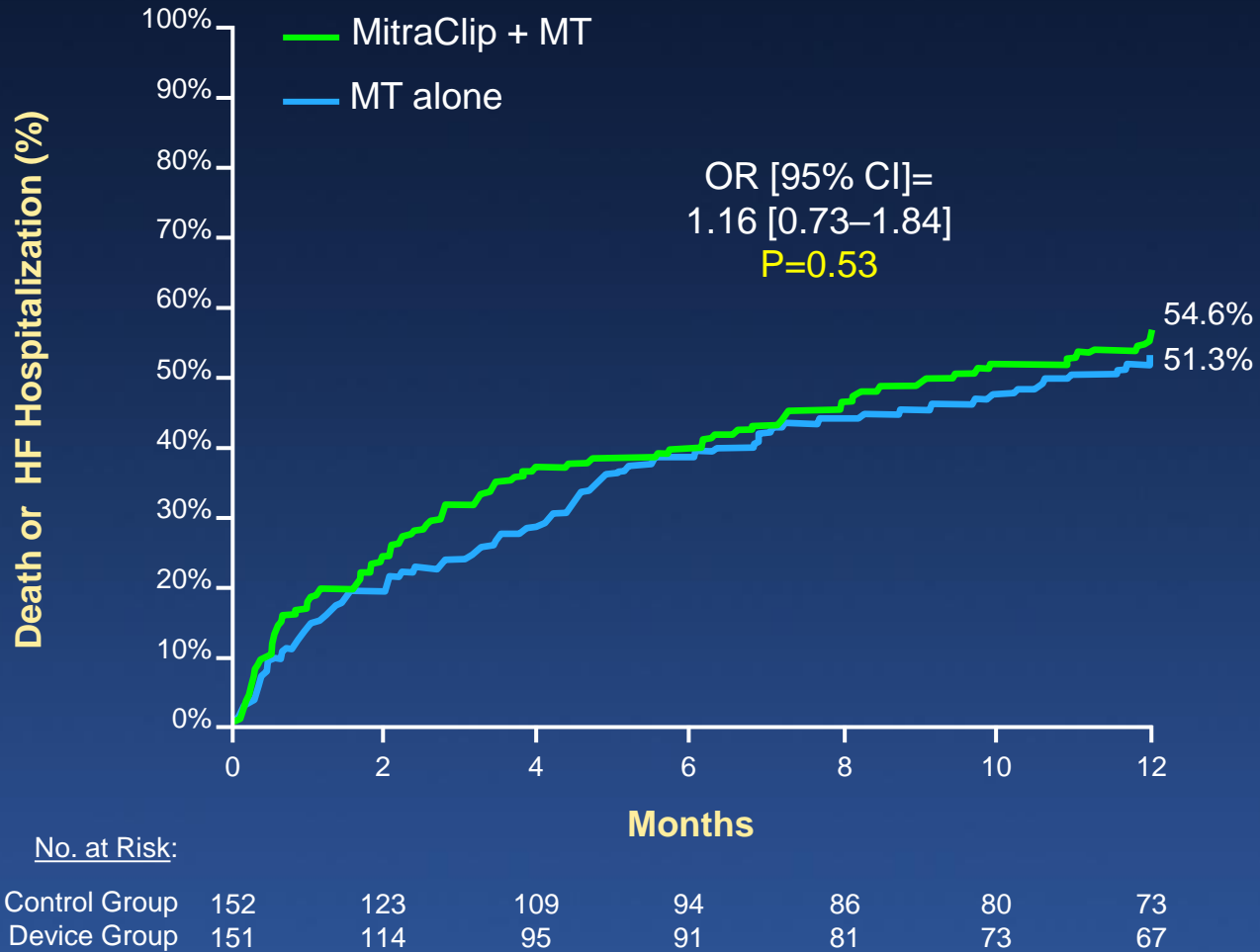
Lim, S. The EVEREST II High Surgical Risk Cohort: Effectiveness of Transcatheter Reduction of Significant Mitral Regurgitation in High Surgical Risk Patients. ACC 2013; San Francisco, CA

EVEREST II Subgroup Analyses for the Primary End Point at 12 Months



The NEW ENGLAND JOURNAL of MEDICINE

MITRA-FR: 12-Month Death or HF Hosp



MITRA-FR: Periprocedural Complications

Table 2. Periprocedural Complications and Prespecified Serious Adverse Events (Intention-to-Treat Population).*

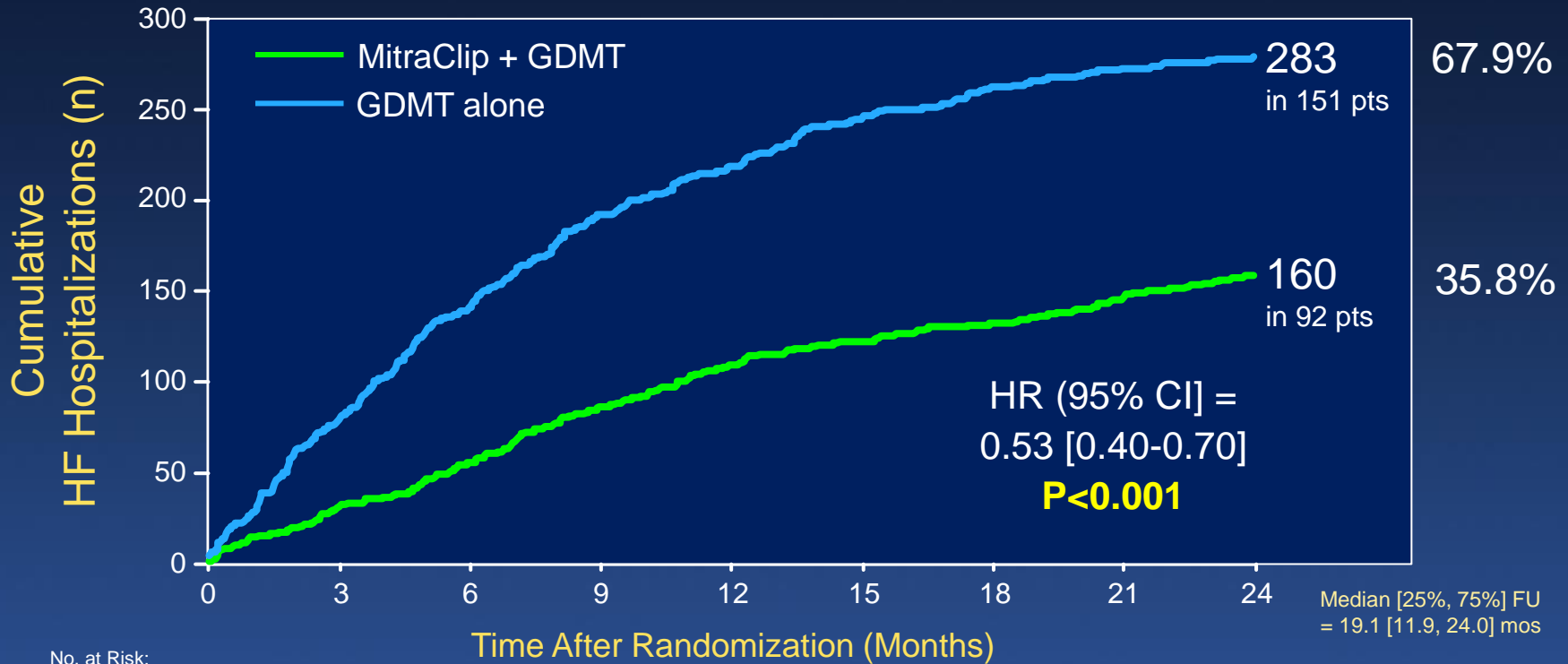
Variable	Intervention Group (N= 152)	Control Group (N= 152)
Periprocedural complications during device implantation — no./total no. (%)†	21/144 (14.6)	NA
Device-implantation failure	6/144 (4.2)‡	NA
Hemorrhage resulting in transfusion or vascular complication resulting in surgical intervention	5/144 (3.5)	NA
Atrial septum lesion or atrial septal defect	4/144 (2.8)	NA
Cardiogenic shock resulting in intravenous inotropic support	4/144 (2.8)	NA
Cardiac embolism, including gas embolism and stroke	2/144 (1.4)	NA
Tamponade	2/144 (1.4)	NA
Urgent conversion to heart surgery	0	NA

