

# HOT TOPICS IN CARDIOLOGIA 2024

**27 e 28 Novembre 2024**

Villa Doria D'Angri - Via F. Petrarca 80,  
Napoli

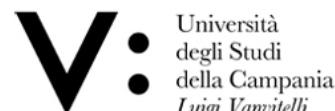
TITOLO: CARDIOMIOPATIE GENETICHE E RARE

RELATORE: GIUSEPPE LIMONGELLI

# Disclosures

Giuseppe Limongelli

Università della Campania Luigi Vanvitelli  
Ospedale Monaldi - AORN Colli  
Centro Europeo (ERN) Malattie rare del Cuore  
Centro Coordinamento Malattie Rare - Regione Campania



Università  
degli Studi  
della Campania  
*Luigi Vanvitelli*



*Pfizer, Amicus, Sanofi, Takeda, BMS, Alnylam, Chiesi RD, Novartis*

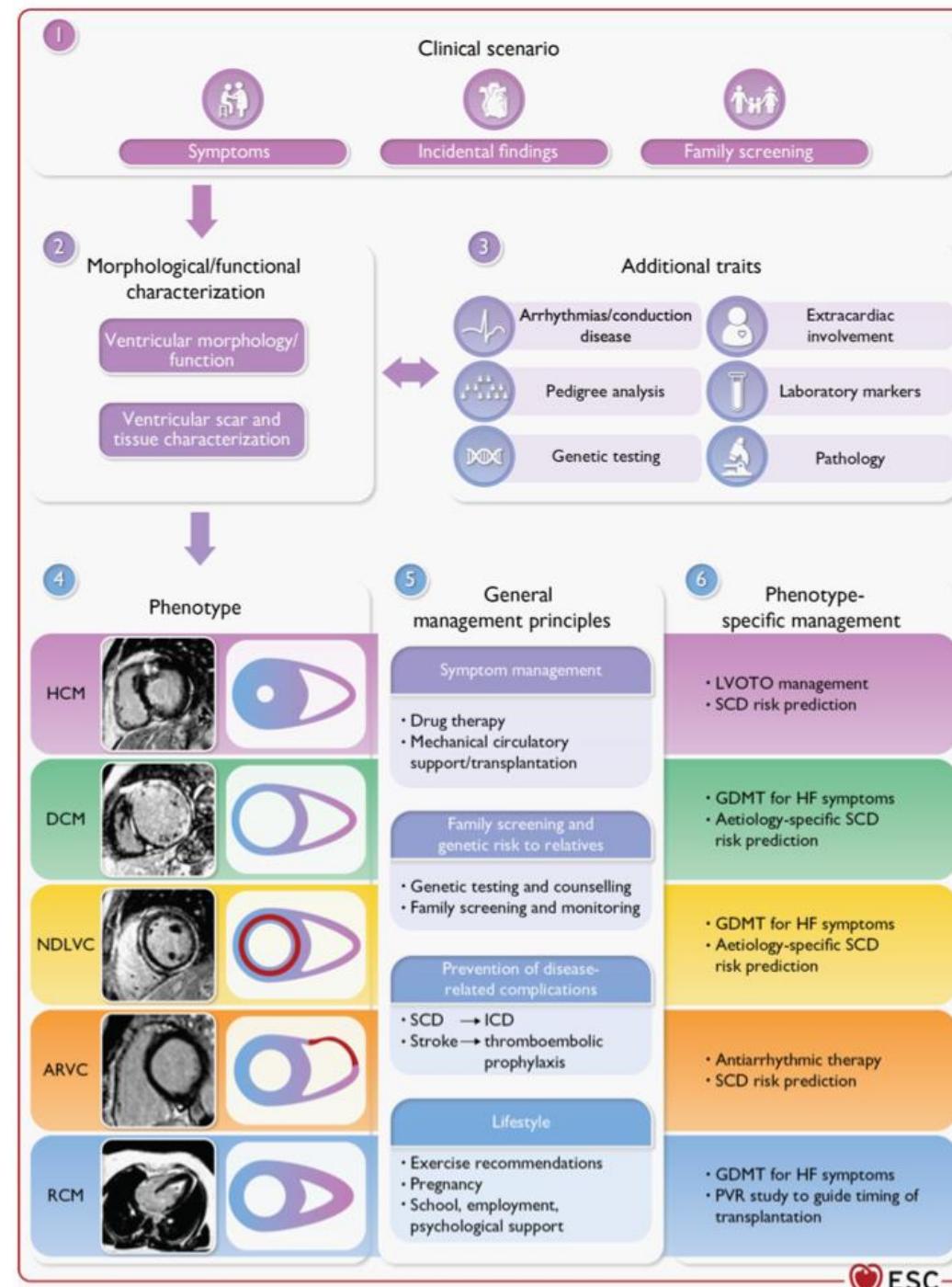
# 2023 ESC Guidelines for the management of cardiomyopathies

**Developed by the task force on the management of  
cardiomyopathies of the European Society of Cardiology (ESC)**

**Authors/Task Force Members:** Elena Arbelo  \*<sup>†</sup>, (Chairperson) (Spain),  
Alexandros Protonotarios  <sup>‡</sup>, (Task Force Co-ordinator) (United Kingdom),  
Juan R. Gimeno  <sup>‡</sup>, (Task Force Co-ordinator) (Spain), Eloisa Arbustini  (Italy),  
Roberto Barriales-Villa  (Spain), Cristina Basso  (Italy), Connie R. Bezzina  (Netherlands), Elena Biagini  (Italy), Nico A. Blom<sup>1</sup> (Netherlands),  
Rudolf A. de Boer  (Netherlands), Tim De Winter (Belgium), Perry M. Elliott  (United Kingdom), Marcus Flather  (United Kingdom), Pablo Garcia-Pavia  (Spain), Kristina H. Haugaa  (Sweden), Jodie Ingles  (Australia),  
Ruxandra Oana Jurcut  (Romania), Sabine Klaassen  (Germany),  
Giuseppe Limongelli  (Italy), Bart Loeys  <sup>2</sup> (Belgium), Jens Mogensen  (Denmark), Iacopo Olivotto  (Italy), Antonis Pantazis  (United Kingdom),  
Sanjay Sharma  (United Kingdom), J. Peter Van Tintelen  (Netherlands),  
James S. Ware  (United Kingdom), Juan Pablo Kaski  \*<sup>†</sup>, (Chairperson)  
(United Kingdom), and ESC Scientific Document Group

# First Step

## The Patient Pathway: clinical scenarios and definition of Phenotypes



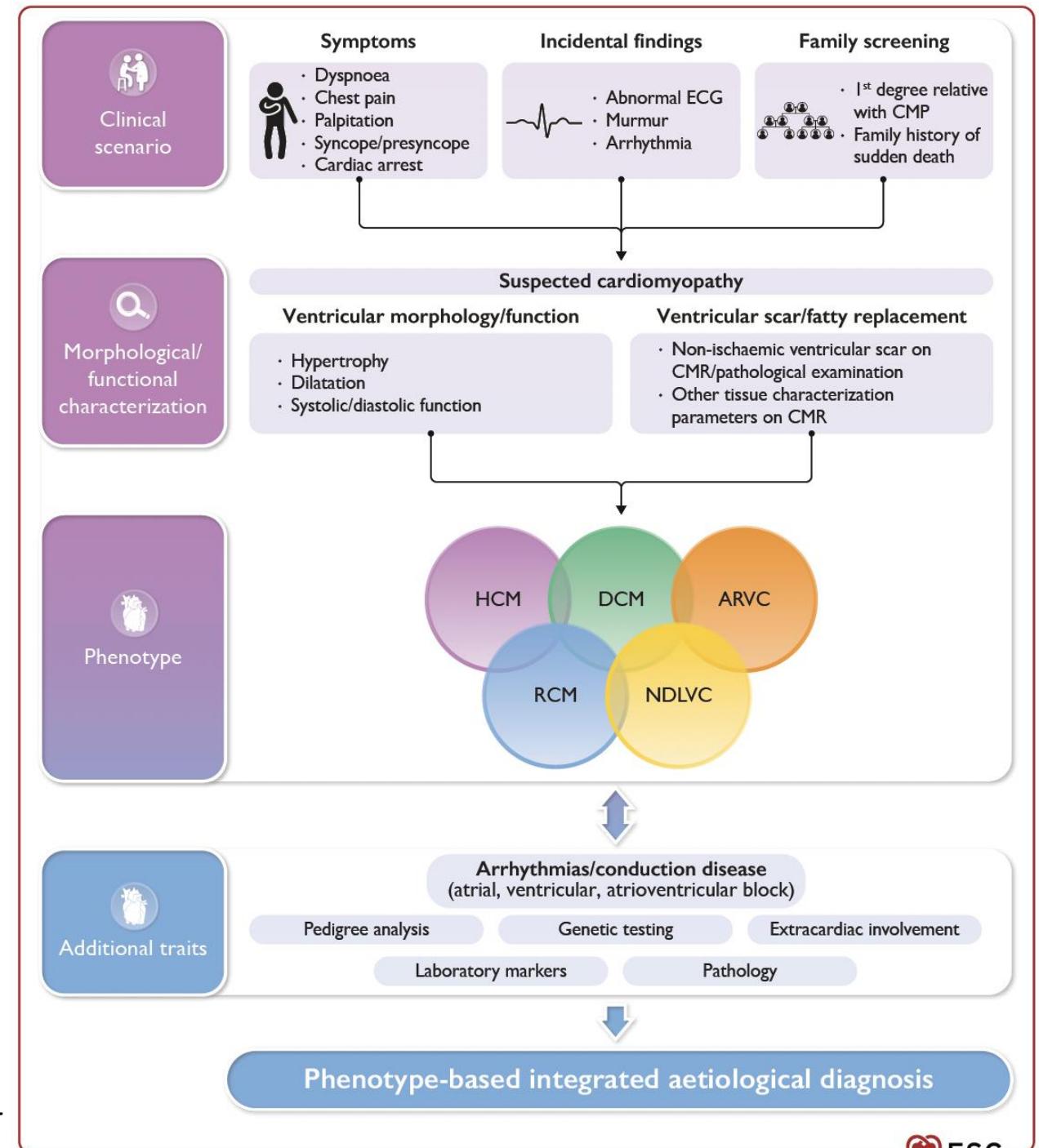
# Systematic approach to cardiomyopathies: Aetiology definition

## Second Step

*Phenotype*

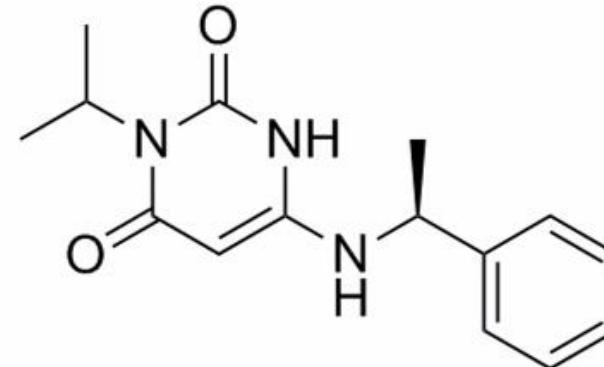
*Aetiology*

*Management*

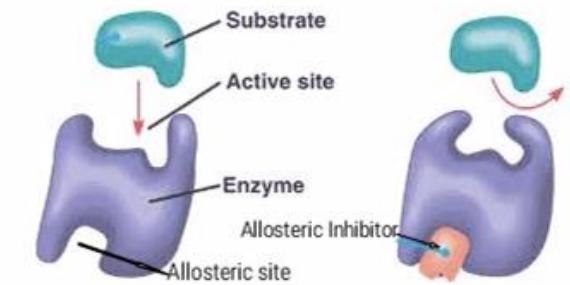


# What is MAVACAMTEN?

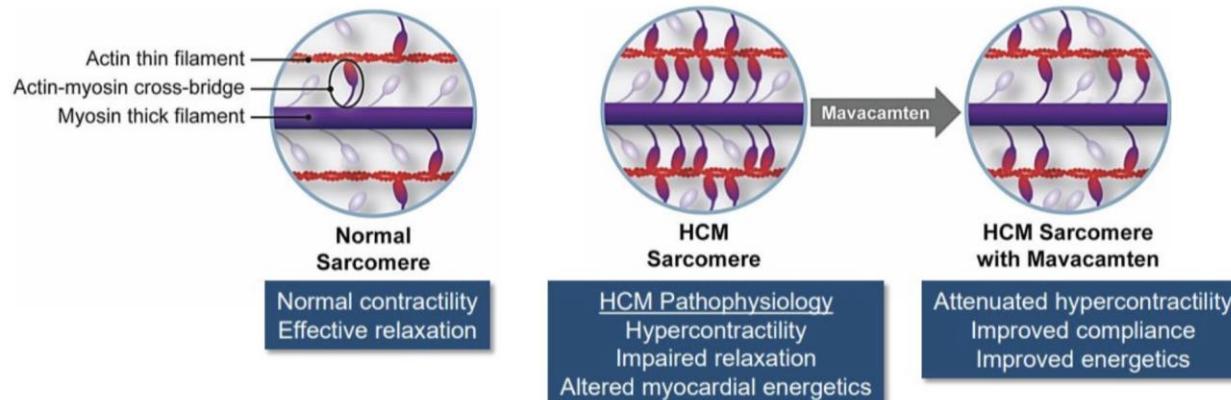
Mavacamten is a small molecule, selective allosteric inhibitor of cardiac myosin