The COAPT Trial



Primary Effectiveness Endpoint

All Hospitalizations for HF within 24 months



No. at Risk:

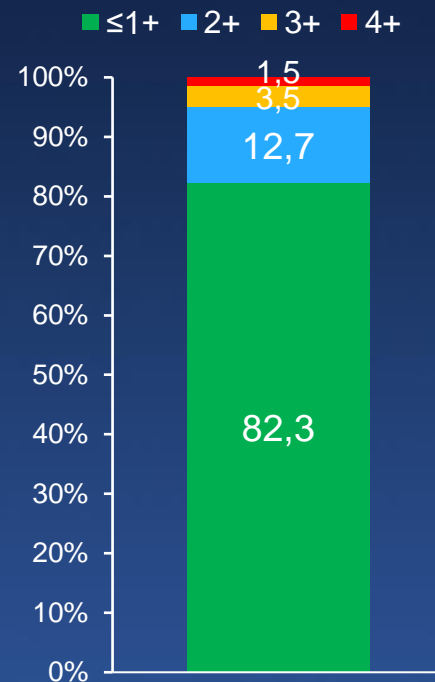
MitraClip	302	286	269	253	236	191	178	161	124
GDMT	312	294	271	245	219	176	145	121	88

MitraClip Procedure (n=302)

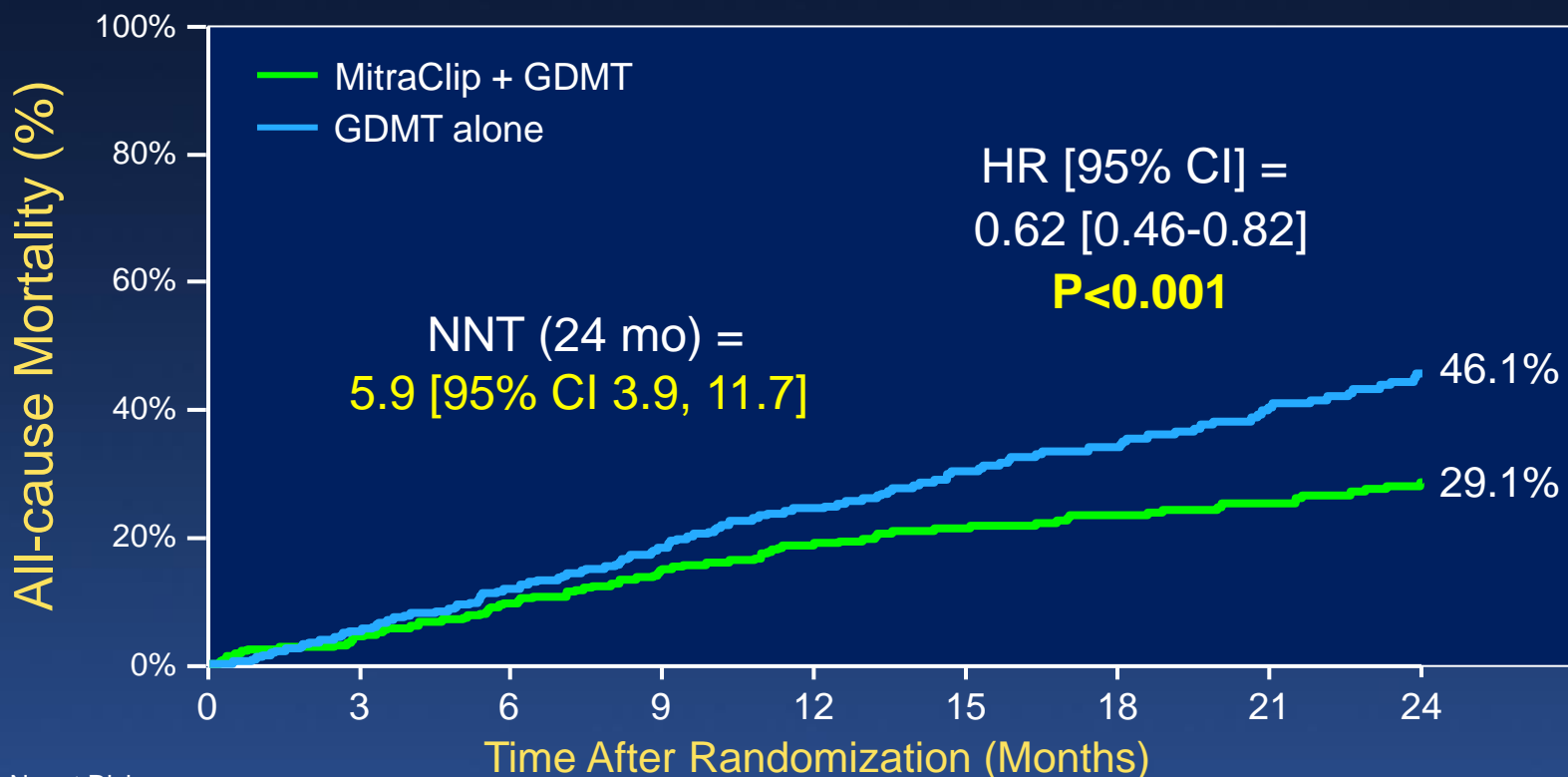
MitraClip procedure attempted	293/302 (97.0%)
Clip implanted (MitraClip procedure attempted)	287/293 (98.0%)
Clip implanted (all patients)	287/302 (95.0%)
Mean # of clips implanted	1.7 ± 0.7 (n=293)
- 0 clips implanted	6 (2.0%)
- 1 clip implanted	106 (36.2%)
- 2 clips implanted	157 (53.6%)
- 3 clips implanted	23 (7.9%)
- 4 clips implanted	1 (0.3%)
Procedure duration (mins)	162.9 ± 118.1
- Device procedure time (mins)	118.9 ± 63.5
- Device time (mins)	82.7 ± 80.8
- Fluoroscopy time (mins)	33.9 ± 23.2

TTE at discharge (n=260)

MR grade

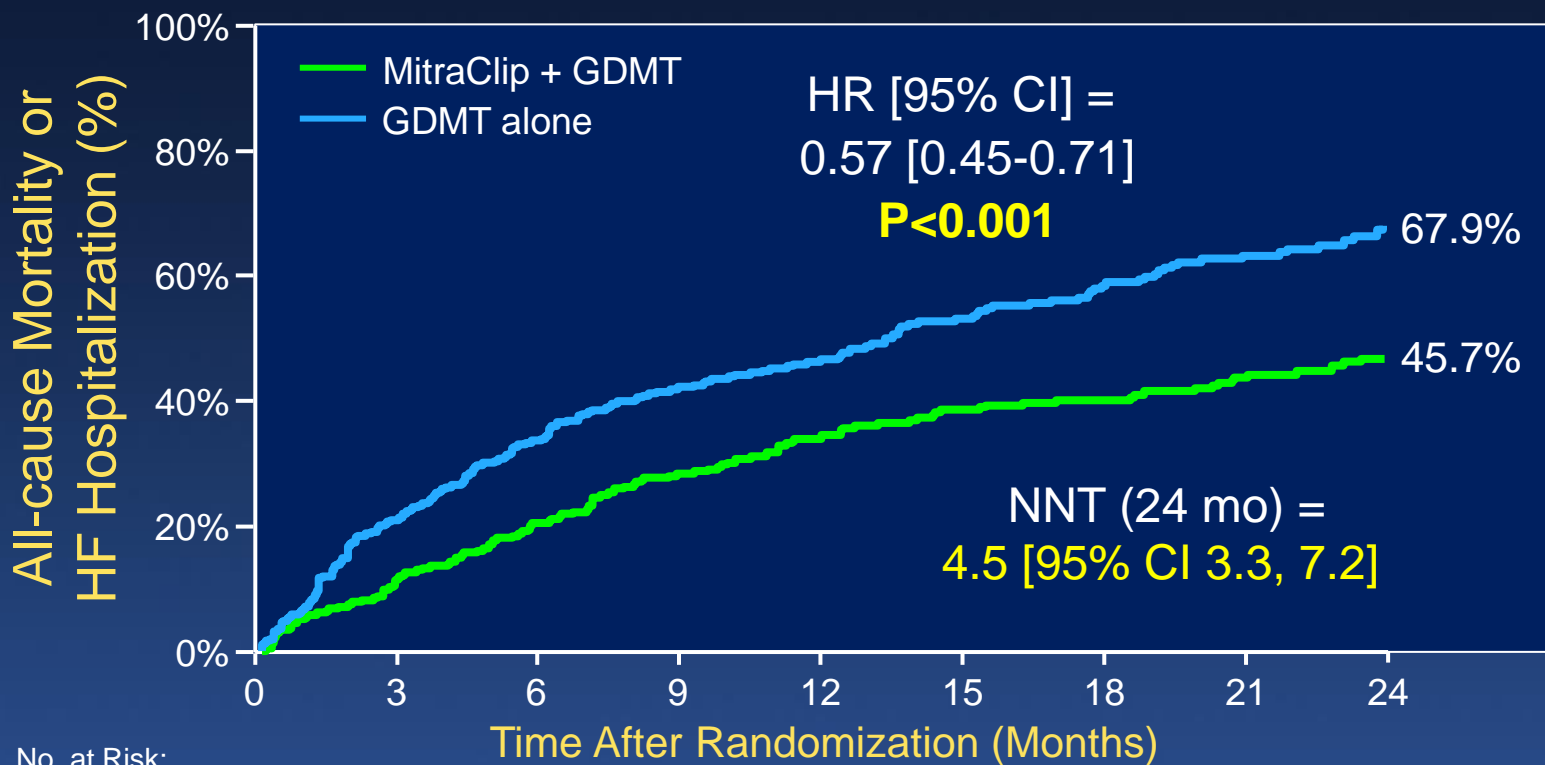


All-cause Mortality



No. at Risk:		0	3	6	9	12	15	18	21	24
MitraClip + GDMT	302	286	269	253	236	191	178	161	124	
GDMT alone	312	294	271	245	219	176	145	121	88	

Death or HF Hospitalization



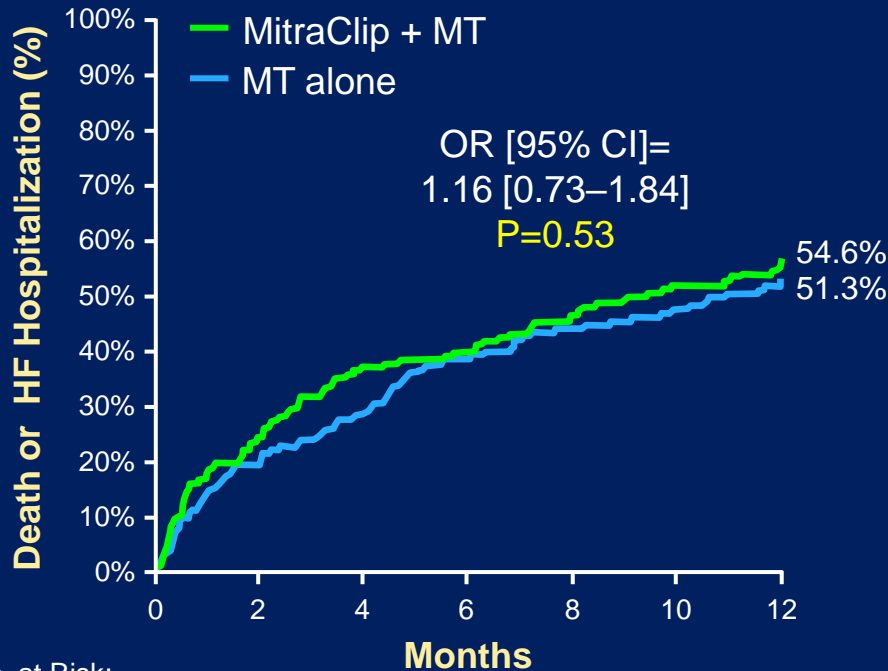
No. at Risk:

MitraClip + GDMT	302	264	238	215	194	154	145	126	97
GDMT alone	312	244	205	174	153	117	90	75	55

COAPT vs. MITRA-FR: 12-Month Death or HF Hosp

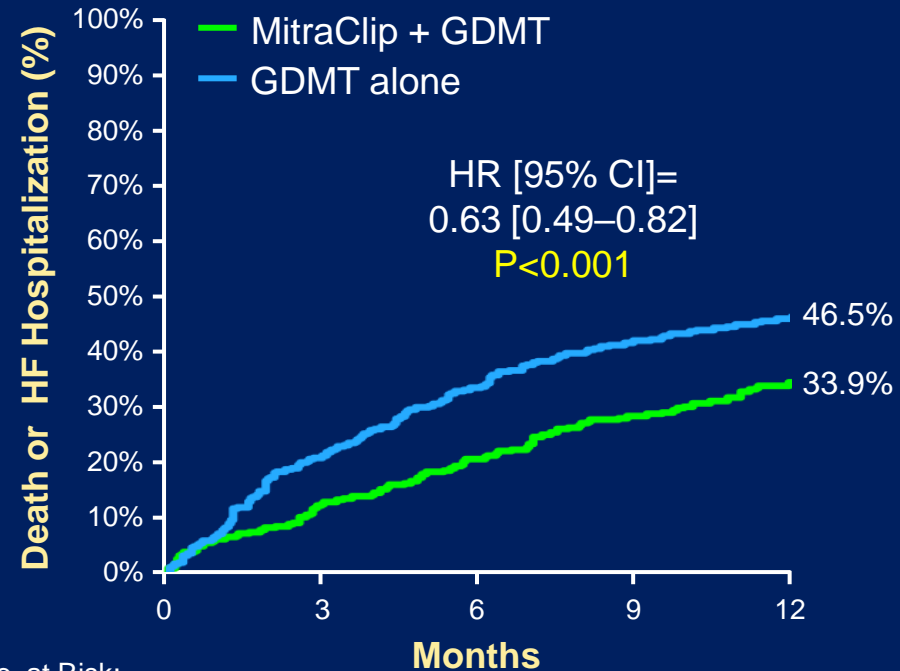
MITRA-FR

COAPT



No. at Risk:

Control Group	152	123	109	94	86	80	73
Device Group	151	114	95	91	81	73	67



No. at Risk:

Control Group	312	244	205	174	153
Device Group	302	264	238	215	194

Why are the COAPT Results so Different from MITRA-FR?