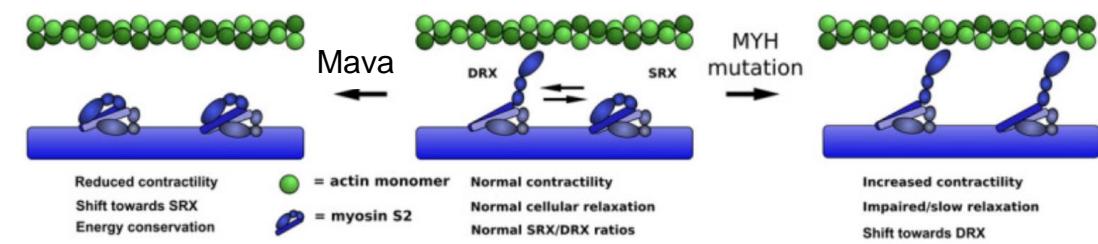
Allosteric Inhibitor of myosin ATP-ase



## Mechanism of action?



## MYH7: SRX/DRX



# From Bench to Bedside

- 
- 
- 
- 
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- 
- 
- 
- 

## Clinical studies

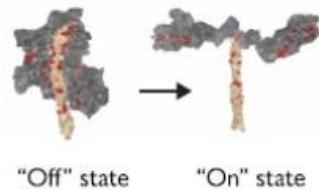
Hypercontractile LV

LVOT obstruction >>  
symptoms



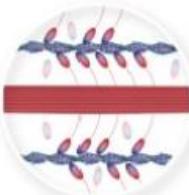
## Basic science

Gain of function  
MHY7 mutations

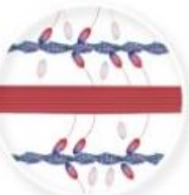


## Targeted molecular approach

### Myosin inhibitors Mavacamten



Mavacamten



HCM  
sarcomere

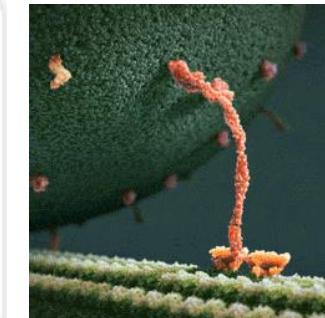
HCM sarcomere  
with allosteric  
myosin inhibition

## Pre-clinical data

↓ Contractility  
↑ Compliance  
↑ Energetics



↓ LV hypertrophy  
↓ Disarray  
↓ Myocardial fibrosis



*Can we use it in clinic?*

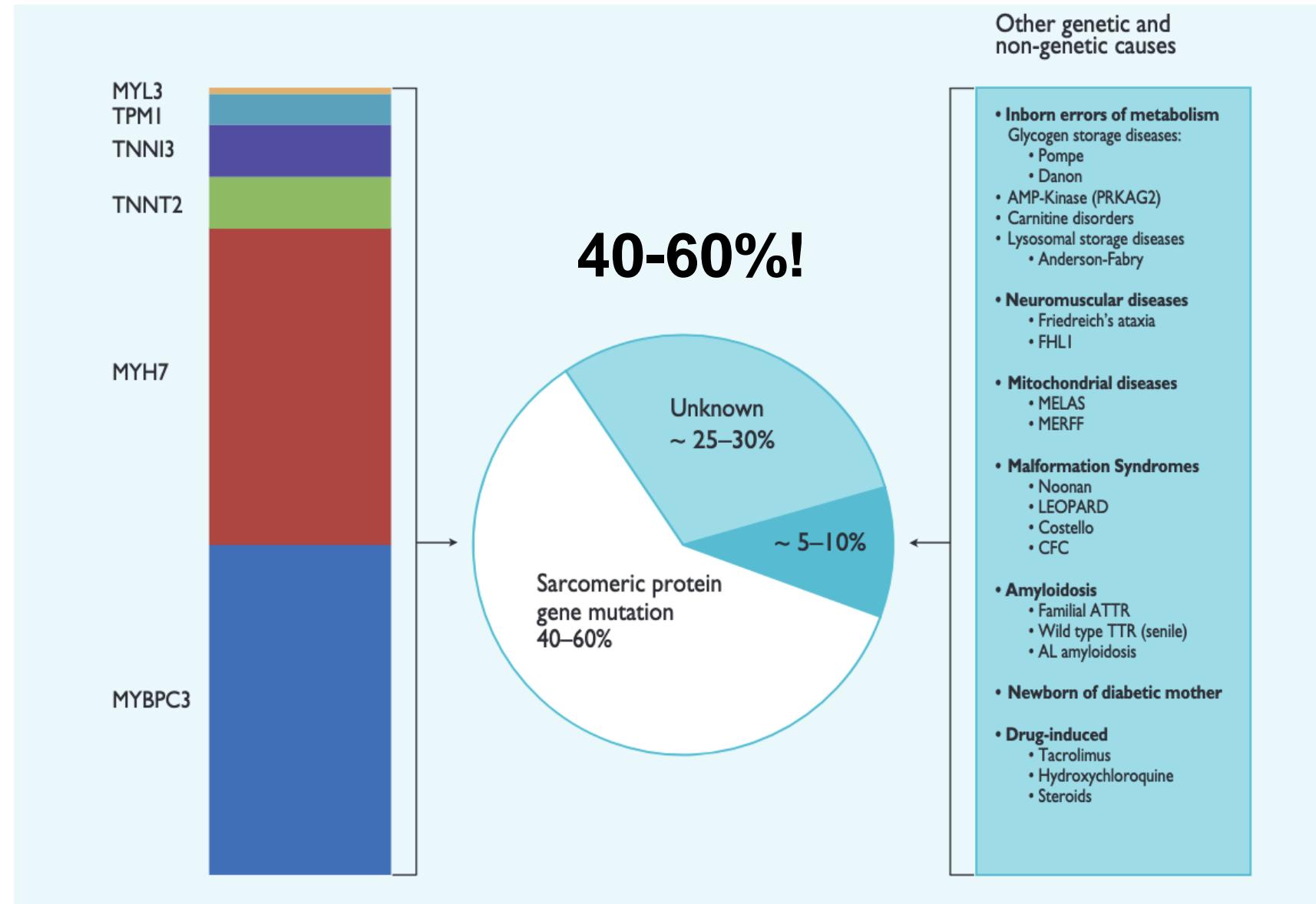
# Mavacamten: a first-in-class myosin inhibitor for obstructive hypertrophic cardiomyopathy

Eugene Braunwald  <sup>1,2\*</sup>, Sara Saberi<sup>3</sup>, Theodore P. Abraham<sup>4</sup>, Perry M. Elliott<sup>5</sup>, and Iacopo Olivotto<sup>6</sup>

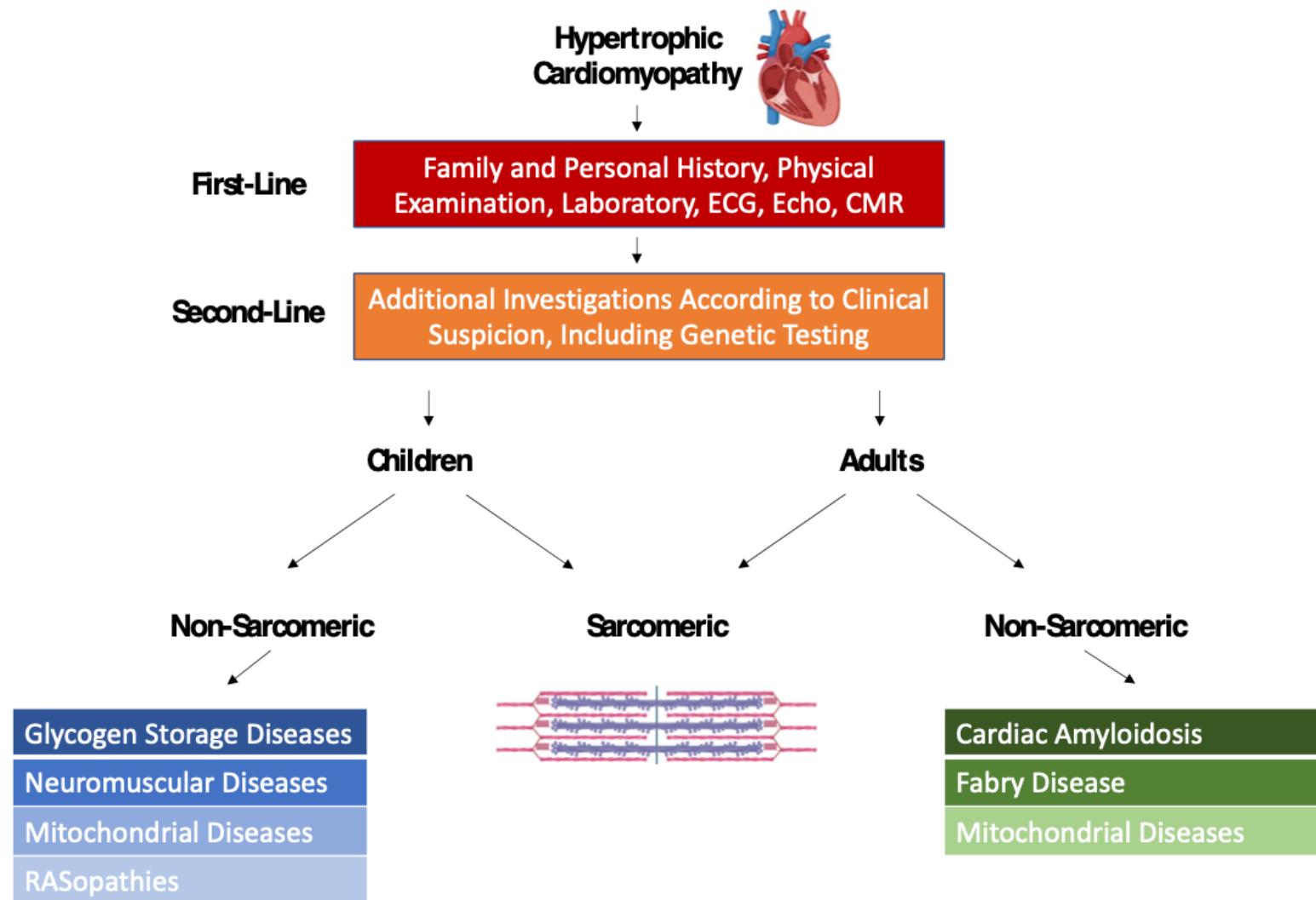
**Table 1** Mavacamten trial characteristics and outcomes

Title (reference)	PIONEER HCM <sup>41,42</sup>	EXPLORER HCM <sup>36,37</sup>	VALOR-ACH <sup>43</sup>
Design	Open-label Non-randomized	Double-blind randomized	Double-blind Randomized
N	21	251 (123 vs 128)	112 (56 vs 56)
Duration (weeks)	12	30	16
NYHA class	II/III	II/III	III/IV
Dose (mg/day)	2–20	2.5–15	2.5–15
Primary endpoint	Change in post-exercise LVOT gradient	Exercise capacity symptom burden	Continued eligibility for SRT
OUTCOMES	↓ LVOT gradients  Improved exercise capacity and ventilatory efficiency  ↓ NYHA class  ↓ NRS dyspnoea score  Improved health status	↓ LVOT gradients  Improved exercise capacity  ↓ NYHA class  ↓ NT-proBNP and hs-cTnI  Improved diastolic function	↓ eligibility for SRT  ↓ LVOT gradients  ↓ NYHA class  ↓ NT-proBNP and hs-cTnI  Improved health status

# Genetics in HCM – Aetiological Diagnosis

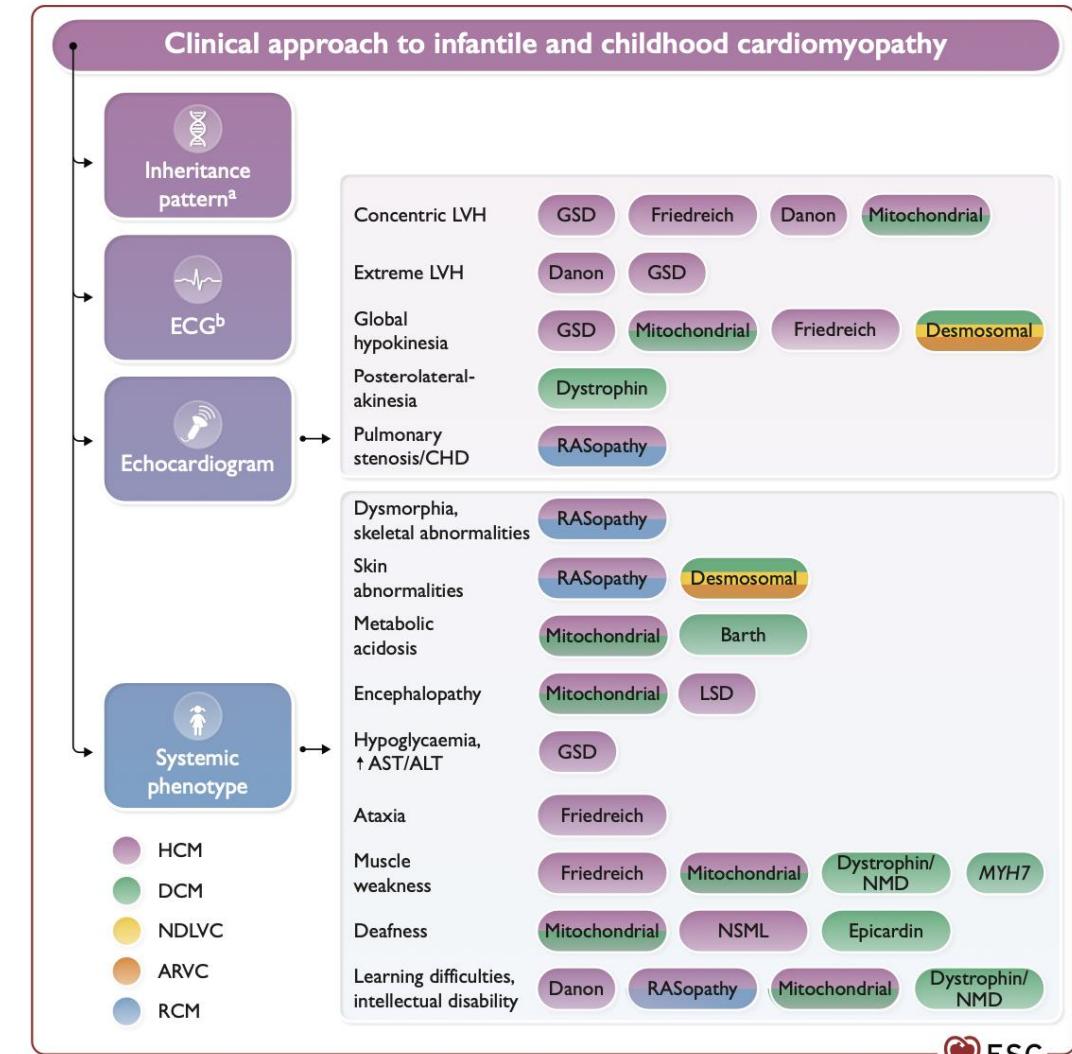
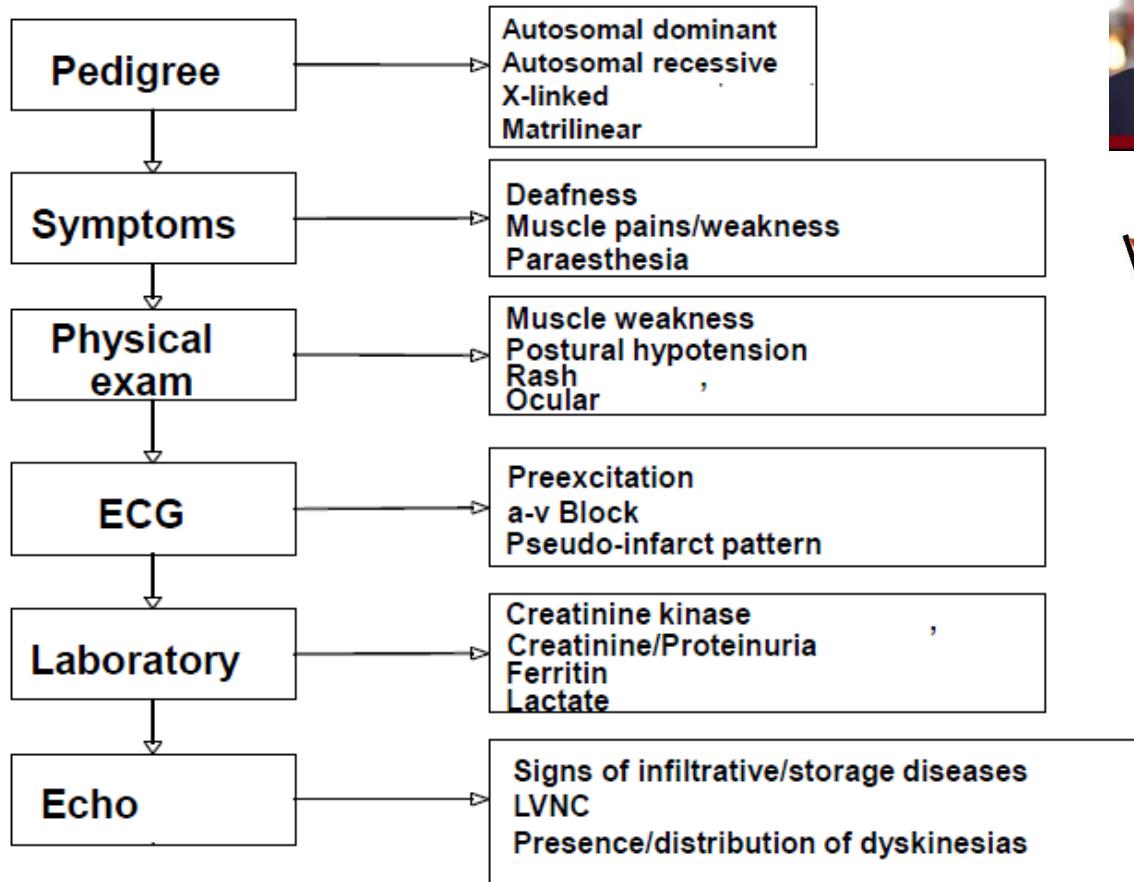


# Diagnostic Work – Phenocopies/Genocopies



# Looking for Pheno-Genocopies: CMP mindset and the RF approach!

## The red flags approach



# Third Step

## CMP mindset - Multidisciplinary Approach

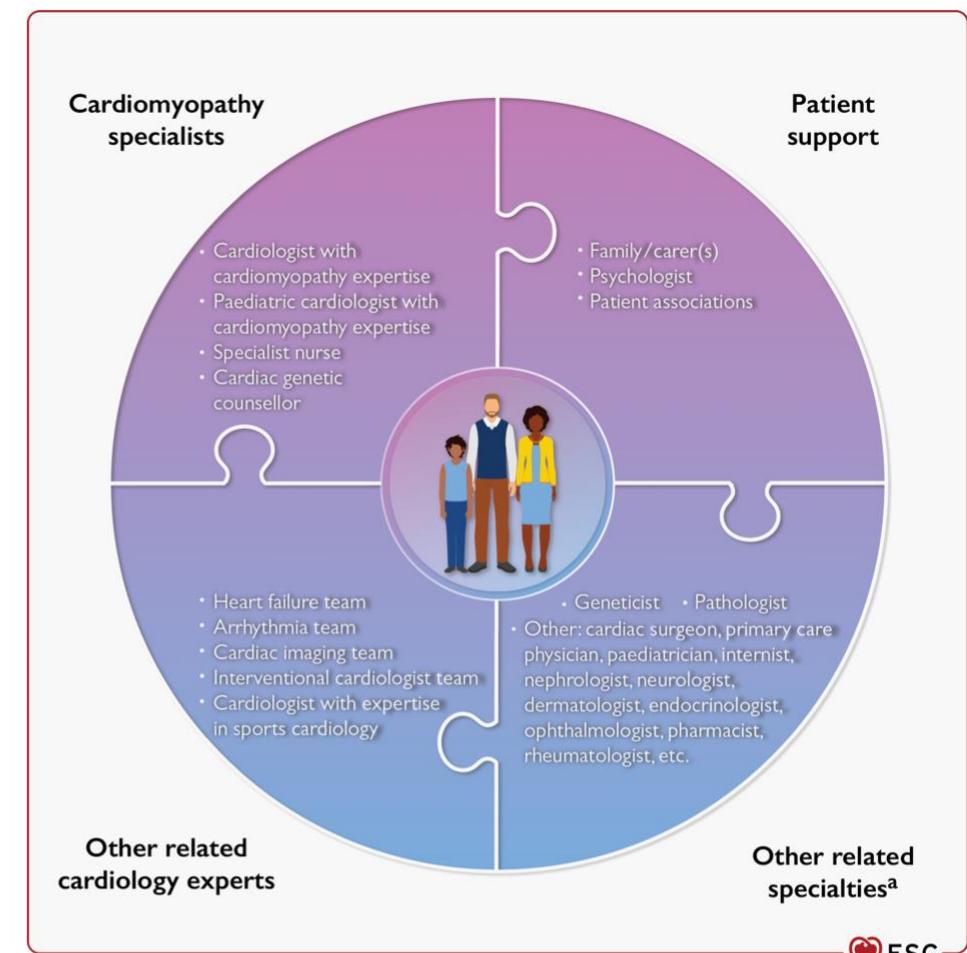
**Recommendation Table 1 — Recommendations for the provision of service of multidisciplinary cardiomyopathy teams**

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>
It is recommended that all patients with cardiomyopathy and their relatives have access to multidisciplinary teams with expertise in the diagnosis and management of cardiomyopathies.	I	C
Timely and adequate preparation for transition of care from paediatric to adult services, including joint consultations, is recommended in all adolescents with cardiomyopathy. <sup>58,59</sup>	I	C