Possible Reasons

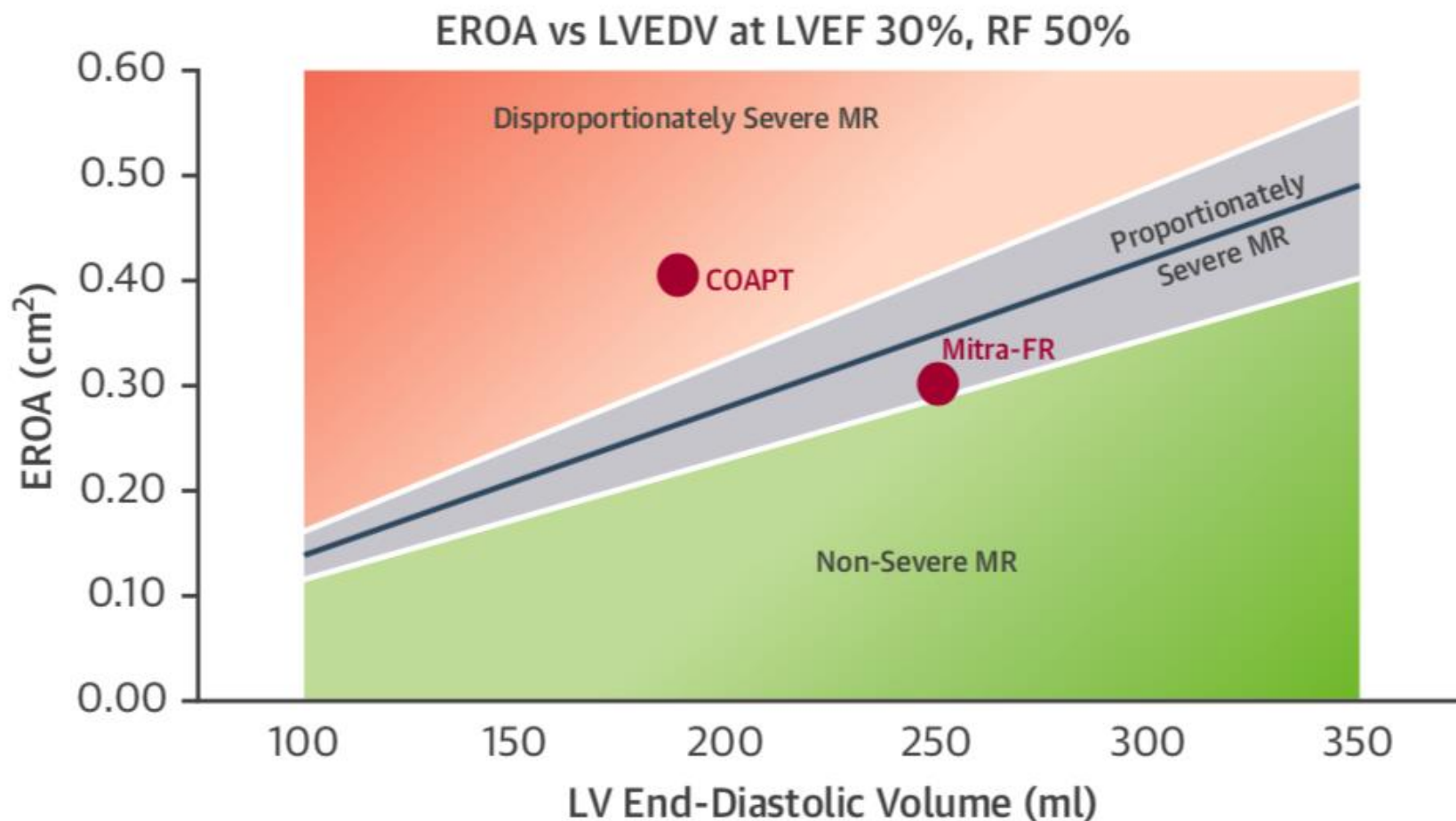
	MITRA-FR (n=304)	COAPT (n=614)
Severe MR entry criteria	Severe FMR by EU guidelines: EROA >20 mm ² or RV >30 mL/beat	Severe FMR by US guidelines: EROA >30 mm ² or RV >45 mL/beat
EROA (mean ± SD)	31 ± 10 mm ²	41 ± 15 mm ²
LVEDV (mean ± SD)	135 ± 35 mL/m ²	101 ± 34 mL/m ²
GDMT at baseline and FU	Receiving HF meds at baseline – allowed variable adjustment in each group during follow-up per “real-world” practice	CEC confirmed pts were failing maximally-tolerated GDMT at baseline – few major changes during follow-up
Acute results: No clip / ≥3+ MR	9% / 9%	5% / 5%
Procedural complications*	14.6%	8.5%
12-mo MitraClip ≥3+ MR	17%	5%

*MITRA-FR defn: device implant failure, transf or vasc compl req surg, ASD, card shock, cardiac embolism/stroke, tamponade, urg card surg

Proportionate and Disproportionate Functional Mitral Regurgitation

A New Conceptual Framework That Reconciles the Results of the MITRA-FR and COAPT Trials

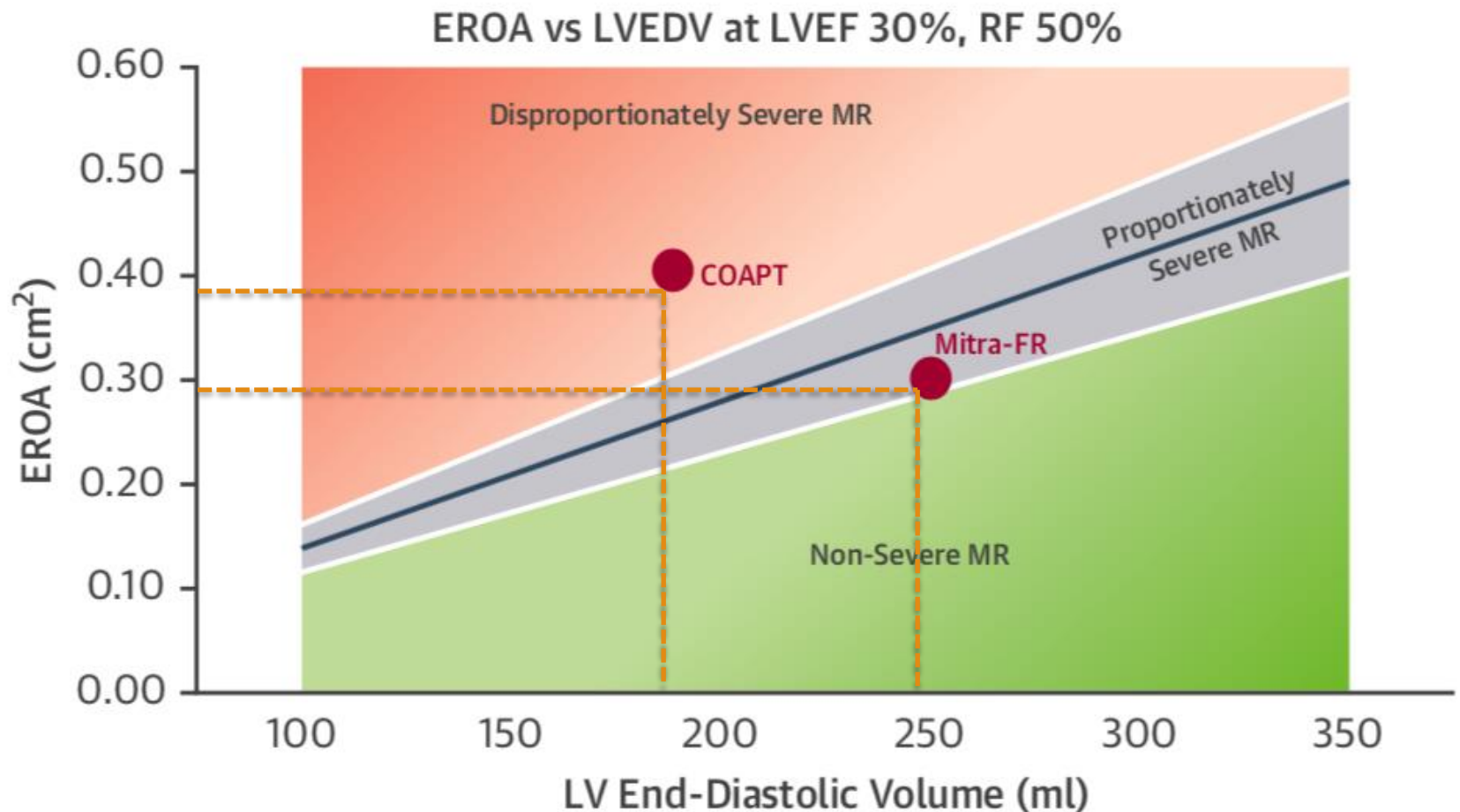
Paul A. Grayburn, MD, Anna Sannino, MD, Milton Packer, MD