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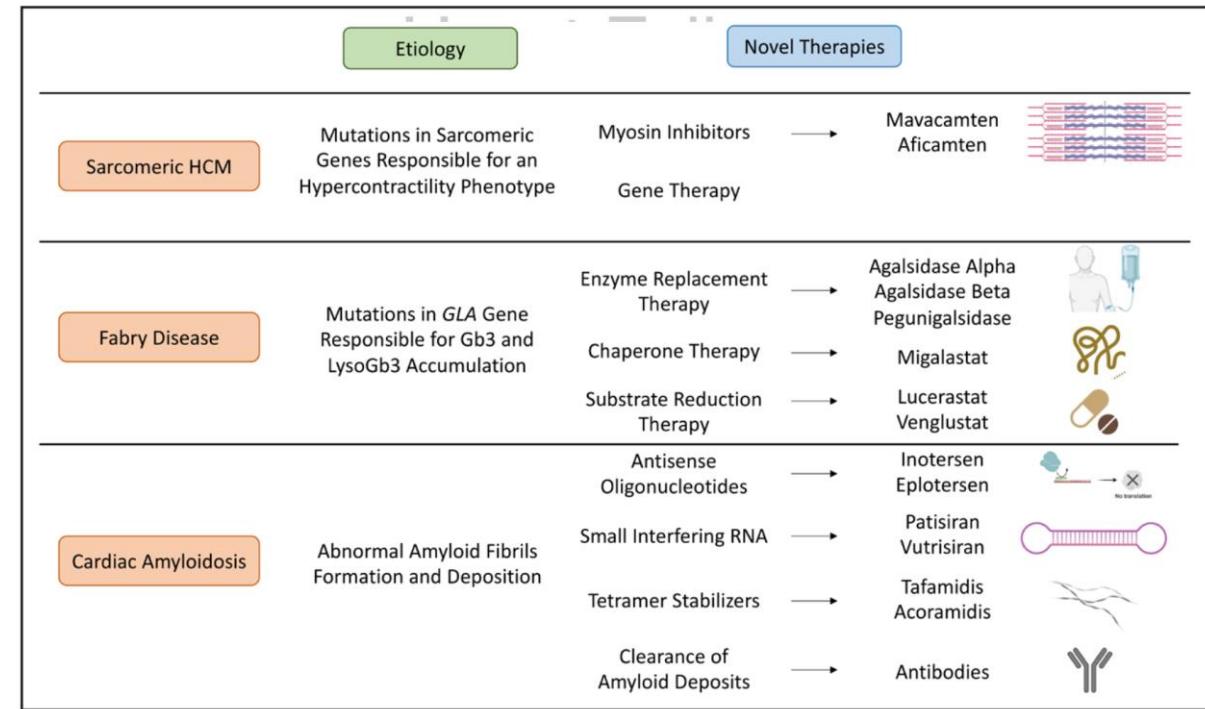
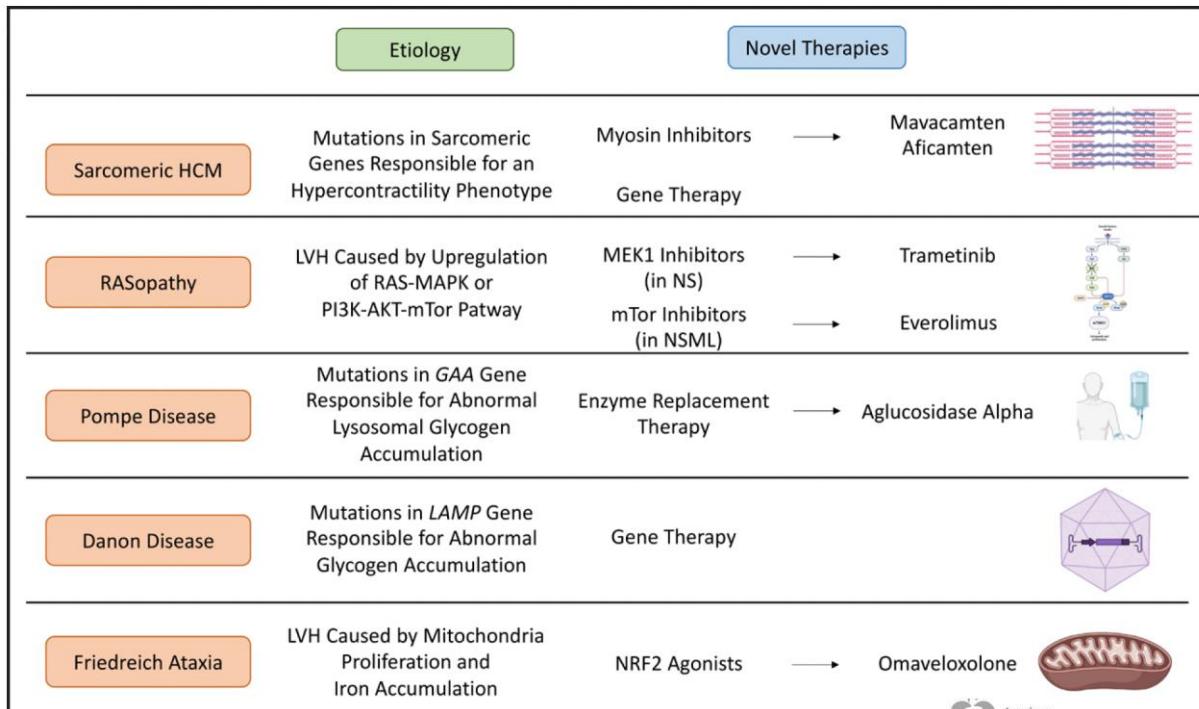
<sup>a</sup>Class of recommendation.

<sup>b</sup>Level of evidence.



# Last Step

# Management - Treatment



Monda et al. Circ HF 2023

...a journey toward “precision medicine”...

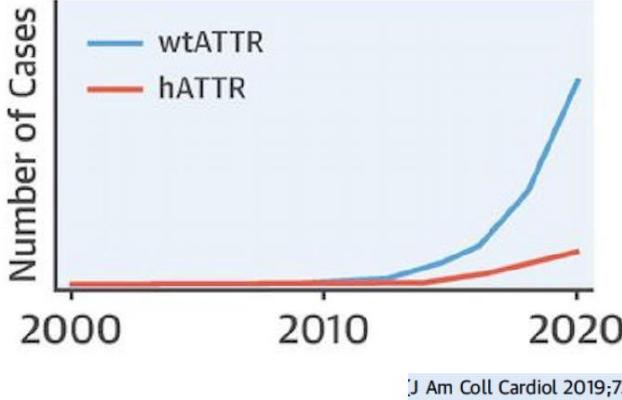
# AMYLOIDOSYS: One name, many disease...

## Terminology and Classification of Amyloidoses

Amyloid protein	Precursor	Syndrome or involved tissue
AL	immunoglobulin light chain	Primary / Myeloma associated
ATTR	Transthyretin	Familial (PAF) Senile (wild type TTR)
AA	Serum AA	Secondary, reactive
A $\beta_2$ M	$\beta_2$ microglobulin	Hemodialysis associated
AApo AII AFib Alys	Apolipoprotein AII Fibrinogen $\alpha$ chain Lysozyme	Familial Familial Familial
... A $\beta$ APrP	... A $\beta$ protein precursor Prion protein	... Alzheimer's disease, aging Spongiform encephalopathies

-More than 30 different types of Amyloidosis (each due to a specific protein)

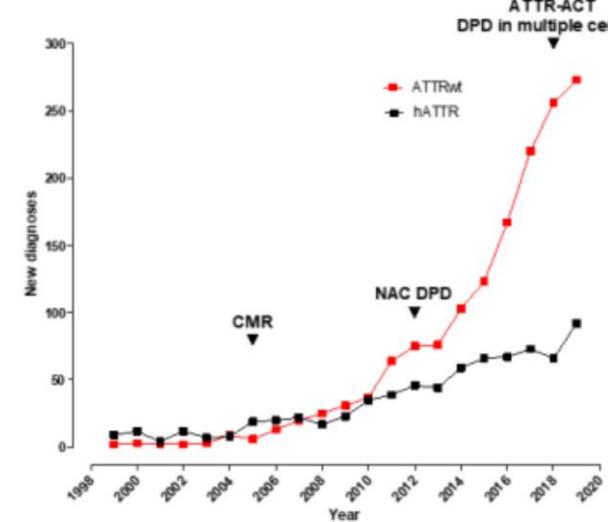
-Cardiac Amyloidosis: AL + ATTR (up to 95%)



Mayo



NAC



ESC European Society of Cardiology European Journal of Heart Failure (2022) doi:10.1002/ejhf.2594

RESEARCH ARTICLE

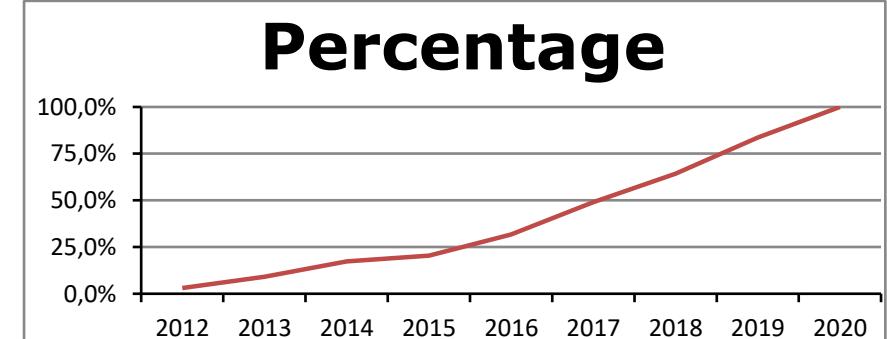
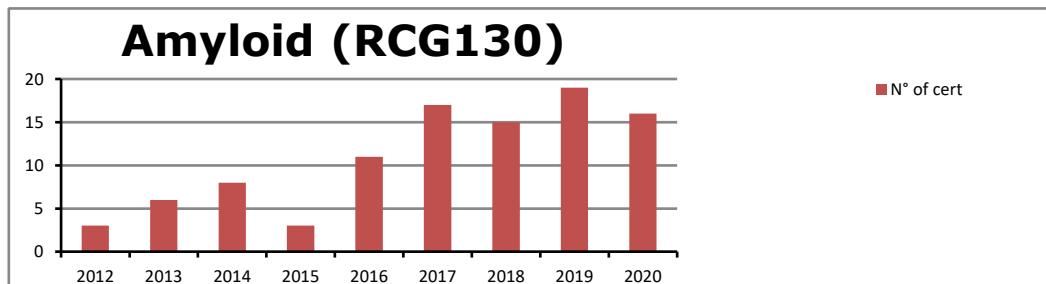
**Unmasking the prevalence of amyloid cardiomyopathy in the real world: results from Phase 2 of the AC-TIVE study, an Italian nationwide survey**

Marco Merlo<sup>1</sup>, Linda Pogru<sup>1</sup>, Aldo Stefano Porcaro<sup>1</sup>, Matteo Carnelli<sup>2</sup>, Giuseppe Vergani<sup>3</sup>, Riccardo Mammarella<sup>4</sup>, Elena Biscaglia<sup>5</sup>, Marco Garegnani<sup>6,7</sup>, Lia Croatto<sup>8</sup>, Massimo Imanato<sup>10,11</sup>, Cinzia Forte<sup>12</sup>, Francesco Cappellini<sup>13,14</sup>, Federico Perfetto<sup>14</sup>, Stefano Favale<sup>12</sup>, Gianluca Di Bella<sup>15</sup>, Franca Dore<sup>16</sup>, Francesca Girardi<sup>16</sup>, Daniela Tomasoni<sup>17</sup>, Rita Pavasini<sup>18</sup>, Valeria Relis<sup>19</sup>, Giuseppe Palmiero<sup>19</sup>, Martina Caiazzo<sup>19</sup>, Maria Cristina Carella<sup>17</sup>, Andrea Igiro Guaricci<sup>12</sup>, Giovanna Branzoli<sup>18</sup>, Angelo Giuseppe Caponetti<sup>18</sup>, Giulia Saturi<sup>20</sup>, Giovanni La Malfa<sup>4</sup>, Andrea Carlo Merlo<sup>4</sup>, Alessandro Andreis<sup>19</sup>, Francesco Bruno<sup>19</sup>, Francesca Longo<sup>1</sup>, Maddalena Rossi<sup>1</sup>, Guerino Giuseppe Varrà<sup>1</sup>, Riccardo Sarò<sup>1</sup>, Luca Di Lenno<sup>19</sup>, Giuseppe De Carli<sup>2</sup>, Elisa Giacomini<sup>2</sup>, Chiara Arzilli<sup>20</sup>, Giuseppe Limongelli<sup>19</sup>, Camillo Autore<sup>4</sup>, Iacopo Olivotto<sup>13</sup>, Luigi Badano<sup>8,9</sup>, Gianfranco Parati<sup>8,9</sup>, Stefano Perlini<sup>21</sup>, Marco Metra<sup>17</sup>, Michele Emdin<sup>1</sup>, Claudio Rapezzi<sup>18,22\*</sup>, and Gianfranco Sinagra<sup>16</sup>

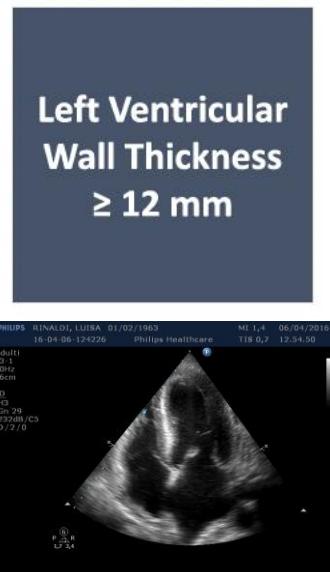


## Rare or Overlooked?

The AC-tive Study



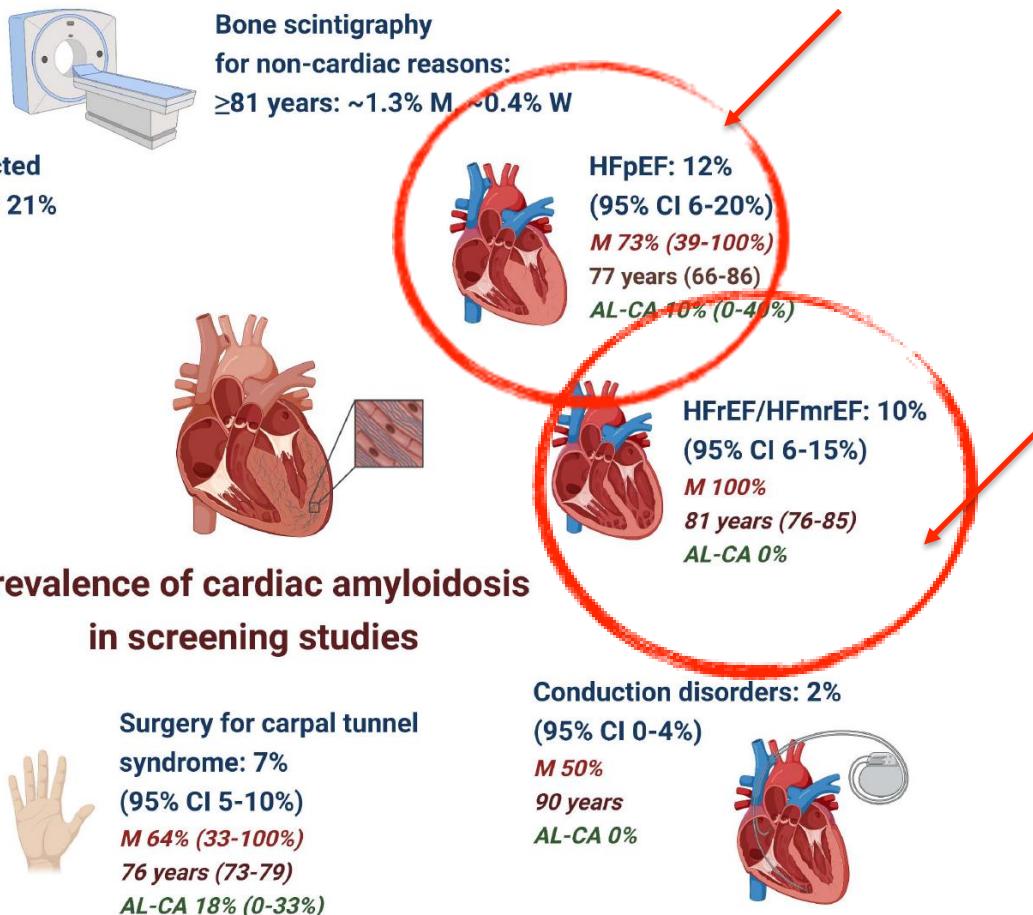
# When to suspect Cardiac Amyloidosis?



+  $\geq 1$  of

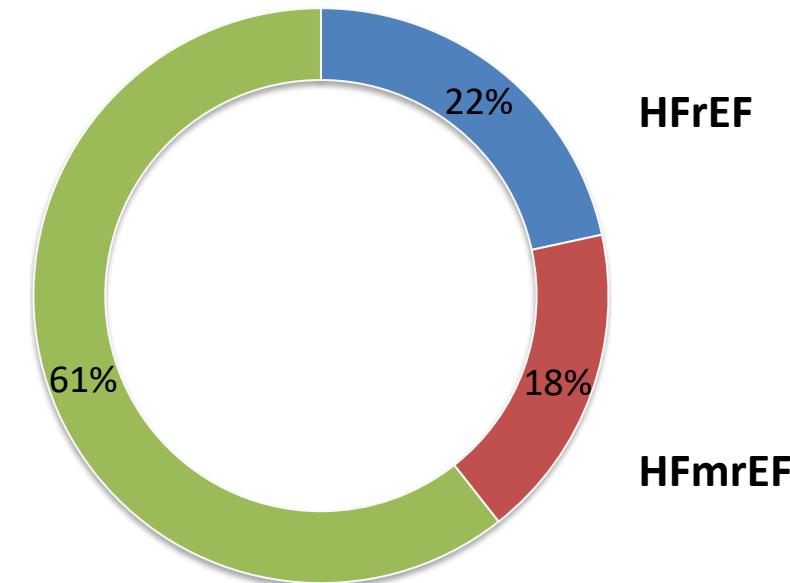
- Heart failure in  $\geq 65$  years
- Aortic stenosis in  $\geq 65$  years
- Hypotension or normotensive if previously hypertensive
- Sensory involvement, autonomic dysfunction
- Peripheral polyneuropathy
- Proteinuria
- Skin bruising
- Bilateral carpal tunnel syndrome
- Ruptured biceps tendon
- Subendocardial/transmural LGE or increased ECV
- Reduced longitudinal strain with apical sparing
- Decreased QRS voltage to mass ratio
- Pseudo Q waves on ECG
- AV conduction disease
- Possible family history

# Prevalence of AMY in HF?



Aimo et al. 2022 EJHF

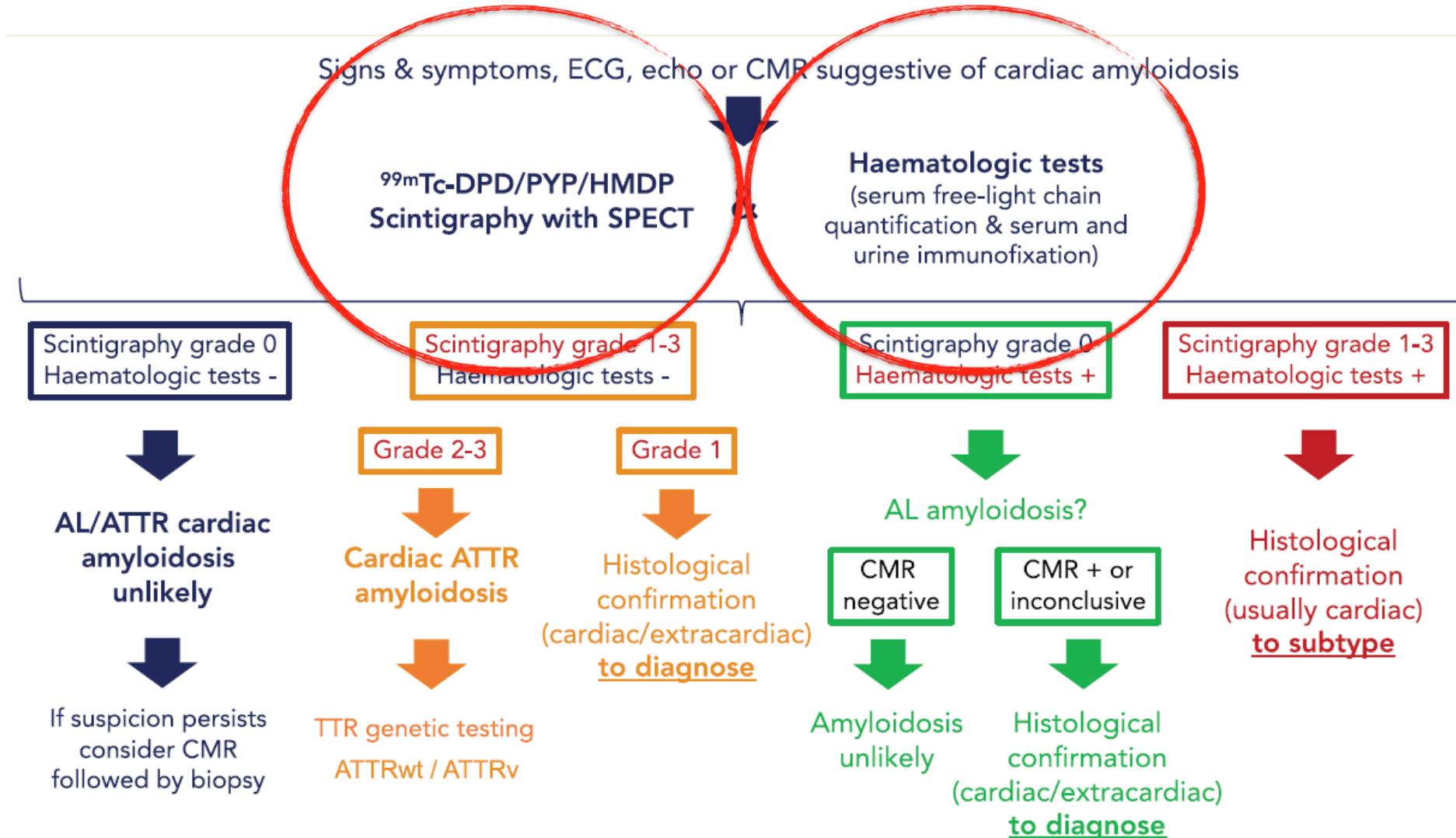
# Prevalence of HF in AMY?



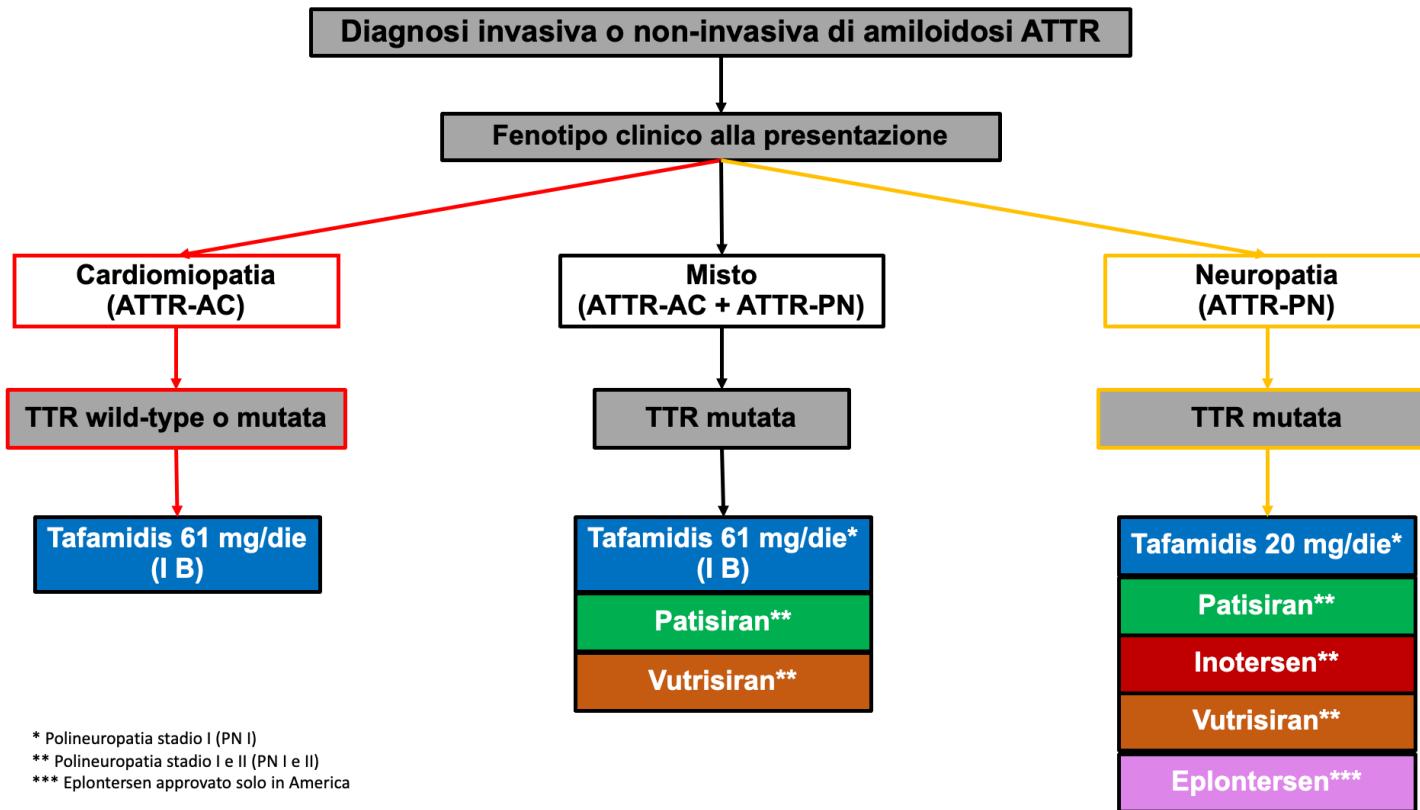
Transthyretin cardiac amyloid: Broad heart failure phenotypic spectrum and implications for diagnosis