Relationship Between EROA and LVEDV

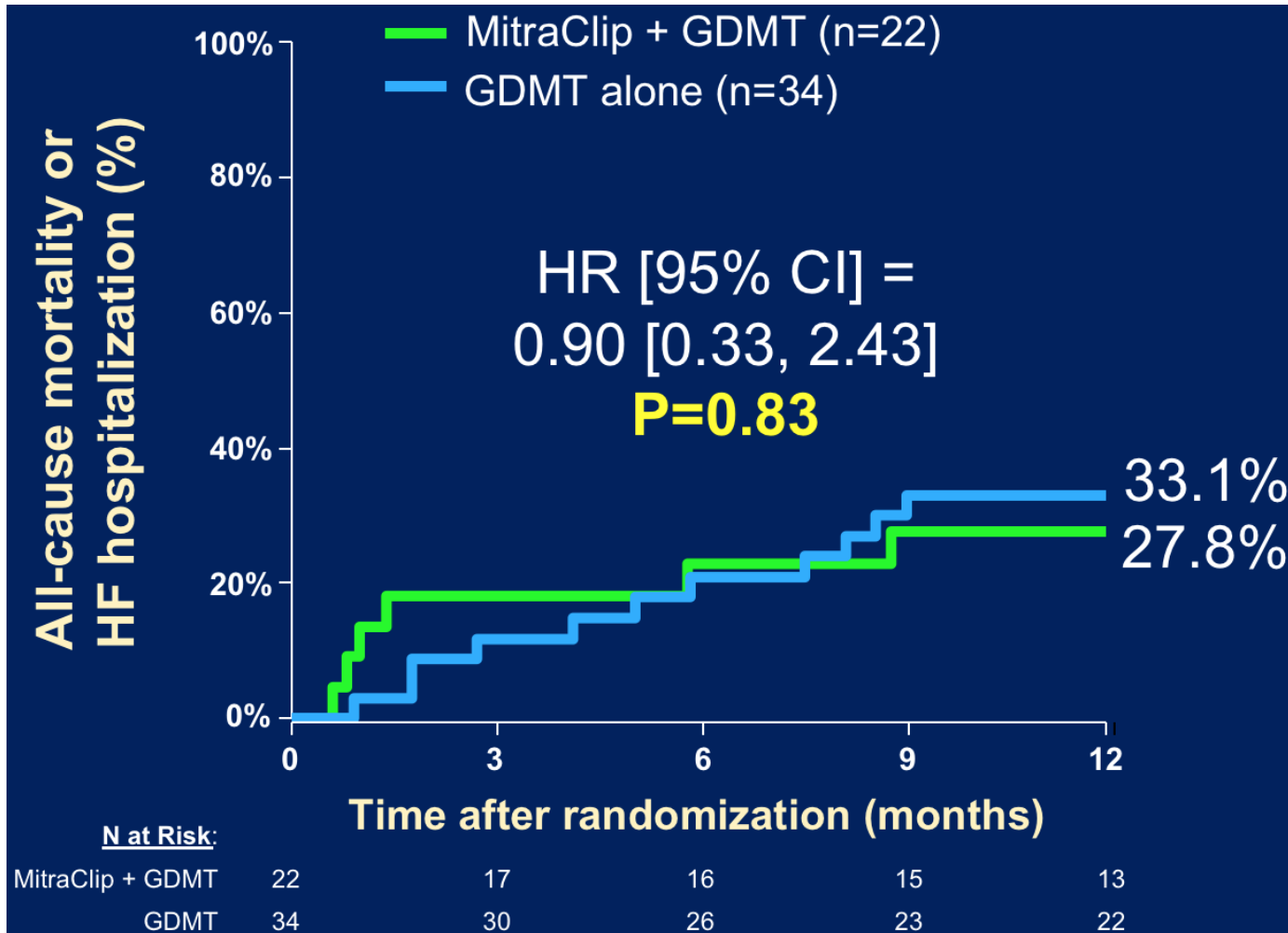
MITRA-FR: 52% pts EROA <0.3 cm², 70% pts LVEDV >65 mm

COAPT: 14% pts EROA <0.3 cm², LVEDV >70 mm not eligible

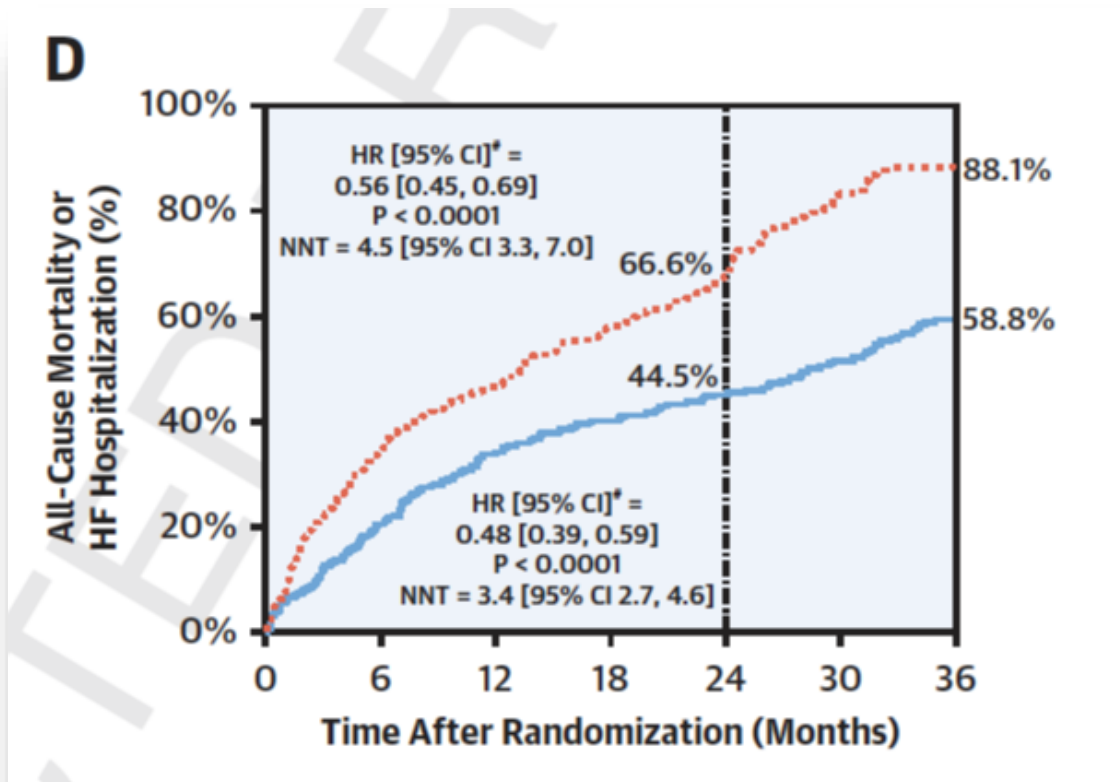


COAPT Trial subgroup analysis: Impact of EROA and LVEDV

EROA ≤ 30 mm² + LVEDVI > 96 ml/m² (N=56; 10.2%)



COAPT @ 3 years



Mack, JACC 2021

The 4th Generation of MitraClip

MitraClip G4 Overview:

4 Clip Options

- Two additional Clip sizes G4 NTW and XTW (wider versions of NT and XT) with total of four Clip sizes (NT, XT, NTW and XTW)
- Ability to choose Clip size based on patient MV anatomy

Controlled Gripper Actuation (CGA)

- More options to confirm and optimize leaflet capture with ability to grasp the leaflets independently or simultaneously

Simplified Procedural Steps*

- 40% reduction in system preparation steps
- Streamlined deployment sequence

Delivery System Specifically Designed for MV

- Controlled and precise steering

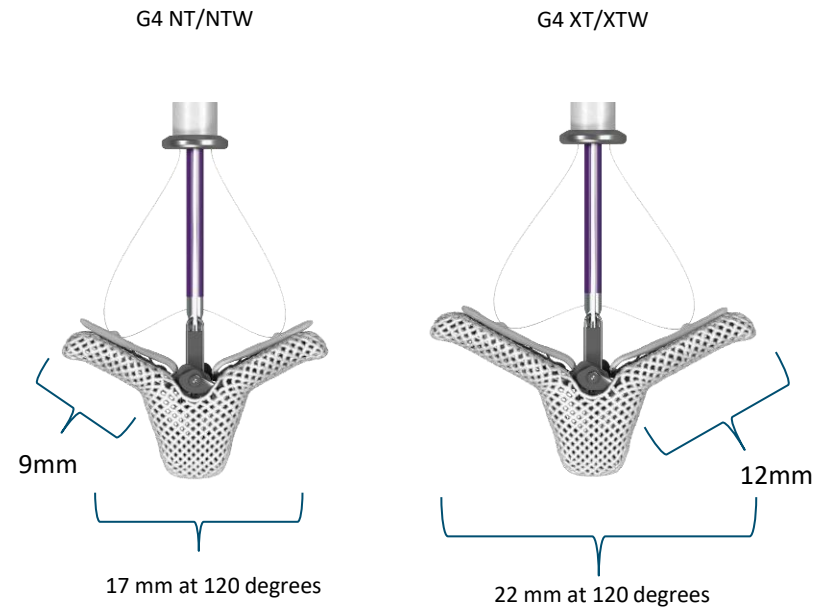
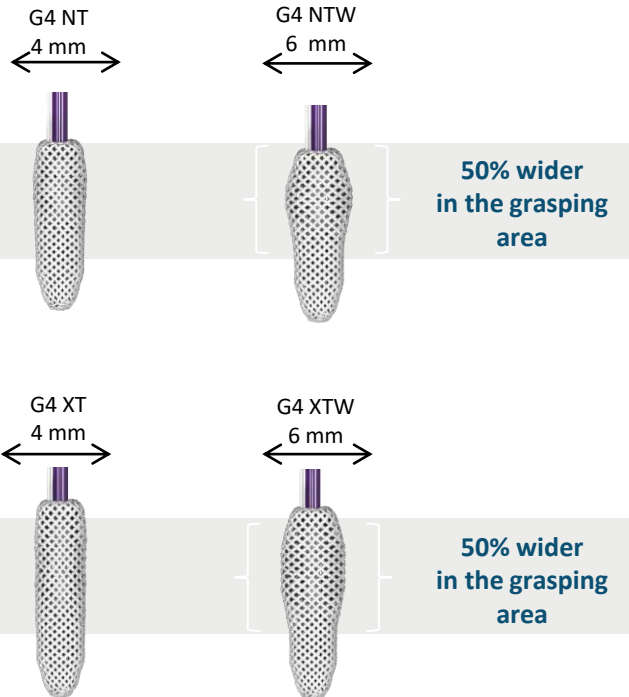
Left Atrial Pressure (LAP) monitoring

- Facilitated assessment of MR reduction

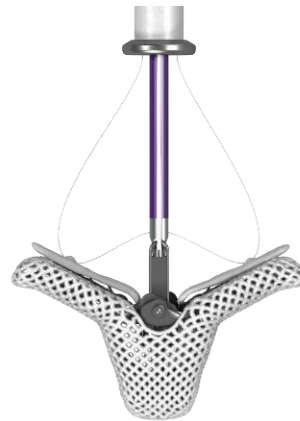


*MitraClip G4 Instructions for Use.

MitraClip G4: Expanded Clip Size to Tailor MV Repair



MitraClip G4: Controlled Gripper Actuation to Confirm and Optimize Leaflet Grasping



Choose MitraClip G4 Clip Sizes Based on Each Patient MV Anatomy

Key Anatomical Consideration to evaluate to ensure adequate MR reduction, clip stability, preservation of MV area:

1. Length of Leaflet
2. Width of the Jet
3. Mitral Valve Area

	Anatomical Considerations		Favors G4 NTW	Favors G4 NT	Favors G4 XTW	Favors G4 XT
1. Leaflet insertion	Length of mobile leaflet in grasping zone?	Leaflet Length < 9 mm	+	+		
		Leaflet Length \geq 9 mm			+	+
2. Jet Width	Width of jet?	Broad jet	+		+	
3. MVA	Area of valve?	Smaller Valve		+		
		Larger Valve	+		+	+

EXPAND G4 Study Procedural Outcome



	EXPAND G4 (N=101)	EXPAND¹ (N=1040)	TVT Registry² (N=2,952)	ACCESS- EU³ (N=567)
Implant Rate % (n/N) [95% Confidence Interval]	99.0% (100/101) [94.6%, 100.0%]	98.9% (1030/1041) [98.12%, 99.5%]	NA	99.6%
Acute Procedural Success (APS)* % (n/N) [95% Confidence Interval]	99.0% (99/100) [94.6%, 100.0%] (ECL)	95.9% (983/1026) [94.4%, 97.0%] (ECL)	91.8% (2,709/2,952) Site-Reported	91% [514/565] Site-Reported
Device Time (min) Median [Inter-Quartile Range]	39.0 [24.0-63.0]	46.0 [30.0-71.0]	NA	NA
Fluoroscopy Time (min) Median [Inter-Quartile Range]	16.2 [11.1 – 22.1]	17.2 [11.1 – 27.0]	NA	25.0 (0.0, 152)
Procedure Time (min) Median [Inter-Quartile Range]	80.0 [57.0-109.0]	80.0 [54.0-115.0]	NA	100.0 (15, 390)
Length of Stay in Hospital for Index Procedure, Mean±SD	3.3±4.2	3.2±4.2 (US only)	NA	7.7±8.2

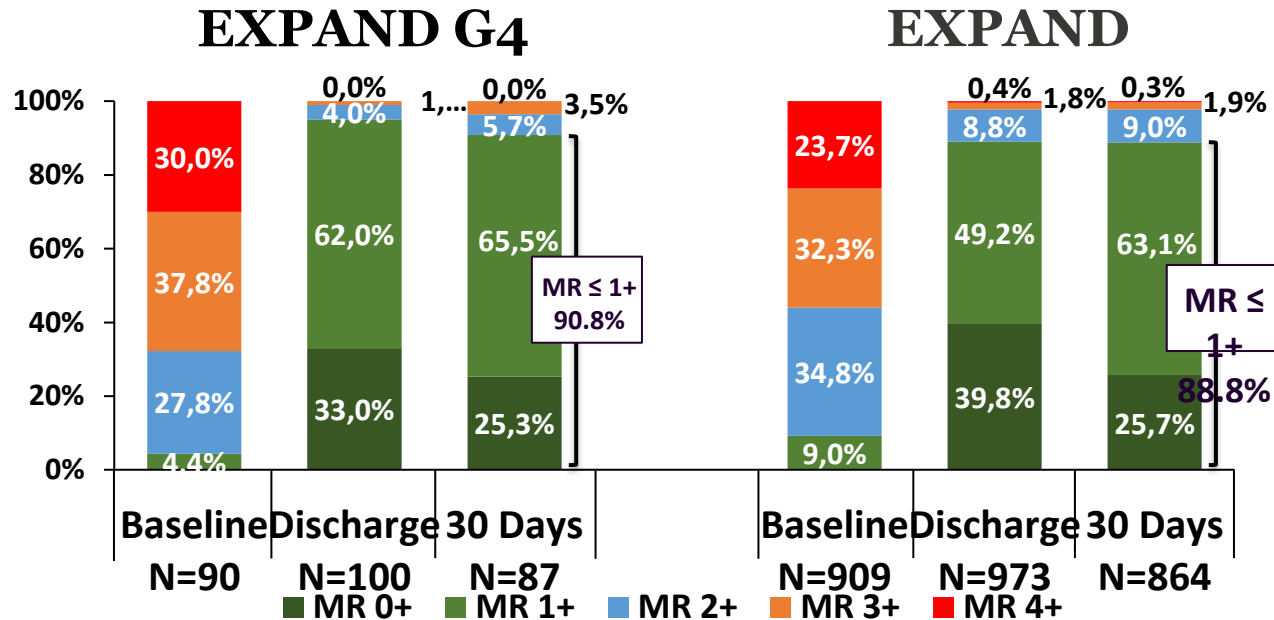
*APS defined as successful implantation of the MitraClip® device with resulting MR severity of 2+ or less on discharge Echocardiogram (30-day echocardiogram is used if discharge is unavailable or uninterpretable). Subjects who die or undergo mitral valve surgery before discharge are considered to be an APS failure