Mileydis Alonso<sup>1</sup>, Radhika K. Neicheril<sup>2</sup>, Yosef Manla<sup>3</sup>, Malcolm L. McDonald<sup>1</sup>, Alejandro Sanchez<sup>1</sup>, Gabrielle Lafave<sup>2</sup>, Yelenis Seijo De Armas<sup>1</sup>, Antonio Lewis Camargo<sup>1</sup>, Dipan Uppal<sup>1</sup>, David Wolinsky<sup>1</sup>, Nina Thakkar-Rivera<sup>1</sup>, Mauricio Velez<sup>1</sup>, David A. Baran<sup>1</sup>, Jerry D. Estep<sup>1</sup> and David Snipelisky<sup>1\*</sup>

# The Patient Clinical Pathway in Amyloidosis



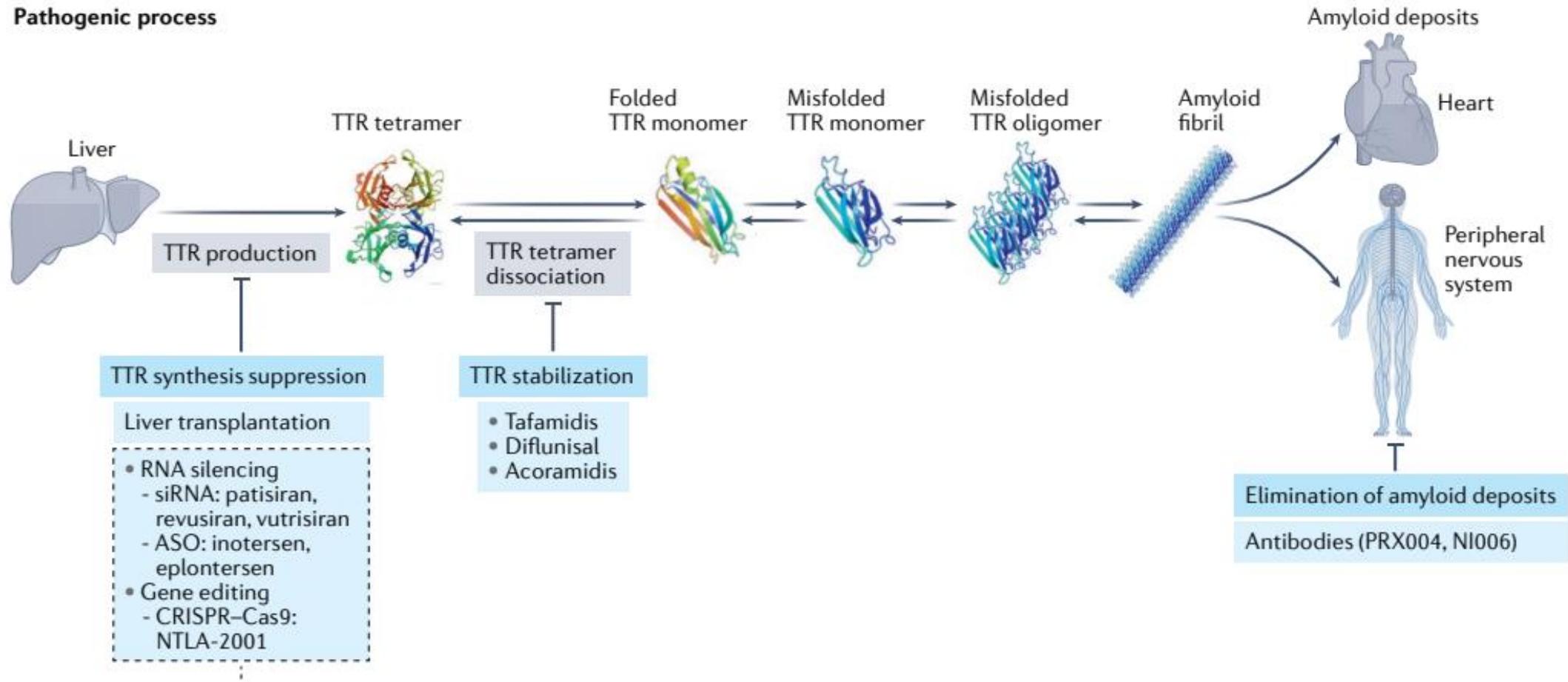
## A cura della Rete Italiana dell'Amiloidosi Cardiaca (RIAC)



*“Alla luce del frequente coinvolgimento cardiaco, il Cardiologo è sempre più protagonista dalle fasi di sospetto di malattia alla conferma diagnostica, rappresentando una figura di riferimento e di convergenza tra specialisti di differenti ambiti medici come Nefrologo, Neurologo, Ematologo, Medico Internista, Geriatra, Chirurgo Plastico ed Ortopedico.*

*Il Cardiologo si pone in continuità con il Medico Nucleare, l’Anatomo-Patologo ed il Medico Genetista per raggiungere una diagnosi di certezza ed eziologica, e orientare il successivo iter per i pazienti, e, in caso di forme ereditarie, per i loro familiari”*

# TTR treatment target

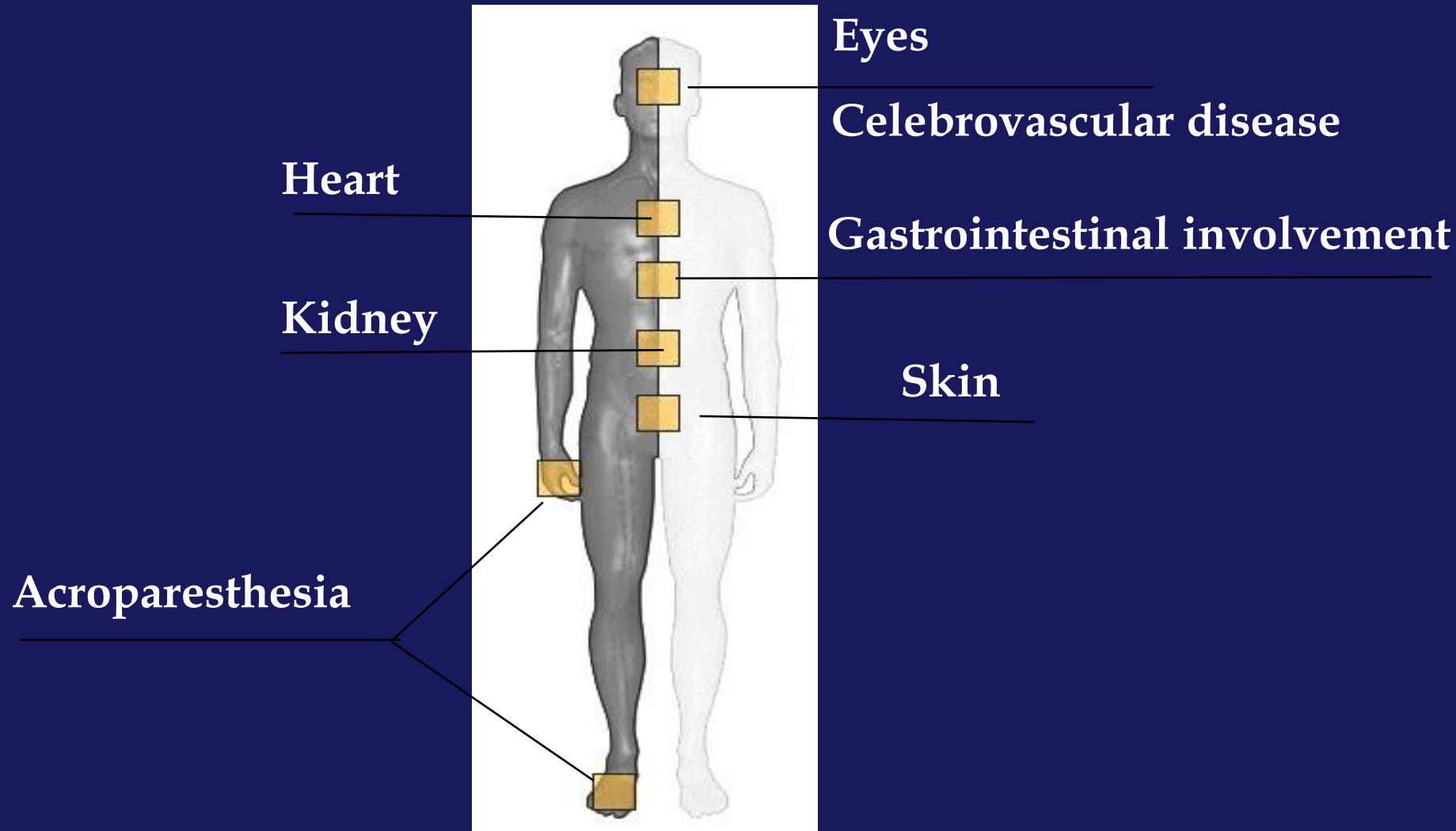


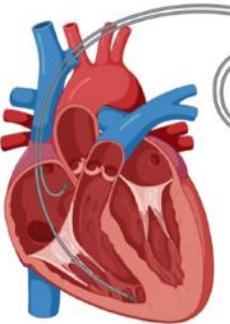
# Anderson Fabry Cardiomyopathy

- Rare, X linked

- alpha-Gal deficit

- GB3 storage

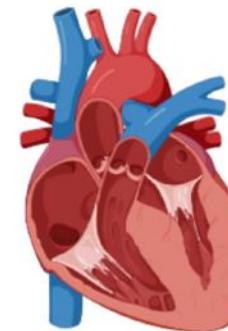




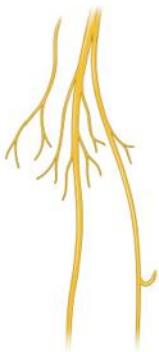
3 Studies including  
1·033 Patients Screened  
**AVB/SND Requiring PMK:**  
**0.70% (95%CI 0.30-1.40)**



15 Studies including  
1·108·793 Patients Screened  
**Newborns:**  
**0.01% (95%CI 0.002-0.079)**



26 Studies including  
10·080 Patients Screened  
**Hypertrophic Cardiomyopathy**  
**1.20% (95%CI 0.80-1.80)**

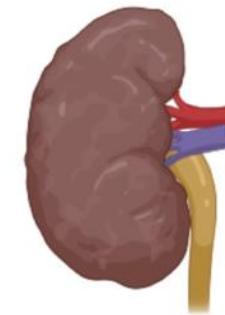


3 Studies including  
904 Patients Screened  
**Small-Fiber Neuropathy:**  
**1.00% (95%CI 0.30-3.40)**

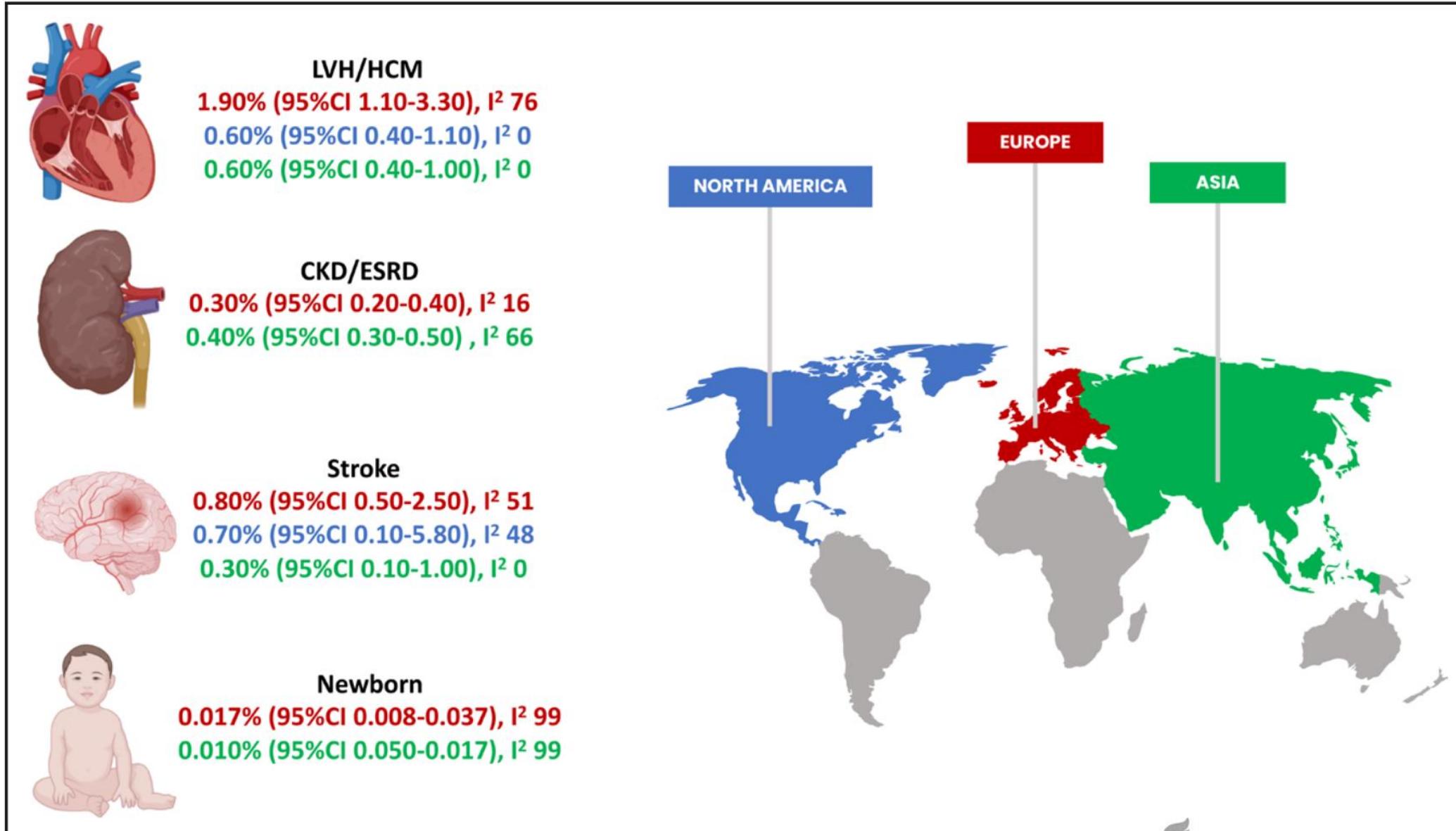
### Prevalence of Fabry disease in Screening Studies



25 Studies including 15·295  
Patients Screened  
**Stroke:**  
**0.70% (95%CI 0.50-1.00)**



38 Studies including  
62·050 Patients Screened  
**End-Stage Renal Disease:**  
**0.30% (95%CI 0.20-0.40)**



**Figure 4.** Continent-specific subanalysis. The continent-specific pooled prevalence of the Fabry disease within each setting (red, Europe; green, Asia; blue, North America; and grey, prevalence in these continents not available).



American  
Heart  
Association

**Left Ventricular  
Wall Thickness  
≥ 12 mm**



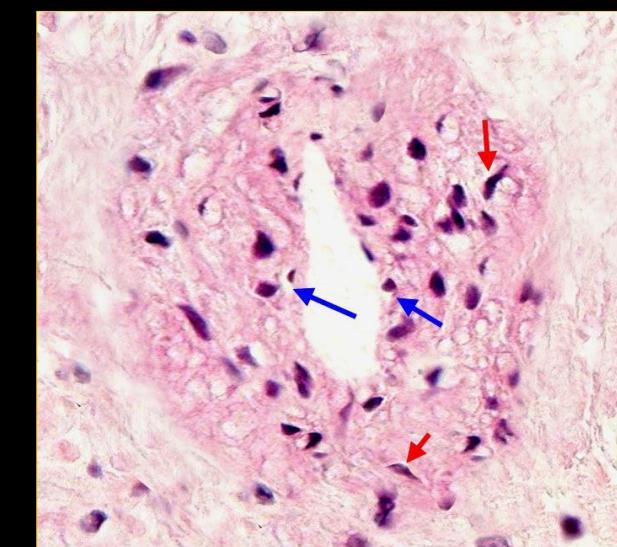
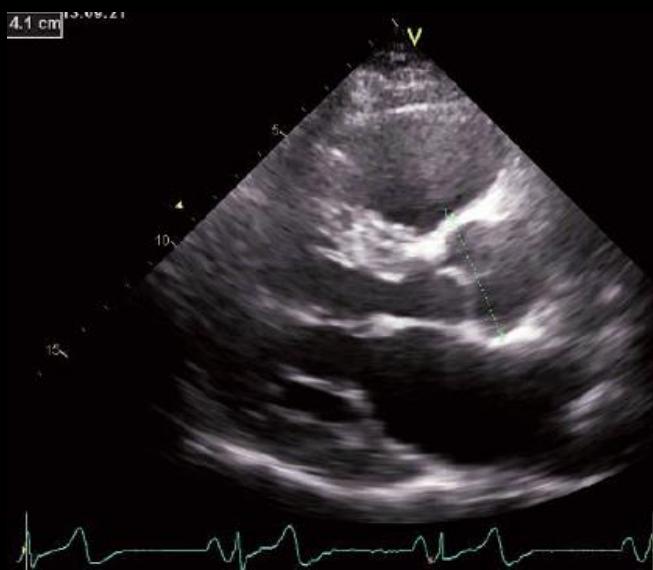
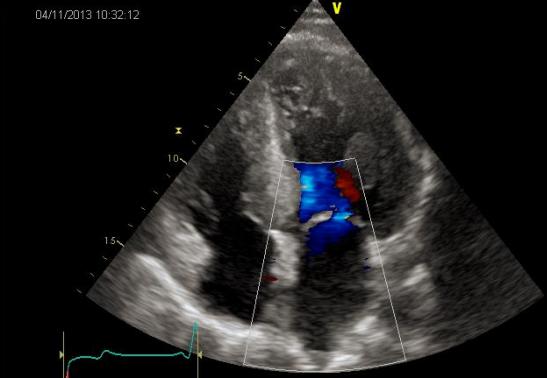
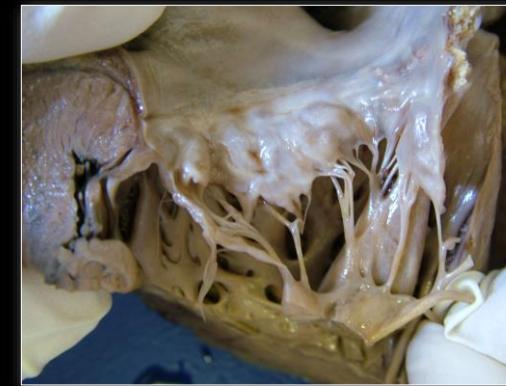
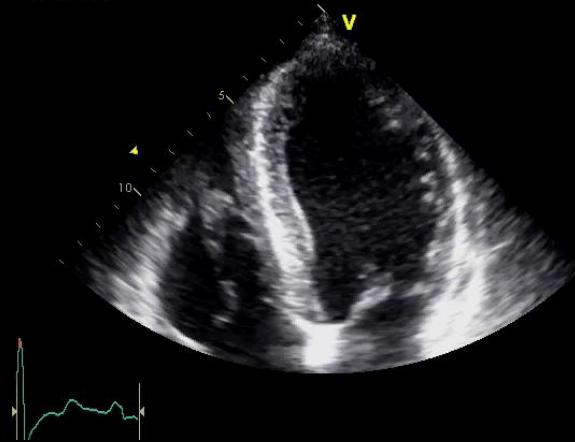
# When to suspect Fabry CMP?

**FIGURE 1** Fabry Disease Red Flags for Differential Diagnosis

Presenting Decades of Age	Extra-Cardiac Red Flags		Cardiac Red Flags		<b>Diagnostic Tool</b>
	Any time	Family history of renal failure and/or stroke		Family history of LVH, particularly if no evidence of male-to-male transmission	History
1-2	Neuropathic pain				Electrocardiography
	Gastrointestinal symptoms		Short PQ interval <sup>†</sup>		
	Angiokeratomas		Bradycardia		
	Cornea verticillata*		Chronotropic incompetence		
	Hypohidrosis, heat/cold, and exercise intolerance		Atrioventricular blocks <sup>†</sup>		
	Albuminuria		LVH with normal systolic function		
	Juvenile and/or cryptogenic TIA/stroke		Reduced global longitudinal strain		
	Hearing loss (either progressive or sudden)		Mild-to-moderate aortic root dilation		
	Dolichoectasia of the basilar artery, chronic white matter hyperintensities at brain MRI		Mitral and aortic valve thickening with mild-to-moderate regurgitation		
	Proteinuria		Hypertrophy of papillary muscles		
	Renal failure		Mid-layer posterolateral late gadolinium enhancement		
	Lymphedema		Low native T1		

Fabry disease red flags for differential diagnosis of patients with idiopathic left ventricular hypertrophy (LVH) and/or hypertrophic cardiomyopathy. \*In the absence of iatrogenic causes (chloroquine/amiodarone). †Short PQ interval in early stages; atrioventricular and bundle branch blocks are more common in advanced disease. 2D-echo = 2-dimensional echocardiography; MRI = magnetic resonance imaging; TIA = transient ischemic attack.

12/06/2006 10:15:38

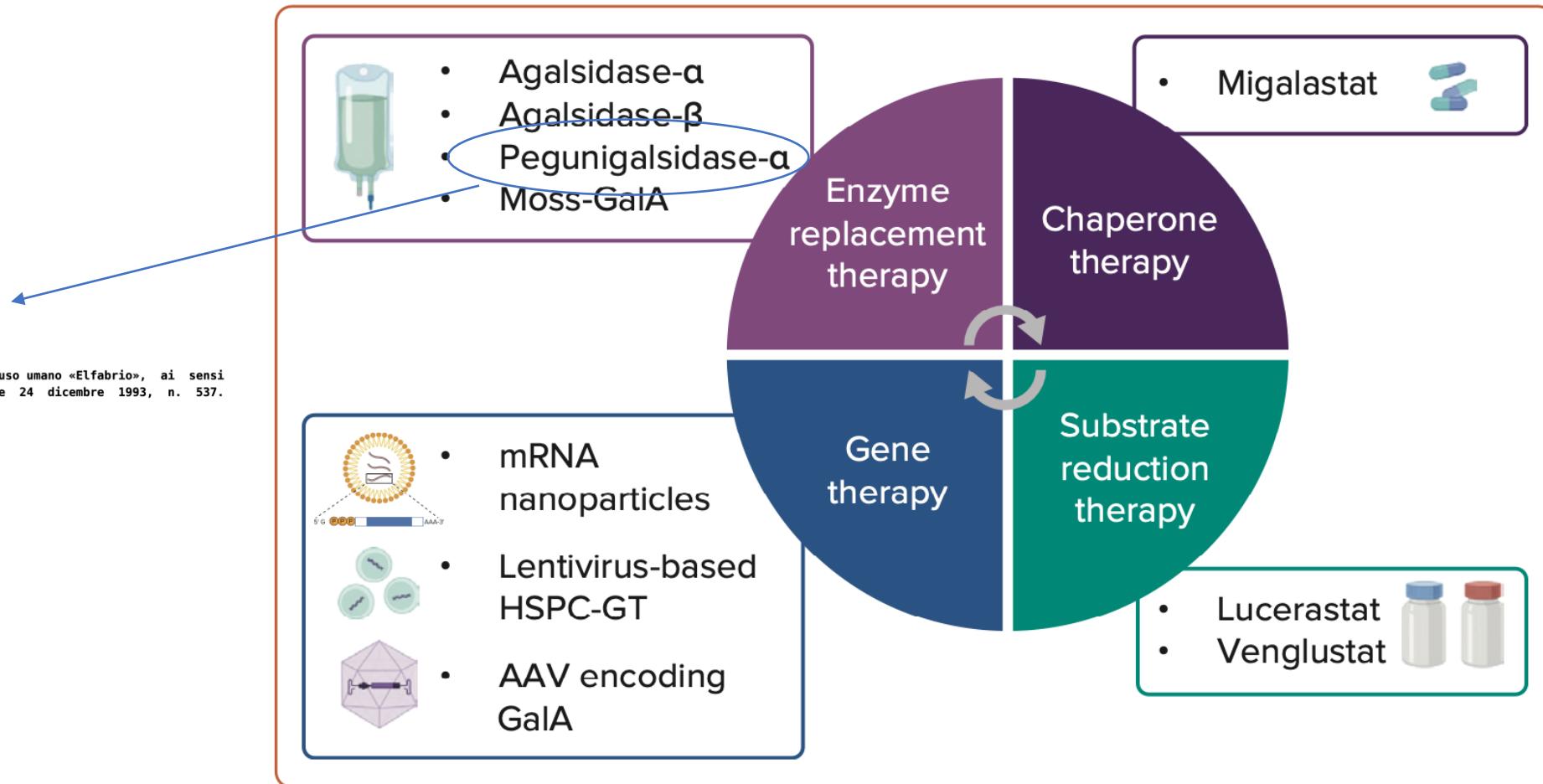


**Table 1: Imaging Features of Cardiac Involvement According to FD Stage**

	<b>Early Stage</b>	<b>Advanced Stage</b>
ECG	Short PR interval	Atrioventricular block High QRS voltages Negative T waves
Echocardiography	No LVH Reduced GLS in basal posterolateral segment Radial strain impairment	LVH Reduced GLS Papillary muscles hypertrophy Diastolic dysfunction
CMR	Reduced native T1 values	Normal native T1 value Diffuse LGE

*CMR = cardiac MRI; FD = Fabry's disease; GLS = global longitudinal strain; LGE = late gadolinium enhancement; LVH = left ventricular hypertrophy.*

## Figure 2: Therapeutic Options for Patients with Fabry's Disease



Possible aetiological therapies include enzyme replacement therapy, chaperone therapy, substrate reduction therapy and gene therapy. AAV = adeno-associated virus; GalA = galactosidase A; HSPC-GT = haematopoietic stem/progenitor cell gene therapy. Created with BioRender.com.