¹Rottbauer et al. Primary Outcomes. EuroPCR 2020

²Sorajja et al. J Am Coll Cardiol 2017;70:2315–27

³Maisano et al. J Am Coll Cardiol 2013;62:1052–61

EXPAND G4 ECL Adjudicated MR Severity

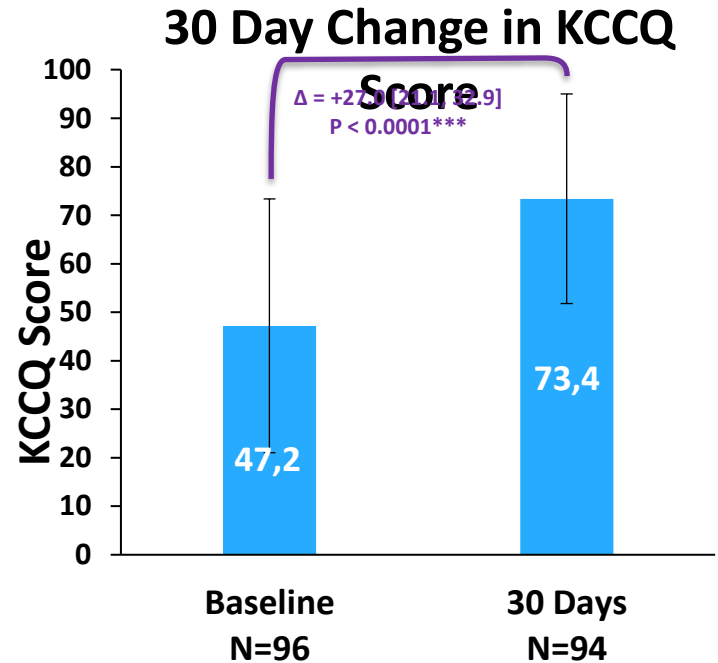
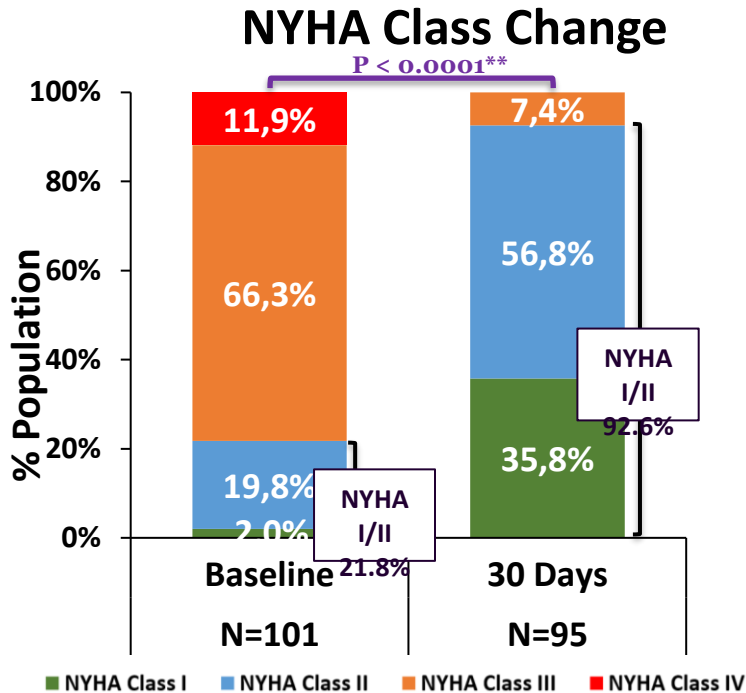


MR Reduction to ≤ mild at 30 days achieved in 90.8% of subjects; 96.5% had MR reduction to ≤ moderate.

* Baseline MR Severity was reported as 3+/4+ for all subjects enrolled in EXPAND G4 and EXPAND per site assessment.

**ECL assessed MR severity based on ASE Guidelines (Zoghbi et al. J Am Soc Echocardiogr 2003; 16:777-802, 2017;30:303-371, 2019;32:431-475)

EXPAND G4 Improved Functional Capacity and QoL*



* Quality of Life (QoL) Improvements assessed by Kansas City Cardiomyopathy Questionnaire Overall Score (KCCQ-OS)

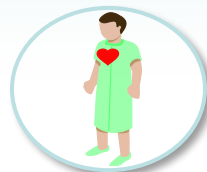
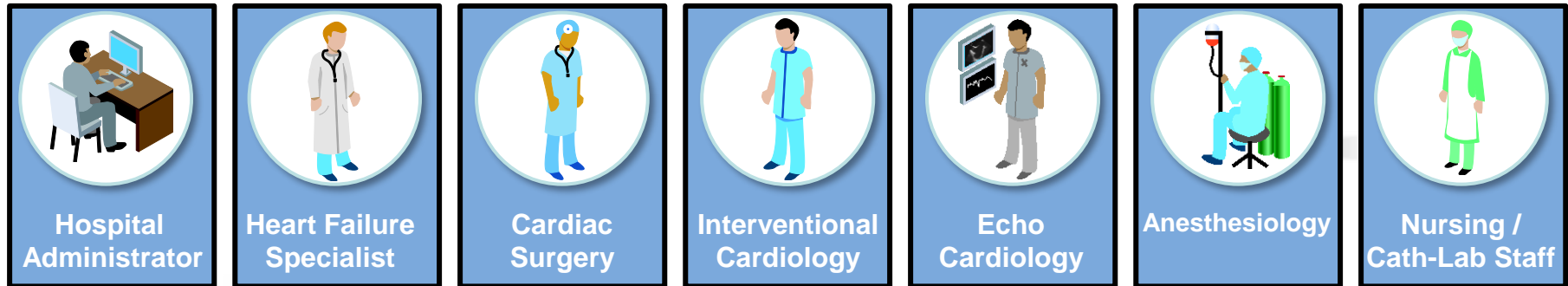
** Pairwise comparison of improvement from NYHA Class III/IV to Class I/II between Baseline and 30 days (n=95)

*** Pairwise comparison of KCCQ score between Baseline and 30 Days Year (n=90); 95% CI shown in brackets

How to improve long-term outcomes?

- **Patients selection: clinical and anatomical criteria**

Role of a multidisciplinary Heart-Team



Optimal Patient Care

Percutaneous edge-to-edge repair: in which patients?

Symptomatic moderate/severe MR DESPITE OMT/CRT + SUITABLE MORPHOLOGY

- 1. Inoperable/high surgical risk pts + No CABG planned + FE>30%**
- 2. Low likelihood of durable repair**
- 3. CRT non-responders**
- 4. End-stage heart failure/Severe LV dysfunction**
- 4. Bridge to LVAD or Transplant**

How to improve long-term outcomes?

- Patients selection: clinical and anatomical criteria
- Timing of intervention
- Device improvement

Carillon
+
MitraClip

Cardioband
+
MitraClip

MitraClip I gen



2008

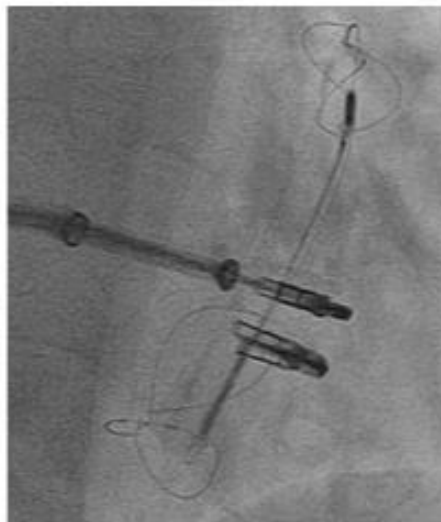
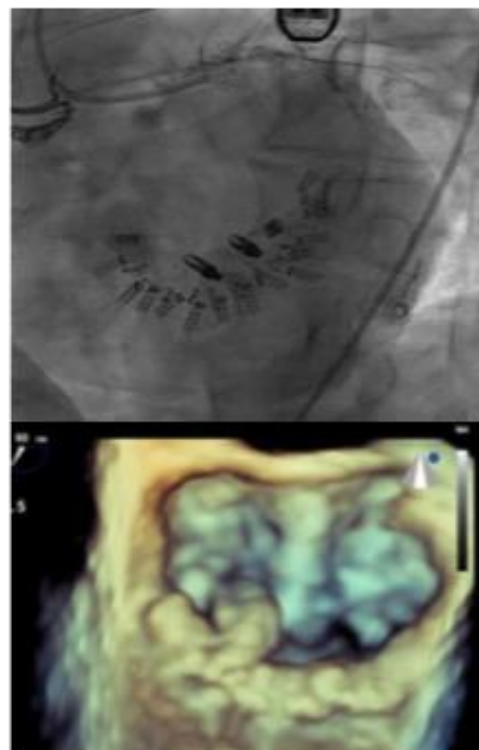


Image courtesy of R.S. von Bardeleben



• Migliore navigabilità



Latib - Agricola

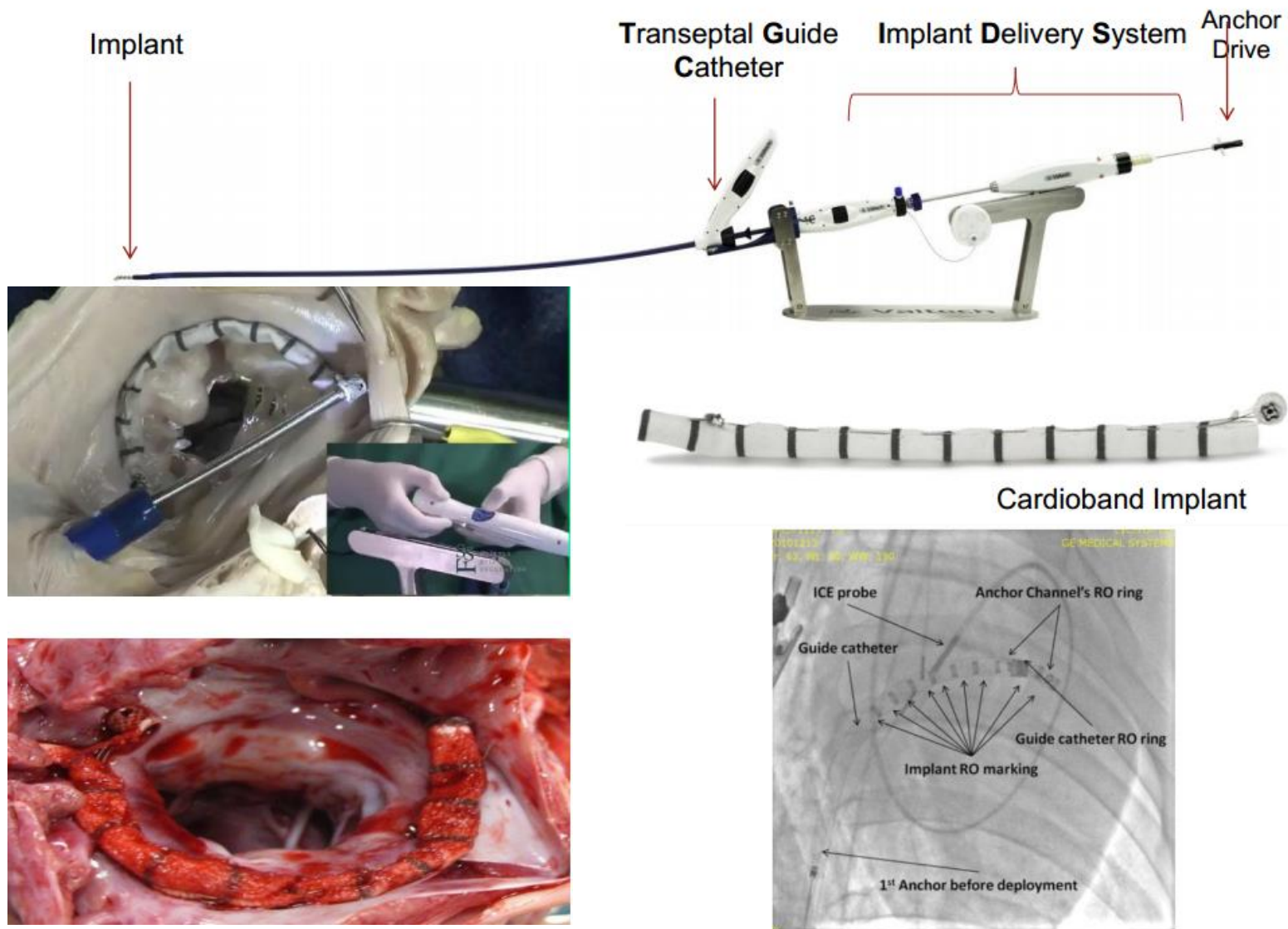
• Migliore navigabilità

ES

TriClip

2019

Percutaneous Annuloplasty Device Without Open-Heart Surgery



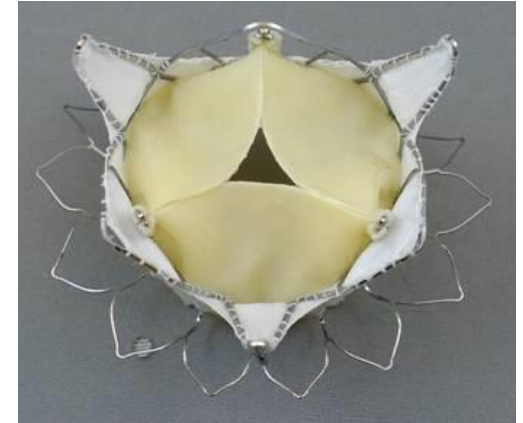
Sostituzione valvola mitrale transcaterere: dispositivi già impiantati nell' uomo



CARDIAQ



EDWARDS FORTIS



NEOVASC TIARA



TENDYNE

CONCLUSIONS

- **Severe FMR carries poorer outcomes**
- **Secondary FMR is a ventricular disease and needs different approaches than primary MR**
- **Optimal medical therapy is mandatory**
- **Surgery is indicated if concomitant disease requiring intervention**
- **In pts with HF and moderate-to-severe or severe secondary MR who remained symptomatic despite maximally-tolerated GDMT, transcatheter mitral leaflet approximation with the MitraClip was safe, provided durable reduction in MR, reduced the rate of HF hospitalizations, and improved survival, quality-of-life and functional capacity during 24-month follow-up**
- **As such, the MitraClip is the first therapy shown to improve the prognosis of patients with HF by reducing secondary MR due to LV dysfunction**
- **Patients selection is crucial**