# Can we answer open questions/gaps of knowledge?



V:  
Università  
degli Studi  
della Campania  
Luigi Vanvitelli



European  
Reference  
Network  
for rare or low prevalence  
complex diseases  
● Network  
Heart Diseases  
(ERN GUARD-HEART)  
● Member  
AORN Colli – Italia

Fonte: Presentazione  
C. CHIMENTI



ANMCO  
2024

Rete Italiana Centri Amiloidosi: Survey

# Rete Italiana ANMCO-SIC Centri Amiloidosi: Survey



**152 Centri in 19 Regioni**



## Nord

Piemonte, Valle d'Aosta, Lombardia,  
Trentino Alto Adige, Veneto, Friuli Venezia  
Giulia, Liguria, Emilia Romagna

**46%**



## Centro

Toscana, Umbria, Marche, Lazio, Abruzzo

**29%**



## Sud

Molise, Campania, Puglia, Calabria

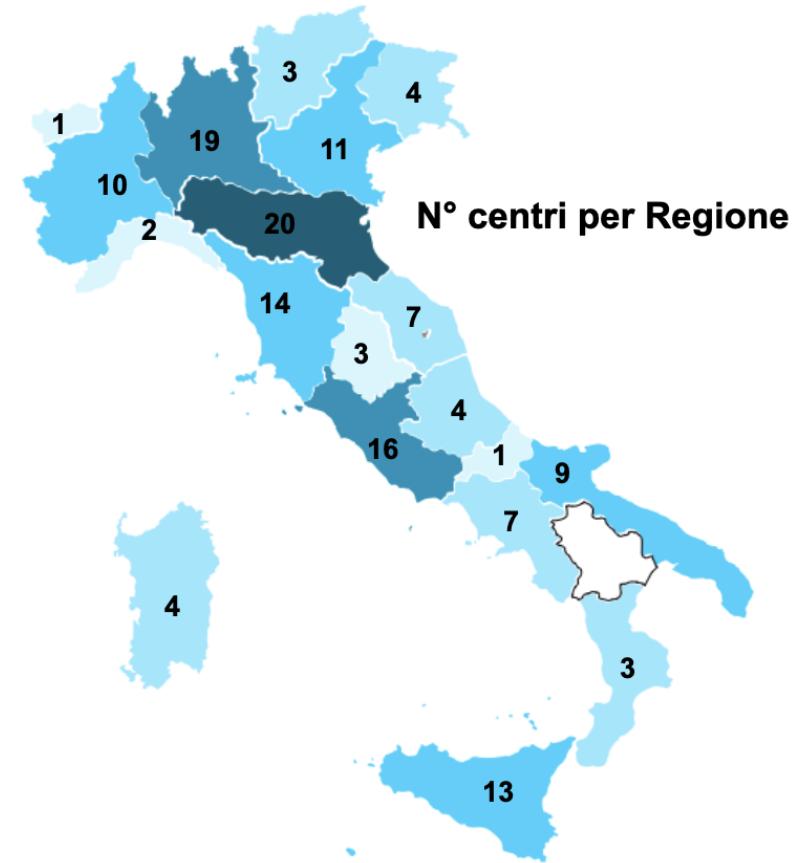
**13%**



## Isole

Sicilia e Sardegna

**11%**



- Pazienti con varie forme di Amiloidosi seguiti periodicamente: **6386**
- Nuove diagnosi di Amiloidosi nel 2021-2022: **3992**

# The Italian Fabry Disease Cardiovascular Registry (IFDCR)

Giuseppe Limongelli <sup>1,2,\*†</sup>, Elena Biagini <sup>2,3,†</sup>, Francesco Cappelli <sup>4</sup>,  
Francesca Graziani <sup>2,5</sup>, Emanuele Monda <sup>1,2</sup>, Iacopo Olivotto <sup>6</sup>, Vanda Parisi <sup>2,3</sup>,  
Maurizio Pieroni <sup>7</sup>, Marta Rubino <sup>1,2</sup>, Serena Serratore <sup>8</sup>, Gianfranco Sinagra <sup>2,9</sup>,  
Ciro Indolfi <sup>8</sup>, and Pasquale Perrone Filardi <sup>10</sup>, on behalf of the Italian Fabry Disease Cardiovascular Registry promoted by the Italian Society of Cardiology (SIC)

**Table 2** Specific objectives of the Fabry Disease Italian Cardiovascular Registry

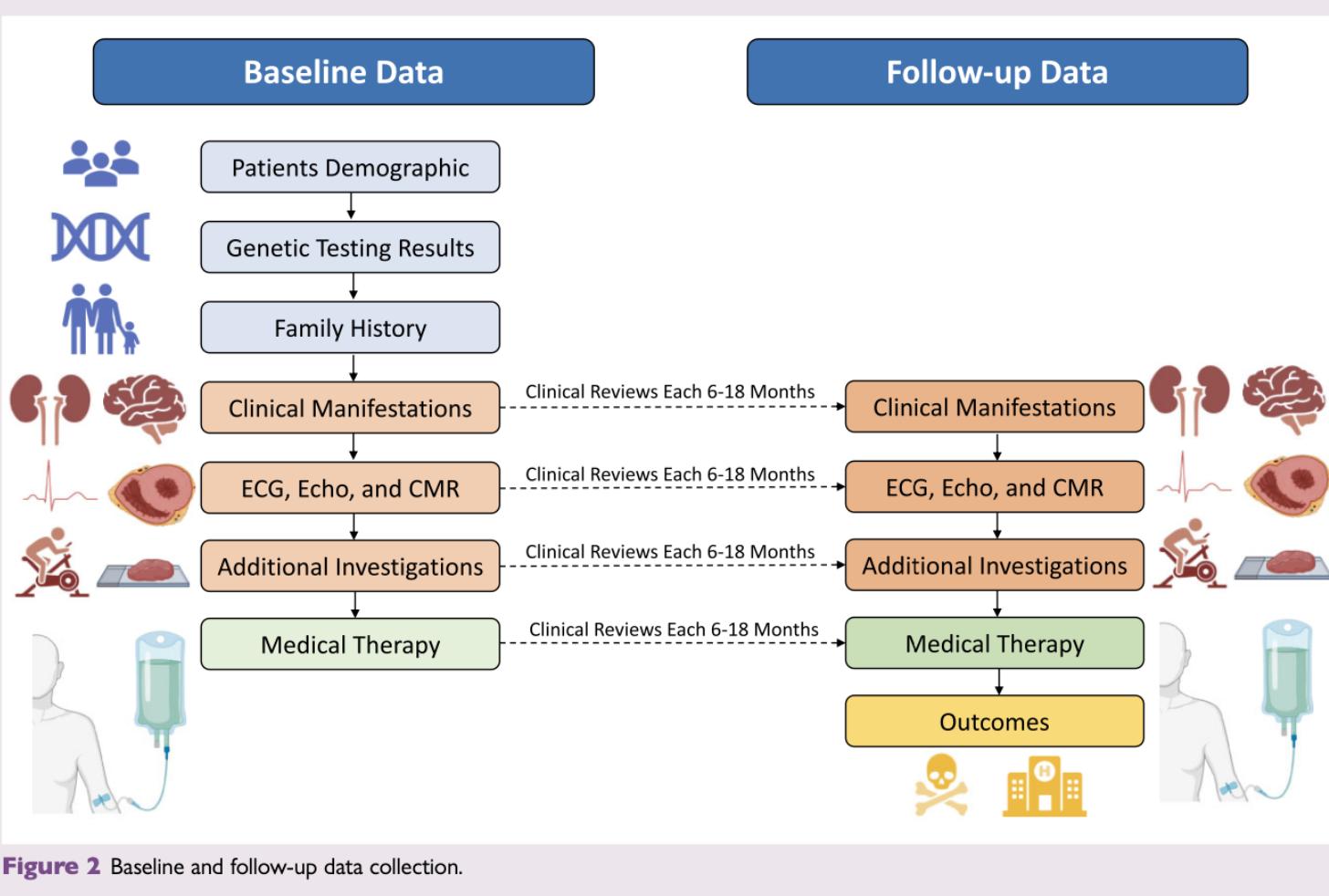
## Specific objectives

- Assess the epidemiology of cardiovascular manifestations of FD in Italy (e.g. incidence of heart failure, atrial fibrillation, brady- and tachyarrhythmias, cardiovascular hospitalizations, and cardiovascular death)
- Assess the role of clinical, ECG, imaging, and laboratory parameters useful for the early diagnosis of FD
- Evaluate the natural history of untreated patients (e.g. female without organ involvement or patients carrying late-onset GLA variants)
- Evaluate the genotype–phenotype correlations for rare GLA variants
- Assess the role of clinical, ECG, imaging, and laboratory parameters (e.g. lyso-Gb3) for monitoring cardiovascular involvement progression in treated and untreated patients
- Identify risk factors of major arrhythmic events (i.e. sudden cardiac death, sustained ventricular arrhythmias, ICD appropriate shock) and develop a tailored risk model
- Assess the indications for ICD and pacemaker implantation and the factors driving the choice
- Identify risk factors of atrial fibrillation and develop a tailored risk model
- Assess the incidence and risk factors of systemic embolism in patients with atrial fibrillation
- Assess the use of oral anticoagulation or non-pharmacological therapies for the prevention of atrial fibrillation-related embolic events and assess the factors driving the choice
- Assess the role of conventional heart failure pharmacological therapies on clinical, imaging, and biochemical parameters, quality of life, and clinical outcomes
- Evaluate the prevalence, clinical significance, and impact on treatment efficacy of anti-drug antibodies in patients treated with enzyme replacement therapy
- Assess the role of artificial intelligence models applied to early diagnosis, management, outcome prediction, and response to therapy

Abbreviations: ECG, electrocardiography; FD, Fabry disease; ICD, implantable cardioverter-defibrillator.



**Figure 1** The IFDCR participating centres.



**Figure 2** Baseline and follow-up data collection.

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The recruitment period consists of two parts. The prospective patient enrolment period in the study spans from January 2024 to December 2031. Additionally, retrospective data from January 1981 to December 2023 have been collected in 35 of the 50 centres included, corresponding to 753 patients (63% females [ $n = 476$ ]), and will be collected in the remaining 15 centres. Participating centres will be requested to consecutively enrol all eligible FD patients and plan a systematic periodic follow-up.



A spiral-bound notebook is open on a rustic wooden table. The left page contains handwritten text in black ink. The text reads "Thank you for" on the first line and "your attention" on the second line, with a small flourish at the end of "attention". To the right of the notebook, a white ceramic mug is partially filled with dark coffee. A white pen lies horizontally across the bottom right corner of the notebook's page.

Thank you for  
your attention



